

RecConnect

SEP 2023-FEB 2024

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES



FALL & WINTER

A Nationally Accredited Agency

EVENTS | PROGRAMS | ATHLETICS

WELCOME



Wake Forest Parks, Recreation & Cultural Resources Department
701 Harris Road, Wake Forest, NC 27587
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fax 919-435-9499
wakeforestnc.gov
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Monday-Friday, 8 am-5 pm

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Alston-Massenburg Center
416 N. Taylor St. | 919-554-6189
CENTER MANAGER James Triplette
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Flaherty Park Community Center
1226 N. White St. | 919-554-6726
CENTER MANAGER Grayson Pridgen
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Joyner Park Community Center
701 Harris Road | 919-435-9560
CENTER MANAGER Shawn Monday
smonday@wakeforestnc.gov | 919-435-9554
CENTER SPECIALIST Mikkel Patterson
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Wake Forest Community House
133 W. Owen Ave. | 919-435-9553
CENTER MANAGER Krista Muse
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Wake Forest Renaissance Centre for the Arts
405 S. Brooks St. | 919-435-9458
CENTRE MANAGER Debbie Dunn
ddunn@wakeforestnc.gov | 919-435-9567

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens by promoting health and wellness through diverse, safe, accessible, and culturally enriching recreational opportunities.



Meet our Staff

Olivia Atkinson currently holds the role of Recreation Specialist - Specialized and Inclusion Programs where she is responsible for creating adapted and inclusive opportunities for individuals of varying abilities. She graduated from the University of North Carolina Wilmington with a degree in Recreation Therapy in 2016. Prior to joining the Town of Wake Forest, Olivia worked with the City of Raleigh for 6.5 years as the Recreation Programs

and Inclusion Coordinator. She has managed staff, volunteers and interns. She has created innovative inclusive processes, programs, and trainings. She is passionate about making recreation a place for everyone and equipping staff to serve all individuals. When she is not at work, you can find Olivia enjoying time outside with her family, cooking, doing wedding hair and makeup, or being actively involved in her church.

Program registration begins Aug 1 for residents and Aug 8 for non-residents

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Joyner Park Community Center (JPCC)**, 701 Harris Road, Mon-Fri 6 am-9 pm, Sat 8 am-4 pm, Sun closed
- **Flaherty Park Community Center (FPCC)**, 1226 N. White St., Mon-Fri 8 am-9 pm, Sat 8 am-4 pm, Sun closed *payments by checks and credit/debit cards only*
- **Alston-Massenburg Center (AMC)**, 416 N. Taylor St., Mon-Fri 12-8 pm, Sat 8 am-4 pm, Sun closed



Rec Card required to access amenities at PRCR facilities

Wake Forest residents and non-residents ages 11 and older must have a Recreation Card (Rec Card) to access amenities offered at all PRCR facilities including Joyner Park Community Center. Those without a Rec Card may visit PRCR facilities any time, but a Rec Card is required to access the amenities.

Amenities that require a Rec Card:

Indoor walking track, cardio equipment, exercise room, open gym times for volleyball, basketball and pickleball

Rec Card Fees:

RESIDENTS: Free. **NON-RESIDENTS:** \$25 (individual), \$50 (family). **DROP-IN FEE:** \$5. **REPLACEMENT FEE:** \$5 for lost or stolen cards.

To Obtain a Rec Card:

1. Create a profile at wakeforestnc.recdesk.com
2. Visit JPCC, FPCC or AMC to have your picture taken and present proof of residency.

Expiration: Rec Cards are valid for one year from date of purchase and must be renewed annually.

EVENTS

AND COMMUNITY ACTIVITIES



Concerts in the Park

Bring a lawn chair and enjoy live music at the park! Concerts are sponsored by the Wake Forest Parks, Recreation and Cultural Resources Department. As full time musicians, Snap can transition seamlessly from crooning classic R&B, to banging out bombastic pop-punk, and throw in some house-thumping hip-hop and classic rock to top it off. They are masters of mash-up, rulers of remix, and monarchs of medleys. The Soul Psychedelique Orchestra has an extensive music library that spans style from the 1940's Big Band sounds to Beach Music, R&B, to Rock, Reggae, Latin and the best of today's music. Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited.

Joyner Park	Sep 3	Su	5:30-7:30 pm	free	all ages	Snap
Joyner Park	Sep 10	Su	5:30-7:30 pm	free	all ages	The Soul Psychedelique Orchestra



RD=Resident Discount

Wake Forest Unplugged

Disconnect from your electronic devices and join other Wake Foresters for an evening of free games and activities. Make it a day and stay for Concert in the Park beginning at 5:30 pm. Wake Forest Unplugged is sponsored and coordinated by the Wake Forest Recreation Advisory Board.



Joyner Park	Sep 3	Su	5:00-7:00 pm	free		all ages
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Father-Daughter Dance

Celebrate the special bond that fathers and daughters share with an evening of fun at the Town of Wake Forest's Father-Daughter Dance. Treat your daughter to a night of music, dancing and memories that she will have for a lifetime. This year will be a, Under the Big Tent, circus theme, including music, entertainment, and heavy refreshments.

WFCH	Sep 15	F	6:30-8:30 pm	\$38/couple*	\$30/couple RD*	ages 3+
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*Additional children are \$10 per child



Boo Bash

Join us for a wickedly fun celebration! Get your fill of Halloween sweets and trinkets as you gather up goodies from booth to booth. This year's festivities will include balloon animals, a haunted obstacle course, inflatable rides along with a variety of other games and activities, and free pumpkin giveaways - while supplies last. Costumes are optional, but best costumes will be featured on the Town's website.



Joyner Park	Oct 26	Th	4:30-7:00 pm	free	all ages
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Gobblequest

Bundle up and bring your family out to Joyner Park to participate in Family Gobblequest! Turkey cutouts will be hidden throughout the park's various trails and greenway. Each turkey "caught" can be re-deemed for a special award (limit one award per family). The morning will include hunting for turkeys, crafts and light refreshments. Activities are most suitable for children under twelve.



Joyner Park	Nov 11	Sa	10:00 am	\$5/child	ages 11 and under
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Calls From Santa

Children can receive a personal phone call from Santa this Christmas! Registration forms will be available on the Town's website beginning November 23. All forms must be returned no later than 5 pm on November 30.

Dec 7	Th	6:00-8:00 pm	free	ages 3-9
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Breakfast with Santa

Santa Claus is coming to town, and he's making a pit stop in Wake Forest. Enjoy a delicious breakfast, visit and take pictures with the Big Guy. Wear your favorite holiday attire. (You must choose to register for either Breakfast with Santa OR Milk and Cookies With Santa, duplicate registrations will be deleted).



WFCH	Dec 3	Su	8:30-9:30am	\$38/couple*	\$30/couple RD*
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**Additional family members are \$10 each*

Milk and Cookies with Santa

Santa Claus is in town, and he's staying for milk and cookies! Visit, take pictures and enjoy some time with Father Christmas. (You must choose to register for either Breakfast with Santa OR Milk and Cookies With Santa, duplicate registrations will be deleted).

WFCH	Dec 3	Su	11:00 am-12:00 pm	\$18/couple*	\$15/couple RD*
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**Additional family members are \$5 each*

PARKS & GREENWAYS

PLACES TO PLAY

From our flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9564
HOURS: dawn to dusk



E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns, restored farm buildings and three miles of paved trails, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Leashed dogs are welcome to enjoy the trails. Amidst the beautiful scenery is the new Joyner Park Community Center and outdoor playground.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Performance Garden	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$75-\$800 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Open Space, Picnic Shelters & Greenways	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-554-6726
HOURS: dawn to dusk

Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, a dog park, tennis courts, pickleball courts and a community center. *See page 9 for center information.*



DOG PARK

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk
Athletic Field(s)	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk

Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, the Wake Forest Community House and the new Holding Park Aquatic Center. The aquatic center includes a six-lane, 25-yard lap pool, two water slides with plunge pool and a children's pool with water play.



RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 8 for Wake Forest Community House rental information



PARKS & GREENWAYS



Acres	Amphitheater	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Fitness Equipment (outdoor)	Flower Garden	Greenway	Grill	Open Space	Pickleball Court	Picnic Shelter	Picnic Tables	Playground	Pond	Restrooms	Soccer Field	Sprayground	Swimming Pool	Tennis Court
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PARKS

Ailey Young Park 800 Juniper Ave.	15	●	●						●		●	●	●			●					
DuBois Park 518 N. Franklin St.	0.4		●											●							
E. Carroll Joyner Park 701 Harris Rd.	117	●	●	●		●	●	●	●	●	●	●	●	●	●	●					
H.L. Miller Park 401 Elm Ave.	2						●					●									
Heritage High Park* 1140 Forestville Rd.	25	●	●				●									●	●				●
Holding Park 133 W. Owen Ave.	5	●	●	●					●	●		●	●				●				●
J.B. Flaherty Park 1226 N. White St.	100	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●				●
Kiwanis Park 400 E. Holding Ave.	1						●				●	●	●								
Plummer Park 965 Jones Wynd	0.5										●	●	●								
Smith Creek Soccer Center 690 Heritage Lake Rd.	17					●	●	●			●	●	●			●	●				
Taylor Street Park 416 N. Taylor St.	1.5			●			●		●		●	●	●			●					●
Tyler Run Park 830 Pineview Dr.	9	●	●			●		●				●	●								

*Heritage High School park facilities are open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the Town's greenways.

For more information visit wakeforestnc.gov and search "adopt a trail."



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



GREENWAYS

	Paved (P), Soft Trail (S)	Fitness Equipment	Length in Miles
E. Carroll Joyner Park 701 Harris Rd.	P	●	3.0 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P		1.3 mi.
H.L. Miller Park 401 Elm Ave.	P		0.4 mi.
J.B. Flaherty Park 1226 N. White St.	P	●	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P		0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P		0.45 mi.
Sanford Creek Heritage South Greenway	P	●	3.93 mi.
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P		1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	●	2.42 mi.
Tyler Run Park 830 Pineview Dr.	P	●	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S		1.6 mi.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School and Tyler Run Park.

Soccer fields are located at Heritage High School and Smith Creek Soccer Center. See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9562

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to PRCR/league schedules</i>

Wake Forest Reservoir

Located off of Traditions Grande Boulevard, the Wake Forest Reservoir is open for paddle and electric powered boats. A small concrete boat ramp is adjacent to the parking area. Hikers can explore the 1.6 mile trail which follows the west bank of the lake.



Wake Forest's community centers are gathering spots for

Alston-Massenburg Center

416 N. Taylor St. | 919-554-6189

HOURS: Mon-Fri 12-8 pm; Sat 8 am-4 pm;
Sun closed

AMENITIES: Large meeting room with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground, picnic shelter and sprayground.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Sat & Sun only:</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	24 tables 125 chairs available

Compare Amenities

	Available for Rent	Class/Program Room	Dance Studio	Fitness Equipment	Game Room	Gymnasium	Indoor Walking Track	Kitchen	Locker Rooms/Showers	Meeting Room	Performance Stage	Pickleball Court	Swimming Pool
Alston-Massenburg Center 416 N. Taylor St.	●	●						●		●	●		
Flaherty Park Community Center 1226 N. White St.	●	●			●	●		●		●		●	
Holding Park Aquatic Center 133 W. Owen Ave.													●
Joyner Park Community Center 701 Harris Road	●	●	●	●		●	●	●	●	●		●	
Wake Forest Community House 133 W. Owen Ave.	●							●		●			
Wake Forest Renaissance Centre 405 S. Brooks St.	●	●								●	●		

Wake Forest Community House

133 W. Owen Ave. | 919-435-9553

HOURS: Open for scheduled programs and private rentals

AMENITIES: The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs.

The Community House includes a kitchen and adjoins the Holding Park Aquatic Center and playground. To rent the Community House, call 919-435-9553 or visit the PRCR office at Joyner Park Community Center.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Fri, Sat & Sun</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	27 tables 170 chairs available



Getting married?
Consider renting a town facility for your special day.

COMMUNITY CENTERS

AND RENTAL FACILITIES



fun and recreation – the perfect location for your next special event.

Joyner Park Community Center

701 Harris Road | 919-435-9560

HOURS: Mon–Fri 6 am–9 pm;
Sat 8 am–4 pm; Sun closed

AMENITIES: Gymnasium, indoor walking track, cardio equipment, dance studio, meeting rooms, kitchen, locker rooms and showers

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov, search "Joyner Park Community Center."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 individual \$350 business	Rates range from \$75/hr– \$300/hr Two hour minimum. See website for details	Sat & Sun only	Fits 522 chairs or 300 chairs plus tables*
Kitchen	–	Add-on fees range from \$35–\$150	Daily	–
Multipurpose Room (entire room)	\$150 individual \$350 business	Rates range from \$25/hr– \$100/hr Two hour minimum. See website for details	Mon–Fri	86 chairs, 16 tables available
Multipurpose Room (entire room)	\$150 individual \$350 business	Rates range from \$35/hr– \$160/hr Two hour minimum. See website for details	Sat & Sun	86 chairs, 16 tables available
Cleaning Fee	–	\$15/hr Mon–Fri 10 pm–midnight, Sat 4 pm–midnight, Sun 8 am–1 pm, 5 pm–midnight	Daily	–

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.



Flaherty Park Community Center

1226 N. White St. | 919-554-6726

HOURS: Mon–Fri 8 am–9 pm;
Sat 8 am–4 pm; Sun closed

AMENITIES: Gymnasium, arts & crafts room, game room, meeting room with adjoining kitchen

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov, search "Flaherty Park."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 individual \$350 business	Rates range from \$75/hr– \$300/hr Two hour minimum. See website for details	Sat & Sun only	Fits 550 chairs or 330 chairs plus tables*
Open Space	\$50 individual \$150 business	Rates range from \$15/hr– \$150/hr Two hour minimum. See website for details	Daily	–

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St. | 919-435-9458 | Event Hotline: 919-435-9428

Arts Annex: 407 S. Brooks St.

The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events.

AMENITIES: Grand hall, performance stage, meeting rooms, food staging area, dressing room

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestrenc.org or call 919-435-9458.



PRESCHOOL

PROGRAMS & CLASSES



Art

Toddler Art

Welcome to our enchanting toddler art class, where creativity and storytelling come together in a magical blend! Storytelling is a powerful tool for sparking imagination, enhancing language development and fostering a love for art. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

FPCC	Th	10:00-10:45 am	Sep 7-28	\$75	\$60 RD	ages 18 mos-3 yrs
FPCC	Th	10:00-10:45 am	Oct 12-Nov 2	\$75	\$60 RD	ages 18 mos-3 yrs
FPCC	Th	10:00-10:45 am	Nov 16-Dec 14	\$75	\$60 RD	ages 18 mos-3 yrs
FPCC	Th	10:00-10:45 am	Dec 28-Jan 18	\$75	\$60 RD	ages 18 mos-3 yrs
FPCC	Th	10:00-10:45 am	Feb 8-29	\$75	\$60 RD	ages 18 mos-3 yrs

*No class on Nov 23

Preschool Art

Welcome to our vibrant and exciting preschool art class! This program is specially designed to spark the imagination, creativity and self-expression our little artists ages 3-5. In this nurturing and stimulating environment, children will have the opportunity to explore various art mediums and develop their artistic skills while having tons of fun. **INSTRUCTOR:** Maureen Seltzer



FPCC	Th	11:30 am-12:30 pm	Sep 7-28	\$84	\$67 RD	ages 3-5
FPCC	Th	11:30 am-12:30 pm	Oct 12-Nov 2	\$84	\$67 RD	ages 3-5
FPCC	Th	11:30 am-12:30 pm	Nov 16-Dec 14*	\$84	\$67 RD	ages 3-5
FPCC	Th	11:30 am-12:30 pm	Dec 28-Jan 18	\$84	\$67 RD	ages 3-5
FPCC	Th	11:30 am-12:30 pm	Feb 8-29	\$84	\$67 RD	ages 3-5

*No class on Nov 23

Storytime

Puppets in the Woods

Parents and their children are invited to join us for a magical interactive puppet show. Puppets in the woods features the adventures of Molly and her Forest Animal Friends. Puppets are used to create playful, and imaginative stories geared towards educating as well as entertaining children of all ages with crafts, dancing, and singing. **INSTRUCTOR:** Debra Lucas

WFCH	W	10:00-10:45 am	Sep 6	free	ages 3-5
WFCH	W	10:00-10:45 am	Oct 11	free	ages 3-5
WFCH	W	10:00-10:45 am	Nov 8	free	ages 3-5
WFCH	W	10:00-10:45 am	Dec 6	free	ages 3-5
WFCH	W	10:00-10:45 am	Jan 10	free	ages 3-5
WFCH	W	10:00-10:45 am	Feb 14	free	ages 3-5

*Pre-registration required

Storytime & Crafts

Our dedicated and enthusiastic staff will bring stories to life using expressive storytelling techniques that captivate young minds and ignite their curiosity. Children will embark on a wonderful journey of imagination, creativity, and learning. The power of stories and the magic of crafting will combine to provide a unique and enriching experience for children ages 3-6. Each session is a themed program, filled with a story, art project and all-around fun! Whether your child is a bookworm, an aspiring artist or simply looking for a fun and educational experience, our Storytime & Crafts class is the perfect fit. **INSTRUCTOR:** JPCC Staff

JPCC	F	Peek-a-BOO	10:15-11:00 am	Oct 27	\$7	\$5 RD	ages 3-6
JPCC	F	Thanking & Giving	10:15-11:00 am	Nov 17	\$7	\$5 RD	ages 3-6
JPCC	F	A Claus for Celebration	10:15-11:00 am	Dec 15	\$7	\$5 RD	ages 3-6
JPCC	F	Let it Snow	10:15-11:00 am	Jan 19	\$7	\$5 RD	ages 3-6
JPCC	F	Hearts & Me	10:15-11:00 am	Feb 9	\$7	\$5 RD	ages 3-6



Family Fun

Family Fun Night

Get ready for an evening filled with laughter, friendly competition and quality bonding time as we invite you to Family Fun Night! Family Fun Night is designed to bring families together in a fun and interactive setting. Our selection of board and card games ensures that there is something for everyone to enjoy, regardless of age or skill level. Leave the distractions of daily life behind and embark on an adventure of fun, laughter, and togetherness. Let the games begin!

AMC	F	6:00-7:30 pm	Sep 15	\$5/family	all ages
AMC	F	6:00-7:30 pm	Oct 20	\$5/family	all ages
AMC	F	6:00-7:30 pm	Nov 17	\$5/family	all ages
AMC	F	6:00-7:30 pm	Dec 15	\$5/family	all ages
AMC	F	6:00-7:30 pm	Jan 19	\$5/family	all ages
AMC	F	6:00-7:30 pm	Feb 16	\$5/family	all ages

Princess Party

It's time to party like a princess! Join a new and surprise fairytale friend each week where your little ones will enjoy story time, themed crafts, exciting games, live performances and so much more! **INSTRUCTOR:** Party Like a Princess



WFCH	Sa	10:00-11:00 am	Oct 14	\$44	\$35 RD	ages 3-9
WFCH	Sa	10:00-11:00 am	Dec 9	\$44	\$35 RD	ages 3-9
WFCH	Sa	10:00-11:00 am	Feb 17	\$44	\$35 RD	ages 3-9

Preschool Hoops

SWISH! Begin to develop your little ballers' skills in this fun and exciting basketball class. Participants will be taught the basics and FUNDamentals of basketball including dribbling, passing, shooting, and defense. Educated by former professional basketball player JJ Miller, this is an opportunity you can't miss! **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services



FPC	Sa	9:00-9:45 am	Sep 2-23	\$100	\$80 RD	ages 3-5
FPC	Sa	9:00-9:45 am	Feb 17- Mar 9	\$100	\$80 RD	ages 3-5

Open Play

Open Play Sports and Activities

Ready to be active and have fun at our facilities? The Town of Wake Forest offers Open Play opportunities for participants to play sports and participate in hands on activities. Sports and activities may vary by location and may include youth and adult basketball, volleyball, pickleball, badminton, Preschool Time, Lego Club, and more. Participants may reach out to the individual facilities and check online for the most updated calendar of sports and activities.



JPC/FPCC	ongoing*	\$5	free RD	ages vary based on program
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*Please visit wakeforestnc.gov or the facility for the most current open play calendar

Martial Arts

Little Lions Taekwondo

Martial arts allow you the opportunity to grow, learn discipline, and how to have respect for others. This exciting Little Lions Taekwondo class will help develop your child's focus, self-esteem & self-confidence, promote teamwork, improve memory through fun and motivational training, and have an overall sense of purpose. After months of training, they are also able to graduate to the next belt rank! "A black belt was a white belt who never gave up." **INSTRUCTOR:** CORE Taekwondo Performance

JPC	Th	A	5:30-6:00 pm	Sep 7-28	\$69	\$55 RD	ages 4-10
JPC	Th	B	6:10-6:40 pm	Sep 7-28	\$69	\$55 RD	ages 4-10
JPC	Th	A	5:30-6:00 pm	Oct 12-Nov 2	\$69	\$55 RD	ages 4-10
JPC	Th	B	6:10-6:40 pm	Oct 12-Nov 2	\$69	\$55 RD	ages 4-10
JPC	Th	A	5:30-6:00 pm	Nov 16-Dec 14*	\$69	\$55 RD	ages 4-10
JPC	Th	B	6:10-6:40 pm	Nov 16-Dec 14*	\$69	\$55 RD	ages 4-10
JPC	Th	A	5:30-6:00 pm	Jan 4-25	\$69	\$55 RD	ages 4-10
JPC	Th	B	6:10-6:40 pm	Jan 4-25	\$69	\$55 RD	ages 4-10
JPC	Th	A	5:30-6:00 pm	Feb 8-29	\$69	\$55 RD	ages 4-10
JPC	Th	B	6:10-6:40 pm	Feb 8-29	\$69	\$55 RD	ages 4-10

*No class Nov 23

YOUTH

PROGRAMS & CLASSES



Art

Afterschool Art

Students will explore the elements of art such as line, color and composition. Participants will also use various media such as watercolor, tempura, chalk, and acrylic paints. Participants will finish an 11 x 14 canvas each session. Each session has a different theme. Because this class can get messy, please dress accordingly. **INSTRUCTOR:** Maureen Seltzer

FPCC	Th	4:30-6:00 pm	Sep 7-28	\$94	\$75 <i>RD</i>	ages 6-12
FPCC	Th	4:30-6:00 pm	Oct 12-Nov 2	\$94	\$75 <i>RD</i>	ages 6-12
FPCC	Th	4:30-6:00 pm	Nov 16-Dec 14*	\$94	\$75 <i>RD</i>	ages 6-12
FPCC	Th	4:30-6:00 pm	Dec 28-Jan 18	\$94	\$75 <i>RD</i>	ages 6-12
FPCC	Th	4:30-6:00 pm	Feb 8-29	\$94	\$75 <i>RD</i>	ages 6-12

*No class on Nov 23

Family Fun

Family Fun Night

Get ready for an evening filled with laughter, friendly competition and quality bonding time as we invite you to Family Fun Night! Family Fun Night is designed to bring families together in a fun and interactive setting. Our selection of board and card games ensures that there is something for everyone to enjoy, regardless of age or skill level. Leave the distractions of daily life behind and embark on an adventure of fun, laughter, and togetherness. Let the games begin!



AMC	F	6:00-7:30 pm	Sep 15	\$5/family	all ages
AMC	F	6:00-7:30 pm	Oct 23	\$5/family	all ages
AMC	F	6:00-7:30 pm	Nov 17	\$5/family	all ages
AMC	F	6:00-7:30 pm	Dec 15	\$5/family	all ages
AMC	F	6:00-7:30 pm	Jan 19	\$5/family	all ages
AMC	F	6:00-7:30 pm	Feb 16	\$5/family	all ages

Princess Party

It's time to party like a princess! Join a new and surprise fairytale friend each week where your little ones will enjoy story time, themed crafts, exciting games, live performances and so much more! **INSTRUCTOR:** Party Like a Princess

WFCH	Sa	10:00-11:00 am	Oct 14	\$44	\$35 <i>RD</i>	ages 3-9
WFCH	Sa	10:00-11:00 am	Dec 9	\$44	\$35 <i>RD</i>	ages 3-9
WFCH	Sa	10:00-11:00 am	Feb 17	\$44	\$35 <i>RD</i>	ages 3-9

Fundamentals of Anime Drawing

Calling all aspiring artists and anime enthusiasts! Welcome to Fundamentals of Anime Drawing, where creativity and imagination meet the captivating world of Japanese animation. In this 6-week class, you will learn the fundamental techniques and principles of anime drawing, empowering you to bring your favorite characters to life on the page. **INSTRUCTOR:** Maureen Seltzer



FPCC	Tu	4:30-6:00 pm	Oct 10-Nov 14	\$125	\$100 <i>RD</i>	ages 10-15
FPCC	Tu	4:30-6:00 pm	Jan 16-Feb 20	\$125	\$100 <i>RD</i>	ages 10-15

Mono Printing Fun With A Gel Press

This wildly creative and playful class will allow students to explore the art of creating unique and expressive prints using a variety of materials and techniques. Whether you're a seasoned artist or a complete beginner, this class welcomes individuals of all skill levels who are eager to experiment with the creative possibilities of mono printing. Each student will use an 8" x 10" gel press and a variety of tools and materials, including upcycling papers from books, maps, and music sheets to print on. **INSTRUCTOR:** Maureen Seltzer

FPCC	Tu	4:30-6:00 pm	Sep 5-26	\$94	\$75 <i>RD</i>	ages 10-15
FPCC	Tu	4:30-6:00 pm	Nov 28-Dec 19	\$94	\$75 <i>RD</i>	ages 10-15



Mono Printing and Collage

In this class, students will learn the fundamentals of mono printing on a gel press. Students will use papers to make a 11 x 14 cut garden collage on a canvas. All supplies will be provided, including a pattern for the flowers. No experience required. **INSTRUCTOR:** Maureen Seltzer

FPCC	Tu	1:30-3:00 pm	Sep 5-26	\$107	\$85 RD	ages 15+
FPCC	Tu	1:30-3:00 pm	Nov 28-Dec 19	\$107	\$85 RD	ages 15+

Athletics

Individual Basketball Training

In this 8-session program, J.J. Miller trains and develops all the basketball curriculum for our programs. We also have several Hooper's Elite certified trainers who are also USA Basketball licensed. Our individual training program concentrates on every aspect of the game and is specific to each individual player. These sessions are typically 1 player, however, they can be up to 3 if it's beneficial for each player. Sessions last 45-60 minutes depending on the key areas that we are working on for the particular day. The first session will be an evaluation session in which we put our clients through some basic drills to assess their skill level and focus on areas of their game that should be strengthened. We also get the player's thoughts on the areas in which they would like to improve. With this information, we will put together a specific program to maximize improvement. The individual training programs include but are not limited to the following:

- Fundamentals (Ball Handling/Dribbling, Shooting, Passing, Defense, Rebounding, Footwork/agility, etc.)
- Drills (that can be translated to live play in games)
- Conditioning
- Mental aspects of the game
- Hidden gems (tips and pointers that I share only with my players on how to have an advantage in different areas during the game that I have learned through my own experiences of playing at the highest levels of each stage of my career.) **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	M-F	3:00-6:00 pm	Sep	\$500	\$400 RD	ages 7+
FPCC	M-F	3:00-6:00 pm	Oct	\$500	\$400 RD	ages 7+
FPCC	M-F	3:00-6:00 pm	Nov	\$500	\$400 RD	ages 7+
FPCC	M-F	3:00-6:00 pm	Dec	\$500	\$400 RD	ages 7+
FPCC	M-F	3:00-6:00 pm	Jan	\$500	\$400 RD	ages 7+
FPCC	M-F	3:00-6:00 pm	Feb	\$500	\$400 RD	ages 7+

**This program is for intermediate to advanced level players*

Skyhawks Beginning Golf

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age appropriate golf equipment is provided. **INSTRUCTOR:** Skyhawks Sports Academy

Heritage High Park	Sa	9:00-10:00 am	Sep 16-Oct 7	\$125	\$100 RD	ages 5-9
Heritage High Park	Sa	9:00-10:00 am	Oct 28-Nov 18	\$125	\$100 RD	ages 5-9
Heritage High Park	Sa	9:00-10:00 am	Dec 2-23	\$125	\$100 RD	ages 5-9
Heritage High Park	Sa	9:00-10:00 am	Jan 20-Feb 10	\$125	\$100 RD	ages 5-9

Skyhawks Beginner Lacrosse

Athletes will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment. All equipment is provided, but participants are welcome to bring their own lacrosse stick. Participants are not required to wear goggles, a helmet or gloves due to the use of soft lacrosse balls and our staff ensuring non-checking, non-contact play. **INSTRUCTOR:** Skyhawks Sports Academy

Heritage High Park	Sa	10:15-11:15 am	Sep 16-Oct 7	\$112	\$89 RD	ages 7-10
Heritage High Park	Sa	10:15-11:15 am	Oct 28-Nov 18	\$112	\$89 RD	ages 7-10
Heritage High Park	Sa	10:15-11:15 am	Dec 2-23	\$112	\$89 RD	ages 7-10
Heritage High Park	Sa	10:15-11:15 am	Jan 20-Feb 10	\$112	\$89 RD	ages 7-10



Skyhawks Volleyball

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork. **INSTRUCTOR:** Skyhawks Sports Academy



FPCC	Th	12:00-12:45 pm	Sep 14-Oct 5	\$99	\$79 RD	ages 6-8
FPCC	Th	1:00-1:45 pm	Sep 14-Oct 5	\$99	\$79 RD	ages 9-12
FPCC	Th	12:00-12:45 pm	Oct 26-Nov 16	\$99	\$79 RD	ages 6-8
FPCC	Th	1:00-1:45 pm	Oct 26-Nov 16	\$99	\$79 RD	ages 9-12
FPCC	Th	12:00-12:45 pm	Nov 30-Dec 21	\$99	\$79 RD	ages 6-8
FPCC	Th	1:00-1:45 pm	Nov 30-Dec 21	\$99	\$79 RD	ages 9-12
FPCC	Th	12:00-12:45 pm	Jan 18-Feb 8	\$99	\$79 RD	ages 6-8
FPCC	Th	1:00-1:45 pm	Jan 18-Feb 8	\$99	\$79 RD	ages 9-12

Skills, Drills & Development Basketball Clinic

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by J.J. Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	Sa	10:00-11:00 am	Sep 2-23	\$107	\$85 RD	ages 6-15
FPCC	Sa	10:00-11:00 am	Feb 17-Mar 9	\$107	\$85 RD	ages 6-15

Winter O.D.P. (Off-Season Development Program)

This off-season baseball/softball development program allows athletes to participate in professionally instructed workouts designed to develop necessary skill sets, improve established athleticism, and cultivate off-season care to balance in-season work. **INSTRUCTORS:** NCABC FUNGO Staff

Heritage High Park	Tu/Th	6:00-7:30 pm	Nov 28-Jan 23*	\$300		ages 8-11
Heritage High Park	Tu/Th	7:30-9:00 pm	Nov 30-Jan 25*	\$300		ages 12-15

*No sessions Dec 26 or Dec 28
 **Inclement weather makeup dates Jan 30, Feb 1, 6, 8

Esports

Battle in the Forest Esports



Get ready for the ultimate adrenaline-pumping experience as we present our highly anticipated Esports Tournaments! Step into the thrilling world of competitive gaming and join us for an action-packed event that showcases the skill, strategy, and excitement of professional esports. Enjoy video games and competing to be the best? If so, Battle in the Forest is the place for you! Tournaments will be played online and live streamed. An assortment of prizes will be given to the top three participants. The featured game for these tournaments will be determined at a later date. For more information, visit wakeforestnc.gov and search "Battle in the Forest".

Online	Sa	12:00-6:00 pm	Nov 18	free	ages 13+
Online	Sa	12:00-6:00 pm	Feb 24	free	ages 13+

ESPN Fantasy Football League | NFL

Register today and build your ultimate NFL All-Star team online. Sign up for a free account on www.espn.com and play in our citywide fantasy football league. League(s) will consist of 6-12 players (depending on signups), snake draft, with a randomized draft order. Game on! **INSTRUCTOR:** JPCC Staff

Online Draft	M	7:00-8:30 pm	Aug 28	free	ages 16+
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ESPN Fantasy Basketball League | NBA

Register today and build your ultimate NBA All-Star team online. Sign up for a free account on www.espn.com and play in our citywide fantasy basketball league. League(s) will consist of 6-12 players (depending on signups), snake draft, with a randomized draft order. Game on! **INSTRUCTOR:** JPCC Staff

Online Draft	M	7:00-8:30 pm	Oct 7	free	ages 16+
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Fitness



Strength Training for Children

This class is a full 45 minutes of cardio exercise (to warm up the muscles), resistance training, followed by cool down exercises. Strength training for children does not involve weights. In our class, we will focus on light resistance training and controlled movements for proper form with an emphasis on safety. This class is designed to teach children the fundamentals for maintaining good fitness, with a focus on helping to increase muscle strength and endurance; learning how to protect the muscles and joints from sports-related injuries, and thus resulting in improvement in any sport that the child participates. Participants should bring a towel and a bottle of water.

INSTRUCTOR: Valerie Grasso

Flah Park	Sa	11:30 am-12:15 pm	Sep 16-Oct 14	\$98	\$78 RD	ages 7-11
Flah Park	Sa	11:30 am-12:15 pm	Oct 28-Nov 18	\$70	\$52 RD	ages 7-11

Strength Training for Teens

This class is a full hour of cardio exercise (to warm up the muscles), strength training (also called resistance training) followed by cool down exercises. For teens, the focus is on multi-joint exercises that work more than one part of the body. Participants will use weights, resistance bands, and their own body weight to develop muscular balance, coordination, and agility. This workout will support participants in other athletic pursuits. Participants should bring a towel and a bottle of water. **INSTRUCTOR:** Valerie Grasso

Flah Park	Sa	10:00-11:00 am	Sep 16-Oct 14	\$113	\$90 RD	ages 12-17
Flah Park	Sa	10:00-11:00 am	Oct 28-Nov 18	\$75	\$60 RD	ages 12-17



Homeschool

Homeschool Art

Come join in on the fun in this 4-week class. We will explore the elements of art such as line, color and composition. We also will use many kinds of media such as water-color, tempura, chalk, and acrylic paints. In each session the children will finish an 11 x 14 canvas. Each session has a different theme. This class can get messy so dress accordingly. **INSTRUCTOR:** Maureen Seltzer

FPCC	Th	1:30-3:00 pm	Sep 7-28	\$94	\$75 RD	ages 6-12
FPCC	Th	1:30-3:00 pm	Oct 12-Nov 2	\$94	\$75 RD	ages 6-12
FPCC	Th	1:30-3:00 pm	Nov 16-Dec 14*	\$94	\$75 RD	ages 6-12
FPCC	Th	1:30-3:00 pm	Dec 28-Jan 18	\$94	\$75 RD	ages 6-12
FPCC	Th	1:30-3:00 pm	Feb 8-29	\$94	\$75 RD	ages 6-12

*No class on Nov 23

Homeschool Martial Arts: Little Dragons

Empower your child with confidence, discipline, and self-defense skills with Little Dragons. Designed specifically for young learners, our martial arts classes provide a safe and supportive environment for children to develop physical fitness, mental focus, and character-building attributes. This program is a high-energy, fast-paced course, geared to teach core life skills to young students and showing them how to have control over their bodies. All lessons are centered around building self-confidence and self-esteem through positive reinforcement and recognition. **INSTRUCTOR:** Noble's Martial Arts

WFCH	M	11:00-11:30am	Sep 11-Oct 2	\$57	\$45 RD	ages 4-6
WFCH	M	11:00-11:30am	Oct 9-30	\$57	\$45 RD	ages 4-6
WFCH	M	11:00-11:30am	Nov 6-27	\$57	\$45 RD	ages 4-6
WFCH	M	11:00-11:30am	Dec 4-22	\$57	\$45 RD	ages 4-6

*Final class in December will be held Friday, Dec 22

Homeschool Martial Arts: Beginner Karate Kids



This program is taught with an emphasis on developing self-discipline and respect while finetuning foundational motor skills that can be applied to other activities such as athletics, academics, art and more outside of the Karate school. We will focus on five core aspects for this age group: goal setting, bully prevention, stranger awareness, courtesy and respect, and leadership development. **INSTRUCTOR:** Noble's Martial Arts

WFCH	M	11:30-12:15pm	Sep 11-Oct 2	\$57	\$45 <i>RD</i>	ages 7-12
WFCH	M	11:30-12:15pm	Oct 9-30	\$57	\$45 <i>RD</i>	ages 7-12
WFCH	M	11:30-12:15pm	Nov 6-27	\$57	\$45 <i>RD</i>	ages 7-12
WFCH	M	11:30-12:15pm	Dec 4-22	\$57	\$45 <i>RD</i>	ages 7-12

**Final class in December will be held Friday, Dec 22*

Homeschool Martial Arts: Intermediate Karate Kids

This class expands upon the basics learned in the ages 7-12 beginner class. This intermediate class brings more advanced fight sets and katas, higher level self-defense techniques and Krav Maga. This class also introduces sparring and non-bladed weapons. Purple belt from Noble's Martial Arts HSMA Program is required to participate. **INSTRUCTOR:** Noble's Martial Arts

WFCH	M	12:15-1:00pm	Sep 11-Oct 2	\$57	\$45 <i>RD</i>	ages 7-12
WFCH	M	12:15-1:00pm	Oct 9-30	\$57	\$45 <i>RD</i>	ages 7-12
WFCH	M	12:15-1:00pm	Nov 6-27	\$57	\$45 <i>RD</i>	ages 7-12
WFCH	M	12:15-1:00pm	Dec 4-22	\$57	\$45 <i>RD</i>	ages 7-12

**Final class in December will be held Friday, Dec 22*

Homeschool PhysEd & Fun

Skyhawks is proud to present an engaging, game-based physical education program. This class will offer children a wide variety of activities that involve locomotor, non-locomotor, manipulative skills and fitness development exercises. Our goal is to build self-confidence, create body awareness and inspire each participant with a passion for an active lifestyle. Participants should bring a water bottle and wear appropriate athletic attire and tennis shoes. **INSTRUCTOR:** Skyhawks Sports Academy

FPCC	Th	2:00-2:45 pm	Sep 14- Oct 5	\$99	\$79 <i>RD</i>	ages 6-12
FPCC	Th	2:00-2:45 pm	Oct 26- Nov 16	\$99	\$79 <i>RD</i>	ages 6-12
FPCC	Th	2:00-2:45 pm	Nov 30- Dec 21	\$99	\$79 <i>RD</i>	ages 6-12
FPCC	Th	2:00-2:45 pm	Jan 18- Feb 8	\$99	\$79 <i>RD</i>	ages 6-12

Martial Arts

Little Lions Taekwondo

Martial arts allow you the opportunity to grow, learn discipline, and how to have respect for others. This exciting Little Lions Taekwondo class will help develop your child's focus, self-esteem & self-confidence, promote teamwork, improve memory through fun and motivational training, and have an overall sense of purpose. After months of training, they are also able to graduate to the next belt rank! "A black belt was a white belt who never gave up." **INSTRUCTOR:** CORE Taekwondo Performance



JGCC	Th	A	5:30-6:00 pm	Sep 7-28	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	B	6:10-6:40 pm	Sep 7-28	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	A	5:30-6:00 pm	Oct 12-Nov 2	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	B	6:10-6:40 pm	Oct 12-Nov 2	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	A	5:30-6:00 pm	Nov 16-Dec 14*	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	B	6:10-6:40 pm	Nov 16-Dec 14*	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	A	5:30-6:00 pm	Jan 4-25	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	B	6:10-6:40 pm	Jan 4-25	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	A	5:30-6:00 pm	Feb 8-29	\$69	\$55 <i>RD</i>	ages 4-10
JGCC	Th	B	6:10-6:40 pm	Feb 8-29	\$69	\$55 <i>RD</i>	ages 4-10

**No class Nov 23*

Martial Arts

Join our engaging Traditional Tae Kwon Do class, which meets twice a week. Our instructor, Randy Berger, an internationally certified instructor with over 40 years of experience, will teach you the fundamentals of this martial art. As a result, you'll develop coordination, gain focus, discipline, and self-confidence in a safe and family-friendly environment. We also offer promotional testing through the Traditional Tae Kwon Do Association. There are no classes on the first Thursday of every month. Start your journey today and believe in yourself! **INSTRUCTOR:** Grand Master R. Berger, 8th Degree

WFCH	Tu/Th*	7:00-8:00 pm	Sept 5-28	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Oct 3-31	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Nov 9-30	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Dec 5-21	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Jan 2-30	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Feb 6-29	\$69	\$55 <i>RD</i>	ages 7+

**No classes on Nov 7 & 24, Dec 26 & 28*



Open Play

Open Play Sports and Activities

Ready to be active and have fun at our facilities? The Town of Wake Forest offers Open Play opportunities for participants to play sports and participate in hands on activities. Sports and activities may vary by location and may include youth and adult basketball, volleyball, pickleball, badminton, Preschool Time, Lego Club, and more. Participants may reach out to the individual facilities and check online for the most updated calendar of sports and activities.

JPCC/FPCC	ongoing*	\$5	free RD	ages vary based on program
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*Please visit wakeforestnc.gov or the facility for the most current open play calendar

STEM

Beginner Roblox Game - Coding 1

In this first part we introduce the basics of Roblox coding through building fun games! Most students have not interacted with complex coding environments such as Roblox Studio before, so we will ensure they are setup for success by teaching foundational skills. This includes how to use workspace and how to configure properties of objects such as color and texture to implement in games. We will start learning important coding concepts such as if/then, loop, and variable in the context of Roblox coding, as well as how to have game elements respond to interactions from players such as clicks, movements, and more! **INSTRUCTOR:** Create & Learn

Online	Tu	7:00-8:15 pm	Sep 12-Oct 3	\$96	\$77 RD	ages 8-11
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Beginner Roblox Game - Coding 2

Activities to take place in this part include finishing the dodgeball game started in part 1, learning how to use clones to easily create many game objects, and learning how to create a multiplayer game! Students are welcome to invite their friends to play the multiplayer games together, and there will be a leaderboard for added motivation. This part will also dive deeper into Roblox coding concepts to become more familiar with the nuances of Roblox coding while reinforcing skills learned in part 1. **INSTRUCTOR:** Create & Learn

Online	Tu	7:00-8:15 pm	Oct 10- 31	\$96	\$77 RD	ages 8-11
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Beginner Roblox Game - Coding 3

In the final part for this class we will focus on building two multi-faceted games that combine previous Roblox coding skills learned with new concepts like messaging. One of the games is modeled after the highly popular infinity run game where players must turn, dodge, and jump to avoid obstacles and gain points. Students will also learn how to create quiz games about any topic they're interested in to showcase their knowledge on what they're passionate about. We look forward to seeing your child's creativity shine as they learn how to code Roblox games! **INSTRUCTOR:** Create & Learn

Online	Tu	7:00-8:15 pm	Nov 7-28	\$96	\$77 RD	ages 8-11
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Storytime

Storytime & Crafts

Our dedicated and enthusiastic staff will bring stories to life using expressive story-telling techniques that captivate young minds and ignite their curiosity. Children will embark on a wonderful journey of imagination, creativity, and learning. The power of stories and the magic of crafting will combine to provide a unique and enriching experience for children ages 3-6. Each session is a themed program, filled with a story, art project and all-around fun! Whether your child is a bookworm, an aspiring artist or simply looking for a fun and educational experience, our Storytime and Crafts class is the perfect fit. **INSTRUCTOR:** JPCC Staff

JPCC	F	10:15-11:00 am	Oct 27	\$7	\$5 RD	ages 3-6
JPCC	F	10:15-11:00 am	Nov 17	\$7	\$5 RD	ages 3-6
JPCC	F	10:15-11:00 am	Dec 15	\$7	\$5 RD	ages 3-6
JPCC	F	10:15-11:00 am	Jan 19	\$7	\$5 RD	ages 3-6
JPCC	F	10:15-11:00 am	Feb 9	\$7	\$5 RD	ages 3-6



ADULT

PROGRAMS & CLASSES



Game Nights

Adult Open Play Cards & Games

Do you and your friends have a favorite card or board game? Join us at the Alston-Massenburg Center for fun and fellowship while playing your favorite games. Feel free to bring your own favorite game or play one of ours. Games may include Bridge, Bingo, Yahtzee and more.

AMC	Tu	1:00-3:00 pm	Sep 5-Feb 27*	free	ages 55+
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**No program Dec 26*

Family Fun Night

Get ready for an evening filled with laughter, friendly competition and quality bonding time as we invite you to Family Fun Night! Family Game Night is designed to bring families together in a fun and interactive setting. Our selection of board and card games ensures that there is something for everyone to enjoy, regardless of age or skill level. Leave the distractions of daily life behind and embark on an adventure of fun, laughter, and togetherness. Let the games begin!

AMC	F	6:00-7:30 pm	Sep 15	\$5/family	all ages
AMC	F	6:00-7:30 pm	Oct 23	\$5/family	all ages
AMC	F	6:00-7:30 pm	Nov 17	\$5/family	all ages
AMC	F	6:00-7:30 pm	Dec 15	\$5/family	all ages
AMC	F	6:00-7:30 pm	Jan 19	\$5/family	all ages
AMC	F	6:00-7:30 pm	Feb 16	\$5/family	all ages

Dance

Adult Hip Hop with Imani

This class will be a fun, high energy, foundational class for those who love dance. Dancers will focus on rhythmic movement, choreography, and fun! All dancers will learn different elements of hip-hop all while building confidence! At the end of each session dancers will have a mini performance to show to their families! **INSTRUCTOR:** Imani Bell

JPCC	Th	6:30-7:20 pm	Sep 7-28	\$69	\$55 RD	ages 18+
JPCC	Th	6:30-7:20 pm	Oct 12-Nov 2	\$69	\$55 RD	ages 18+
JPCC	Th	6:30-7:20 pm	Nov 16-Dec 14*	\$69	\$55 RD	ages 18+
JPCC	Th	6:30-7:20 pm	Jan 4-25	\$69	\$55 RD	ages 18+
JPCC	Th	6:30-7:20 pm	Feb 8-29	\$69	\$55 RD	ages 18+

**No class Nov 23*



Chicago-Style Stepping

Chicago-Style Stepping is an urban partner dance that can be graceful, funky, intimate, contagious, soulful, competitive and smooth all at the same time. This class will introduce you to the fundamentals of this dance and beyond set to the classic sounds of R&B, soul and so much more. Come and try something new with Capital City Steppers. No experience or partner required. All levels welcomed. **INSTRUCTOR:** Sharvin Whitted

WFCH	M	7:00-8:30 pm	Sep 11-Oct 16	\$94	\$75 RD	ages 18+
WFCH	M	7:00-8:30 pm	Nov 6-Dec 11	\$94	\$75 RD	ages 18+
WFCH	M	7:00-8:30 pm	Jan 8-Feb 12	\$94	\$75 RD	ages 18+

**Smooth bottom shoes and water bottles recommended. Sneakers should be avoided.*

Education

First Aid/CPR/AED Training Program

The First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies in order to provide immediate care to a suddenly injured or ill person. The course will cover emergencies involving medical, trauma, environmental, poisoning, as well as CPR and AED. This is a certification course.



AMC	Sa	9:00 am-3:00 pm	Sep 16	\$108	\$87 <i>RD</i>	ages 10+
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Esports

ESPN Fantasy Football League | NFL

Register today and build your ultimate NFL All-Star team online. Sign up for a free account on www.espn.com and play in our citywide fantasy football league. League(s) will consist of 6-12 players (depending on signups), snake draft, with a randomized draft order. Game on! **INSTRUCTOR:** JPCC Staff

Online Draft	M	7:00-8:30pm	Aug 28	free	ages 16+
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ESPN Fantasy Basketball League | NBA

Register today and build your ultimate NBA All-Star team online. Sign up for a free account on www.espn.com and play in our citywide fantasy basketball league. League(s) will consist of 6-12 players (depending on signups), snake draft, with a randomized draft order. Game on! **INSTRUCTOR:** JPCC Staff

Online Draft	M	7:00-8:30pm	Oct 7	free	ages 16+
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Fitness

Adult Chair Yoga

Adult Chair Yoga will help create flexibility, stamina and strength with various stretches both sitting and standing. Yoga can help improve balance and offers techniques to create ease of breath. Wear comfortable clothing, and sneakers or let your feet free to stretch by wearing socks or slippers with grip bottoms. **INSTRUCTOR:** Virginia Nickich



JPCC	Tu	10:00-11:00 am	Sep 12-Oct 3	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Tu	10:00-11:00 am	Oct 17-Nov 7	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Tu	10:00-11:00 am	Nov 21-Dec 19	\$39	\$32 <i>RD</i>	ages 18+
JPCC	Tu	10:00-11:00 am	Jan 9-30	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Tu	10:00-11:00 am	Feb 13-Mar 5	\$25	\$20 <i>RD</i>	ages 18+

Adult Fitness for Seniors

This class is for adult seniors who want a more personalized approach to fitness. This class will focus on developing strength, endurance, flexibility, and balance, as they become more important as one ages. This class will be unlike any other class you have attended. The focus is on you. The workouts are adjusted for modifications. The transitions between exercises are gradual. There are more explanations of the science behind the movements. Coach Val understands the physiology of aging and applies these principles to provide a safe environment for all participants. **INSTRUCTOR:** Valerie Grasso

Flah Park	Sa	7:15-8:15 am	Sep 16-Oct 14	\$113	\$90 <i>RD</i>	ages 18+
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Fitness Room & Cardio Education

Interested in utilizing the fitness room, but need help with the equipment? We can help! Sign up for a 30-45 minute in-person tutorial about the proper ways the use the fitness room equipment; this will include dumbbells, busa ball, bench, and cables (fitness room) & treadmill, bike, elliptical, and stair stepper (around the track).

INSTRUCTOR: JPCC Staff

JPCC	F	10:00-10:45 am	Sep 8	free	ages 18+
JPCC	F	2:00-2:45 pm	Sep 8	free	ages 18+
JPCC	F	10:00-10:45 am	Oct 13	free	ages 18+
JPCC	F	2:00-2:45 pm	Oct 13	free	ages 18+
JPCC	F	10:00-10:45 am	Nov 17	free	ages 18+
JPCC	F	2:00-2:45 pm	Nov 17	free	ages 18+
JPCC	F	10:00-10:45 am	Dec 8	free	ages 18+
JPCC	F	2:00-2:45 pm	Dec 8	free	ages 18+
JPCC	F	10:00-10:45 am	Jan 12	free	ages 18+
JPCC	F	2:00-2:45 pm	Jan 12	free	ages 18+
JPCC	F	10:00-10:45 am	Feb 9	free	ages 18+
JPCC	F	2:00-2:45 pm	Feb 9	free	ages 18+

From Head to Toe: Burn 2 Go

This one-hour, high-intensity, full-body workout will begin with a cardio warmup exercise, followed by strength (muscular) training, and end with a series of a cool-down exercises. Participants should bring a towel and plenty of water. **INSTRUCTOR:** Valerie Grasso

Flah Park	Sa	8:30-9:30 am	Sep 16-Oct 14	\$113	\$90 <i>RD</i>	ages 18+
Flah Park	Sa	8:30-9:30 am	Oct 28-Nov 18	\$75	\$60 <i>RD</i>	ages 18+

Hatha Yoga

Hatha yoga is the basic yoga for breathing exercises, stretching and slow, gentle movements. Attention is given to each student and adjustments made for your personal development. First time attendees or those with knowledge of yoga will find enjoyment, freedom of movement, and relaxation in this class. **INSTRUCTOR:** Virginia Nickich



JPCC	Sa	10:30-11:30 am	Sep 2-30*	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Sep 12-Oct 3	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	Oct 14-Nov 4	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Oct 17-Nov 7	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	Nov 18-Dec 16*	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Nov 21-Dec 19	\$39	\$32 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	Jan 6-Jan 27	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Jan 9-Jan 30	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	Feb 10-Mar 2	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Feb 13-Mar 5	\$31	\$25 <i>RD</i>	ages 18+

*No class Sep 23 & Nov 25

Rebel Moves Pilates

This 6-week program is a great opportunity for you to better your posture, improve balance, and add more strength and endurance, all while following a deliberate pace to cover the foundational principles of breath, neutral spine, and alignment. **INSTRUCTOR:** Martina Villingier & Rachel May

JPCC	M	12:30-1:15 pm	Sep 11-Oct 16	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	12:30-1:15 pm	Sep 13-Oct 18	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	6:00-6:45 pm	Sep 13-Oct 18	\$69	\$55 <i>RD</i>	ages 18+
JPCC	M	12:30-1:15 pm	Oct 30-Dec 11*	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	12:30-1:15 pm	Nov 1-Dec 13*	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	6:00-6:45 pm	Nov 1-Dec 13*	\$69	\$55 <i>RD</i>	ages 18+
JPCC	M	12:30-1:15 pm	Jan 8-Feb 19*	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	12:30-1:15 pm	Jan 10-Feb 21*	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	6:00-6:45 pm	Jan 10-Feb 21*	\$69	\$55 <i>RD</i>	ages 18+

*No class Nov 20 & 22, Jan 15 & 17

REFIT® Fitness

REFIT is a full body, exercise program that brings fun back into fitness. This one-hour fitness class pairs movement with music and improves coordination, cardio, strength, stability, flexibility and gives you the opportunity to build community while reaching fitness goals in a positive environment. **INSTRUCTOR:** Mallory Simpson

JPCC	Tu	5:30-6:20 pm	Sep 5-26	\$25	\$20 RD	age 18+
JPCC	Th	5:30-6:20 pm	Sep 7-28	\$25	\$20 RD	age 18+
JPCC	Tu	5:30-6:20 pm	Oct 10-Nov 7*	\$25	\$20 RD	age 18+
JPCC	Th	5:30-6:20 pm	Oct 12-Nov 9*	\$25	\$20 RD	age 18+
JPCC	Tu	5:30-6:20 pm	Nov 28-Dec 19	\$25	\$20 RD	age 18+
JPCC	Th	5:30-6:20 pm	Nov 30-Dec 21	\$25	\$20 RD	age 18+
JPCC	Tu	5:30-6:20 pm	Jan 16-Feb 6	\$25	\$20 RD	age 18+
JPCC	Th	5:30-6:20 pm	Jan 18-Feb 8	\$25	\$20 RD	age 18+

*No class Oct 26 & Oct 31

Tai Chi Gung

Learn the sacred ancient regenerative movement of Tai Chi Gung. The gentle easy to learn movements flow with your breath to begin to strengthen the body, reset your mind so your energy flows, to experience greater health and balance. Tai Chi Gung connects your mind, body and spirit in one. **INSTRUCTOR:** Robin Kriete

FPCC	W	10:00-11:00 am	Nov 1-29	\$63	\$50 RD	ages 14+
FPCC	W	10:00-11:00 am	Dec 13-Jan 10	\$63	\$50 RD	ages 14+
FPCC	W	10:00-11:00 am	Jan 24-Feb 21	\$63	\$50 RD	ages 14+



Zumba

Are you ready to move, groove, and unleash your inner dancer? Join our high-energy Zumba class and experience the joy of fitness through dance! Designed for all fitness levels and backgrounds, our Zumba class is a dynamic and exhilarating workout that



combines vibrant music, easy-to-follow dance moves, and a party-like atmosphere.

INSTRUCTOR: Neltonia Prince/Wilda Hobson

JPCC	Sa	9:00-10:00 am	Sep 9-30	\$25	\$20 RD	ages 18+
JPCC	M	6:30-7:30 pm	Sep 11-Oct 2	\$25	\$20 RD	ages 18+
JPCC	Sa	9:00-10:00 am	Oct 14-Nov 4	\$25	\$20 RD	ages 18+
JPCC	M	6:30-7:30 pm	Oct 16-Nov 6	\$25	\$20 RD	ages 18+
JPCC	Sa	9:00-10:00 am	Nov 18-Dec 16*	\$25	\$20 RD	ages 18+
JPCC	M	6:30-7:30 pm	Nov 20-Dec 11	\$25	\$20 RD	ages 18+
JPCC	M	6:30-7:30 pm	Jan 8-Feb 5*	\$25	\$20 RD	ages 18+
JPCC	Sa	9:00-10:00 am	Jan 13-Feb 3	\$25	\$20 RD	ages 18+
JPCC	Sa	9:00-10:00 am	Feb 17-Mar 2	\$19	\$15 RD	ages 18+
JPCC	M	6:30-7:30 pm	Feb 19-Mar 4	\$19	\$15 RD	ages 18+

*No class Nov 25 & Jan 15

Zumba with Diame

Zumba with Diame, is a 60-minute cardio workout that incorporates Latin, Reggaton, Afro-beat and other music to set the atmosphere for an interval workout? High and low intensity dance moves will get your heart rate up and boost cardio endurance. All dance levels are welcome to join us as we burn calories, meet new people from all walks of life as we sweat, laugh, smile, and get our groove on with Zumba. **INSTRUCTOR:** Diamantina Dixon

AMC	Tu	6:30-7:30 pm	Sep 5-26	\$25	\$20 RD	ages 16 +
AMC	Tu	6:30-7:30 pm	Oct 10-31	\$25	\$20 RD	ages 16 +
AMC	Tu	6:30-7:30 pm	Nov 14-Dec 5	\$25	\$20 RD	ages 16 +
AMC	Tu	6:30-7:30 pm	Jan 9-30	\$25	\$20 RD	ages 16 +
AMC	Tu	6:30-7:30pm	Feb 13-Mar 5	\$25	\$20 RD	ages 16 +



Martial Arts

Martial Arts

Join our engaging Traditional Tae Kwon Do class, which meets twice a week. Randy Berger, an internationally certified instructor with over 40 years of experience, will teach you the fundamentals of this martial art. As a result, you'll develop coordination, gain focus, discipline, and self-confidence in a safe and family-friendly environment. We also offer promotional testing through the Traditional Tae Kwon Do Association. There are no classes on the first Thursday of every month. Start your journey today and believe in yourself! **INSTRUCTOR:** Grand Master R. Berger, 8th Degree

WFCH	Tu/Th*	7:00-8:00 pm	Sept 5-28	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Oct 3-31	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Nov 9-30	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Dec 5-21	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Jan 2-30	\$69	\$55 <i>RD</i>	ages 7+
WFCH	Tu/Th*	7:00-8:00 pm	Feb 6-29	\$69	\$55 <i>RD</i>	ages 7+

**No classes on Nov 7 & 24, Dec 26 & 28*

Comic Book

Comic Book & Collectibles Trade Group

Love comics and action figures? Interested in making some trades? Come join us to discuss and trade your collectibles! This group will be solely trading comics and action figures. No monetary transactions will be allowed. The group will be managed by Brandon Wright, of Play4Life Comics. Don't miss out on this opportunity to add some great collectibles to your collection! **INSTRUCTOR:** Brandon Wright, Play4LifeComicsmin



FPCC	Sa	11:00 am-1:00 pm	Sep 16	\$5		ages 18+
FPCC	Sa	11:00 am-1:00 pm	Nov 4	\$5		ages 18+
FPCC	Sa	11:00 am-1:00 pm	Jan 9	\$5		ages 18+

Culinary Arts

Charcuterie & Cheese Board Workshop

Come join us and learn how to create a beautiful and delicious charcuterie and cheese board. You will learn styling techniques and pairings, how to prepare your ingredients and where to shop! This is an interactive class and you will get to take home the board you create! **INSTRUCTOR:** Femme Fromage & Co.



WFCH	W	6:00-7:30 pm	Sep 20	\$69	\$55 <i>RD</i>	ages 18+
WFCH	W	6:00-7:30 pm	Oct 11	\$69	\$55 <i>RD</i>	ages 18+
WFCH	W	6:00-7:30 pm	Nov 15	\$69	\$55 <i>RD</i>	ages 18+
WFCH	W	6:00-7:30 pm	Dec 13	\$69	\$55 <i>RD</i>	ages 18
WFCH	W	6:00-7:30 pm	Jan 17	\$69	\$55 <i>RD</i>	ages 18+

Open Play

Open Play Sports and Activities

Ready to be active and have fun at our facilities? The Town of Wake Forest offers Open Play opportunities for participants to play sports and participate in hands on activities. Sports and activities may vary by location and may include youth and adult basketball, volleyball, pickleball, badminton, Preschool Time, Lego Club, and more. Participants may reach out to the individual facilities and check online for the most updated calendar of sports and activities.

JPCC/FPCC	ongoing*	\$5	free <i>RD</i>	ages vary based on program
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**Please check our website or the facility for the most current open play calendar*



SPECIALIZED

& INCLUSION PROGRAMS

Enriching programs designed for individuals with disabilities.

Social

Club Connect

Join us once a month for socialization, activities, & fun! Participants will be provided with the opportunity to socialize with peers, play games, be creative, and plan activities based on input from the group. Participants must be able to perform self-care routines independently and can bring a buddy if necessary. Don't miss out on all the excitement!

JPCC	Th	5:30-7:00 pm	Sep 21	free*	ages 15+
JPCC	Th	5:30-7:00 pm	Oct 26	free*	ages 15+
JPCC	Th	5:30-7:00 pm	Nov 16	free*	ages 15+
JPCC	Th	5:30-7:00 pm	Dec 21	free*	ages 15+
JPCC	Th	5:30-7:00 pm	Jan 25	free*	ages 15+
JPCC	Th	5:30-7:00 pm	Feb 22	free*	ages 15+

*Pre-registration required / outing fees may apply

Athletics

Abilities Tennis Clinics

Abilities Tennis Clinics provide specialized instruction and practice for athletes, ages 8 and up. Coaches and volunteers are trained to teach the fundamentals of tennis, practice drills and fun games geared toward improving tennis skills. All experience levels, beginners, intermediate, and advanced skills, are all welcome. Coaches are able to adapt tennis for each individual so that all can join in the fun. **INSTRUCTOR:** Abilities Tennis NC

Heritage High Park	Sa	4:00-5:00 pm	Sep 9-Oct 28	free*	ages 8+
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*Pre-registration required



Journey League Basketball

Journey League is a unifying, safe and inclusive place for special needs teens and young adults to play basketball, get physically active, and make new friends. Our program stands for acceptance, teamwork, skill development and fun. Journey League will always celebrate diversity, sportsmanship and the opportunity to be a beacon of hope for all.



JPCC	F	5:30-7:00 pm	Sep 8-Oct 13	\$15	ages 12+
JPCC	F	5:30-7:00 pm	Jan 12-Mar 1	\$15	ages 12+

*Pre-registration required, late fee assessed after deadline

Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. Registration will be held February 1-28. **STAFF CONTACT:** Olivia Atkinson, oatkinson@wakeforestnc.gov, 919-435-9559

Registration: Feb 1-29	Apr-Jun season	\$15	ages 5+
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*Pre-registration required, late fee assessed after deadline

Dream League Baseball "BUDDY" program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least 3 games per season. **STAFF CONTACT:** Olivia Atkinson, oatkinson@wakeforestnc.gov, 919-435-9559

Registration: Feb 1-29	Apr-Jun season	free	ages 10+
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*Pre-registration required

Dance

Snowball Dance

Join us for a night in Winter Wonderland complete with a DJ, refreshments, dancing, and fun! Come with friends or come make new ones! Chaperones will be available for supervision but participants can bring additional support if necessary.

WFCH	F	6:30-8:30 pm	Dec 8	\$15*	ages 10-30
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*Pre-registration required, late fee assessed after deadline

SPECIALIZED SERVICES

Inclusion Services

The Town of Wake Forest's Parks, Recreation, & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. For individuals of all abilities to have meaningful participation and equal access to programs, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Olivia Atkinson, oatkinson@wakeforestnc.gov or 919-435-9559.

What is a reasonable modification?

Reasonable modifications are additional supports and resources used to help aid a person with a disability to participate in any program. These resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, or additional support staff. The ADA does not require the Town of Wake Forest to take any action that would fundamentally alter the nature of its programs or services, compromise the safety of participants, or impose an undue financial or administrative burden.

For questions or program ideas, please contact Olivia Atkinson, oatkinson@wakeforestnc.gov, 919-435-9559.

Community Resources for Specialized Services

Abilities Tennis of NC	919-606-4917
Alliance Behavioral Healthcare.....	800-510-9132
Alliance of Disability Advocates- Center for Independent Living	919-833-1117
The ARC of the Triangle	919-832-2660
A Small Miracle Inc.	919-900-4422
Autism Society of NC- Wake Co. Chapter	800-442-2762
Brain Balance Achievement Center of Wake Forest	919-554-4622
East Point Prosthetics & Orthotics.....	919-844-7897
GiGi's Playhouse	919-307-3952
NC ABLE.....	919-814-4000
North Carolina Orthotics & Prosthetics of Wake Forest	919-556-3402
North Carolina Special Olympics.....	919-719-7662
Special Olympics Wake County.....	919-719-7662 ext. 125
Triangle Behavioral & Educational Solutions	919-449-8345
Triangle Down Syndrome Network.....	919-803-0515
Wake County Human Services	919-212-7000
Wake Forest Dream League.....	919-556-7093
WCPSS- Family & Community Connections	919-431-7334



ConfIDANCE - School Age

Burn calories and dance with your friends with music that get you movin' to the beat! It's all about feeling fearless on the dance floor, be yourself and dance like no one is watching! Choreography is adapted to easy-to-follow routines from mainstream to international music from yesterday and today. No prior dance or fitness experience is necessary. **INSTRUCTOR:** Hannah Bleyer

JPCC	M	5:45-6:45 pm	Sep 11-Oct 16	\$30	ages 10-22
JPCC	M	5:45-6:45 pm	Oct 30-Dec 4	\$30	ages 10-22
JPCC	M	5:45-6:45 pm	Jan 22-Feb 26	\$30	ages 10-22

ConfIDANCE - Adults

Burn calories and dance with your friends with music that get you movin' to the beat! It's all about feeling fearless on the dance floor, be yourself and dance like no one is watching! Choreography is adapted to easy-to-follow routines from mainstream to international music from yesterday and today. No prior dance or fitness experience is necessary. **INSTRUCTOR:** Hannah Bleyer

JPCC	Tu	6:45-7:45 pm	Sep 5-Oct 10	\$30	ages 23+
JPCC	Tu	6:45-7:45 pm	Oct 24-Dec 5*	\$30	ages 23+
JPCC	Tu	6:45-7:45 pm	Jan 23-Feb 27	\$30	ages 23+

*No class Oct 31

Culinary Arts

Cooking with Friends

Want to try your hand at recipes that will impress your family and friends? This class will focus on simple cooking and baking recipes that can be prepared as independently as possible by students with special needs. Students will concentrate on safety in the kitchen, basic cooking skills, follow recipe directions and communication. It's a fun time to socialize with new and old friends. Students will have the opportunity to taste and bring home leftovers to share with the family. **INSTRUCTOR:** Cathy Smith

JPCC	W	6:30-8:00 pm	Sep 6-27	\$60	ages 15+
JPCC	W	6:30-8:00 pm	Oct 4-25	\$60	ages 15+
JPCC	W	6:30-8:00 pm	Nov 1-29*	\$60	ages 15+
JPCC	W	6:30-8:00 pm	Jan 3-24	\$60	ages 15+
JPCC	W	6:30-8:00 pm	Feb 7-28	\$60	ages 15+

*No class Nov 22

ATHLETICS

YOUTH AND ADULT



Youth Athletics

BASKETBALL

Youth Basketball

Team practices begin in late October. Games are played December-February. League age is determined by participant's age on December 31, 2023. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Sep 1-7: Residents only Sep 8-21: Residents & Non-residents Sep 22-30: Late Registration (all)	Nov-Feb season	\$100	\$60 <i>RD</i>	ages 5-17 boys and girls
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Individual Basketball Training

In this 8-session program, J.J. Miller trains and develops all the basketball curriculum for our programs. We also have several Hooper's Elite certified trainers who are also USA Basketball licensed. Our individual training program concentrates on every aspect of the game and is specific to each individual player. These sessions are typically 1 player, however, they can be up to 3 if it's beneficial for each player. Sessions last 45 -60 minutes depending on the key areas that we are working on for the particular day. The first session will be an evaluation session in which we put our clients through some basic drills to assess their skill level and focus on areas of their game that should be strengthened. We also get the player's thoughts on the areas in which they would like to improve. With this information, we will put together a specific program to maximize improvement. The individual training programs include but are not limited to the following:

- Fundamentals (Ball Handling/Dribbling, Shooting, Passing, Defense, Rebounding, Footwork/agility, etc.)
- Drills (that can be translated to live play in games)

- Conditioning
- Mental aspects of the game
- Hidden gems (tips and pointers that I share only with my players on how to have an advantage in different areas during the game that I have learned through my own experiences of playing at the highest levels of each stage of my career.) **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	M-F	3:00-6:00 pm	Sep	\$500	\$400 <i>RD</i>	ages 7+
FPCC	M-F	3:00-6:00 pm	Oct	\$500	\$400 <i>RD</i>	ages 7+
FPCC	M-F	3:00-6:00 pm	Nov	\$500	\$400 <i>RD</i>	ages 7+
FPCC	M-F	3:00-6:00 pm	Dec	\$500	\$400 <i>RD</i>	ages 7+
FPCC	M-F	3:00-6:00 pm	Jan	\$500	\$400 <i>RD</i>	ages 7+
FPCC	M-F	3:00-6:00 pm	Feb	\$500	\$400 <i>RD</i>	ages 7+

**This program is for intermediate to advanced level players. Please contact JJ Miller at info@hoopers-elite.com to schedule training.*

Preschool Hoops

SWISH! Begin to develop your little ballers' skills in this fun and exciting basketball class. Participants will be taught the basics and FUNDamentals of basketball including dribbling, passing, shooting, and defense. Educated by former professional basketball player JJ Miller, this is an opportunity you can't miss! **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	Sa	9:00-9:45 am	Sep 2-23	\$100	\$80 <i>RD</i>	ages 3-5
FPCC	Sa	9:00-9:45 am	Feb 17-Mar 9	\$100	\$80 <i>RD</i>	ages 3-5

Skills, Drills & Development Basketball Clinic

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by J.J. Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball. **INSTRUC-**



TOR: JJ Miller, Hoopers Elite Basketball Services

FPCC	Sa	10:00-11:00 am	Sep 2-23	\$107	\$85 <i>RD</i>	ages 6-15
FPCC	Sa	10:00-11:00 am	Feb 17-Mar 9	\$107	\$85 <i>RD</i>	ages 6-15

ATHLETICS

Inge Basketball 3v3

Prior to the Winter Basketball Season, join NC State's Kenny Inge in a fast-paced competition each week this Fall. Coach Inge developed this COED 3v3 League for basketball players of all skill levels. You can bring your own team of 5 or we will place you on one. Eight game season, one game per week.

Registration: Aug 1-31	Sep-Oct season	\$195	\$155 RD	ages 8-17 boys and girls
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BASEBALL

Youth Baseball

League drafts/team placement will begin in March. Practices begin within one week of league drafts. Games are played primarily on weeknights from April through late June. League age is determined by participants age on April 30, 2023. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Feb 1-7: Residents only Feb 8-21: Residents & Non-Residents Feb 22-29: Late Registration (all)	Mar-Jun season	\$100	\$60 RD	boys, ages 5-17 girls, ages 5-15
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Dream League Baseball

An adaptive baseball league for school-aged children with special needs. League games are played on Saturday mornings from late April through early June at Heritage High Park. Registration is held online only throughout the month of February. **STAFF CONTACT:** Olivia Atkinson, oatkinson@wakeforestnc.gov, 919-556-7093

Registration: Feb 1-29	Apr-June season	\$15		boys & girls: school age
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Dream League Baseball "BUDDY" program

"Buddies" assist Dream League players during games, which are played on Saturdays from late April through early June. Registration will be held February 1-29.

Registration: Feb 1-29	Apr-May season	free*		ages 13+
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**Pre-registration is required*



Youth Athletic League Registration

YOUTH REGISTRATION: **New players** must submit a copy of the participant's birth certificate. **Returning players** are not required to submit a birth certificate. ALL registration for youth leagues will be held online during the specified registration periods. Computer access will be available at Joyner Park Community Center

should registrants need access. **RESIDENT/NON-RESIDENT RATES:** Participants that reside within the town's limits are eligible for the \$60 resident rate. Participants who live outside the town's limits are encouraged to participate in athletic programs but will be charged the \$100 non-resident fee.

TENNIS

Tennis Program

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WAFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit wfata.usta.com.

Adult Athletics

KICKBALL

Adult Co-Rec Kickball (Fall)

League play is scheduled to begin in mid-September, and games will be played on weeknights and/or Sundays throughout late October. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Aug 1-31	Sep-Oct season	\$225/team		ages 18+
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SOFTBALL

Men's Spring Competitive & Recreational Softball Leagues

Games played Monday, Wednesday, Thursday beginning in mid-March. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Feb 1-29	Mar-Apr season	\$550/team		ages 18+
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Church Men's Softball League

Games will be played Tuesday and Thursday beginning in late April. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Mar 1-31	Apr-Jun season	\$550/team		ages 18+
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SPRING 2024 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2018	2018	2018	2018	2018	2018	2018	2018	2019	2019	2019	2019	5
2017	2017	2017	2017	2017	2017	2017	2017	2018	2018	2018	2018	6
2016	2016	2016	2016	2016	2016	2016	2016	2017	2017	2017	2017	7
2015	2015	2015	2015	2015	2015	2015	2015	2016	2016	2016	2016	8
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	9
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	10
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	11
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	12
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	13
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	14
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	15
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	16
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.



Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	n/a
Senior League (15-17)	16	n/a
Senior League (15-17)	17	n/a



WINTER 2023-24 Youth Basketball

League Age

Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	AGE
2018	2018	2018	2018	2018	2018	2018	2018	2018	2018	2018	2018	5
2017	2017	2017	2017	2017	2017	2017	2017	2017	2017	2017	2017	6
2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	2016	7
2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	2015	8
2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	9
2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	10
2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	11
2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	12
2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	13
2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	14
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	15
2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	16
2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Volunteer Coaching

Volunteer coaches are valuable assets to Wake Forest athletic programs. These individuals demonstrate a selfless concern for the community as evidenced by their willingness to give of their time to help area children.

Opportunities are available to coach the following sports:

- basketball (November-February)
- volleyball (mid-May to late July)
- spring baseball, softball and t-ball (mid-March to late June)
- fall baseball/softball (mid-August through mid-October)

We strive to provide a safe environment for Wake Forest youth. Therefore, before a coach is permitted to participate in any of our youth leagues, he/she is required to annually complete and submit a background check consent form.

To inquire about coaching opportunities, contact Athletics & Aquatics Manager Edward Austin at 919-435-9562, eaustin@wakeforestnc.gov or Athletic Programs Specialist KP Kilpatrick kkilpatrick@wakeforestnc.gov.

Rained Out
Sign up to receive
game cancellation notices
via text message.

RainedOut is a free notification program that allows you to receive a text message on your cellphone when games have been cancelled. To enroll for **Youth Baseball/Softball, Dream League** or **Adult Softball**, send a text to 844-83 with the message "Fields23". For the **Volleyball League**, send a text to 844-83 with the message "VB2023". For **Youth Basketball** and **Spirit League**, send a text to 844-83, with the message "BB2023".

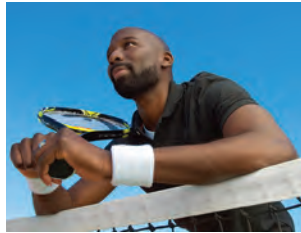


ADULT ATHLETICS

TENNIS

Tennis Program

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WAFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit www.wfata.usta.com.



PICKLEBALL

Pickleball Clinic - Beginner

Pickleball is considered one of the fastest-growing sports in the United States. It is a paddle sport that combines elements of tennis, badminton, and ping-pong, using a Pickleball paddle and a whiffle-type ball. Pickleball allows you to work on your balance, reflexes, and hand-eye coordination without placing excessive strain on your body. This clinic will provide the basic skills for learning how to play the game. Participants will learn basic rules, court position, basic techniques, courtesy and safety on and off the courts. **INSTRUCTOR:** USA Pickleball Ambassadors & Tom Calcutt

FPCC	Th	6:30-8:00 pm	Sep 7-28	\$63	\$50 RD	ages 18+
FPCC	M	8:30-10:00 am	Sep 11-Oct 2	\$63	\$50 RD	ages 18+
FPCC	M	8:30-10:00 am	Oct 9-30	\$63	\$50 RD	ages 18+
FPCC	M	8:30-10:00 am	Nov 6-27	\$63	\$50 RD	ages 18+
FPCC	M	8:30-10:00 am	Jan 8-29	\$63	\$50 RD	ages 18+
FPCC	M	8:30-10:00 am	Feb 5-26	\$63	\$50 RD	ages 18+
FPCC	Th	6:30-8:00 pm	Feb 22-Mar 14	\$63	\$50 RD	ages 18+



Pickleball Clinic - Intermediate

Ready to improve your pickleball technique even more? Players who are already experienced with serving and rallying consistently but are looking to take their game to the next level, are invited to join in! Participate in targeted drills designed to improve movement, shot selection, accuracy, consistency, and overall game strategy.

INSTRUCTOR: Troy Miller

JPC	M/W	6:30-8:00 pm	Sep 11 & 13	\$63	\$50 RD	ages 9+
JPC	M/W	6:30-8:00 pm	Sep 18 & 20	\$63	\$50 RD	ages 9+
JPC	M/W	6:30-8:00 pm	Oct 2 & 4	\$63	\$50 RD	ages 9+
JPC	M/W	6:30-8:00 pm	Oct 9 & 11	\$63	\$50 RD	ages 9+

Pickleball Fall League (Women's)

Pickleball Leagues are designed for seasoned players with a minimum skill level of 3.0 or more. This means you will be required to know the rules, court position and shot execution on a consistent basis. Skill level guidelines are posted on wakeforestpickleballclub.com website home page. The format will be individual ranking on a ladder league program. **INSTRUCTOR:** Sandy Brasseale

FPCC	M	6:30-8:30 pm	Aug 7-Oct 2	\$57	\$45 RD	ages 18+
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Pickleball Fall League (Men's)

Pickleball Leagues are designed for seasoned players with a minimum skill level of 3.0 or more. This means you will be required to know the rules, court position and shot execution on a consistent basis. Skill level guidelines are posted on wakeforestpickleballclub.com website home page. The format will be individual ranking on a ladder league program. **INSTRUCTOR:** Joe Vartanesian



FPCC	Tu	6:30-8:30 pm	Aug 8-Oct 3	\$57	\$45 RD	ages 18+
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RENAISSANCE CENTRE

FOR THE ARTS

Performances

The Malpass Brothers

Taking the Renaissance Centre stage for the 14th time, the Malpass Brothers are the perfect choice to kick off our 10-Year Anniversary Celebration. Brothers Christopher and Taylor Malpass are making their mark as internationally renowned touring artists following recent television appearances on Larry's Country Diner and Country's Family Reunion and regular performances on the Grand Ole Opry.

July 22	7:30 pm	Tickets: Reserved \$25, \$30, \$35 (low number of tickets available)
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Mystery Dinner Theater «SOLD OUT»

Up-and-coming artist, Sketch Framefiller, seems to have come out of the woodwork, yet some say his work is to die for. It will be up to you and your table of fellow sleuths to discover who could commit a dastardly crime. Dinner will be catered by Crumbstruction. Produced by It's A Mystery. Visit wakeforestrecn.org to view the full menu.

Aug 12	12:00 pm	Tickets: Reserved \$55 (includes 3-course dinner)
Aug 12	6:30 pm	

Wizard of Oz presented by Vital Theatre

Don't miss this incredible re-telling of an American classic that has been entertaining audiences for ages. Rediscover the joy of following the yellow brick road with Dorothy and friends as they travel through a re-imagined world of Oz. This scaled-down version will last approximately one hour and is suitable for children of all ages.



Sep 16	2:00 pm	Tickets: General Admission \$20 Adults, \$10 Students
Sep 16	6:00 pm	

Celebration of the Arts

The Public Art Commission will partner with the Renaissance Centre to host this family-friendly event featuring music, performances, and a variety of arts activities for people of all ages. Food will be onsite from 10 am - noon, and the first 100 meals are free.

Oct 7	9:00 am-1:00 pm	Free Admission
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Marcus Anderson 10th Anniversary Gala «SOLD OUT»

In November 2013, Marcus Anderson helped open the Renaissance Centre with a high-energy performance that cemented his status as one of our all-time favorite performers. Now, 10 years later, he'll return to our stage for what is sure to be the hottest ticket in town. VIP ticket holders will enjoy a reception offering hors d'oeuvres, beer, and wine, along with a "Marcus Meet & Greet." Doors open at 6:15 pm for the remainder of our dinner guests. At 7:30 pm Marcus and his ensemble will take the stage as audience members dance the night away. During a special part of the evening, the Public Art Commission will unveil original artwork to commemorate the Renaissance Centre's 10th Anniversary. Dinner will be catered by Cannon Catering. Visit wakeforestrecn.org to view the full menu. Dinner and Dancing (black tie optional).



Nov 18	5:30 pm VIP Reception 6:30 pm Dinner and Show	Tickets: VIP Reception, dinner, and show \$85; Dinner and show \$60
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Celtic Angels Christmas

Angel Dancers with Trinity Band Ensemble captivate audiences of all ages with the Magic of Christmas. Encompassing vocal and instrumental favorites with spectacular world-class chamber Irish dancing, this awe-inspiring show is a true holiday celebration of Christmas in Ireland!



Dec 15	7:30 pm	Tickets: Reserved \$35, \$40, \$45
Dec 16	3:00 pm	
Dec 16	7:30 pm	
Dec 17	3:00 pm	

RENAISSANCE CENTRE

Mesmerizing Magic

featuring Jason Hudy

Mystery. Intrigue. Comedy. Bewilderment. Jason Hudy's Mesmerizing Magic will transport you into the intricate world of magic and illusion. Promising to leave you breathless, this spellbinding one-of-a-kind performance will redefine your idea of what a magic show is!



Jan 27	7:30 pm	Tickets: General Admission \$25
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Jackie Robinson: A Game Apart

Jackie Robinson: A Game Apart provides a glimpse of Jackie Robinson's life during a bygone era of separate and unequal locker rooms, whites only hotels, and restaurants with only a back door for colored athletes to enter. Led by actor and playwright, Mike Wiley, A Game Apart is a powerful lesson of courage through dedication, perseverance, and leadership. Suitable for all ages.

Feb 24	11:00 am	Alston-Massenburg Center	Free Admission
Feb 24	7:00 pm	Renaissance Centre	Free Admission

2024 Film Festival

The Wake Forest Film Festival will spotlight passionate, creative, and thought-provoking movies by some of today's most promising and accomplished local, national, and international filmmakers. Intended for both the general public and film professionals, our two-day film showcase will engage audiences with films of all lengths and genres.

Mar 1-2	Times TBA	Tickets: General Admission \$20
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PURCHASE TICKETS

Tickets for shows may be purchased at wakeforestrencen.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458. **Ticket prices do not include tax.**

STAY CONNECTED

Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestrencen.org and clicking on "Join our Mailing List."



The Drifters

"Up on the Roof," "Under the Boardwalk," "This Magic Moment," "There Goes My Baby," "Dance with Me," "Spanish Harlem," "Stand by Me." The list of hits goes on and on. There's no better way to celebrate the Renaissance Centre's 10th year anniversary than to conclude the 10-month-long celebration with the iconic Drifters!

Apr 13	3:00 pm	Tickets: Reserved Seating \$25, \$30, \$35
Apr 13	7:30 pm	(low number of tickets available to the 7:30 pm show)

More art classes offered at the Renaissance Centre

theater
music
pottery
painting
dance
and more!

Visit the centre's website for a current list of offerings.
wakeforestrencen.org
 Go to the "education" tab then select "classes".

The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Olivia Atkinson, olivia@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.recdesk.com. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10

business day period other than for verified medical/hardship cases.

Risk & Liability

By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with/ actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

OPEN PLAY

RecCard required

To participate in Open Play, you must obtain and show your RecCard. RecCards are required for any individual over the age of six participating in Open Play. Children five and under do not need a RecCard but they must be accompanied to Open Play by a parent or guardian. To get a RecCard, you must first create a new online registration account at wakeforestnc.recdesk.com. RecCards are free. If you lose your RecCard, the charge to get a new one is \$5.

COVID

Please note that PRCR-sponsored programs and events are subject to change with limited notice. Wake Forest officials will continue to closely monitor updates and follow guidelines from the Wake County Health Department, N.C. Department of Health and Human Services and the Centers for Disease Control. Guidelines have been implemented in protocols established by the Town to address potential exposure to the coronavirus and protect our community and staff.

Please be sure to check the Town's website or call the Parks, Recreation & Cultural Resources Department for an update on the status of programs and events.



Staying active is good for you.





Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parks-recreation-cultural-resources](http://wakeforestnc.gov/parks-recreation-cultural-resources)

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EVENTS | PROGRAMS | ATHLETICS

