

RecConnect

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

MARCH-AUGUST 2022

SPRING SUMMER PROGRAM GUIDE



CAMPS | EVENTS | PROGRAMS | ATHLETICS



WELCOME



Wake Forest Parks, Recreation & Cultural Resources Department
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Alston-Massenburg Center
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CENTER MANAGER Garrett Bryant
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Flaherty Park Community Center
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CENTER MANAGER Grayson Pridgen
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Joyner Park Community Center
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Wake Forest Renaissance Centre for the Arts
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CENTRE MANAGER Debbie Dunn
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CENTRE SPECIALIST Debra Horton
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The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens by promoting health and wellness through diverse, safe, accessible, and culturally enriching recreational opportunities.



Meet our Staff

Mikkel Patterson serves as the Town's Recreation Center Specialist for Joyner Park Community Center. He assists with the daily operations of Joyner Park Community Center, while making sure programs are scheduled and working. This includes staff supervision, promoting a positive and welcoming environment for all members and colleagues, and program/activities planning. He graduated from Appalachian State University in 2006 with a bachelor's degree in Recreation Management and a minor in Business Administration. He has been with Town of Wake Forest since October 2021.

Mikkel has been working in the parks, recreation, and leisure studies field since he was 15 years old. His experience includes officiating and field supervision of youth and adult sports with McDowell County & Watauga County Parks, program planner and front desk assistant at Rumbling Bald Resort at Lake Lure, Athletic Director with the Boys and Girls Club, and the Athletics Program Coordinator with Asheville Parks and Recreation. Mikkel is currently serving on the Athletics Director Workshop through the NCRPA and prior to moving to Raleigh, served on the Juvenile Crime Prevention Council board for two years.

During his off hours, he enjoys spending time with his family, loves Starbucks, the Florida State Seminoles and the Kansas City Chiefs. In his free time, he enjoys weight training, playing adult travel softball on the weekends and league play.



Program registration begins Feb 1

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Joyner Park Community Center (JPCC)**, 701 Harris Road, Mon-Fri 6 am-10 pm, Sat 8 am-4 pm, Sun 1-5 pm
- **Flaherty Park Community Center (FPCC)**, 1226 N. White St., Mon-Fri 8 am-10 pm, Sat 8 am-4 pm, Sun 1-5 pm
payments by checks and credit/debit cards only
- **Alston-Massenburg Center**, 416 N. Taylor St., Mon-Fri 12-8 pm, Sat 8 am-4 pm, Sun 1-5 pm
payments by checks and credit/debit cards only

Rec Card required to access amenities at PRCR facilities

Wake Forest residents and non-residents ages 11 and older must have a Recreation Card (Rec Card) to access amenities offered at all PRCR facilities including Joyner Park Community Center. Those without a Rec Card may visit PRCR facilities any time, but a Rec Card is required to access the amenities.

Amenities that require a Rec Card:

Indoor walking track, cardio equipment, exercise room, open gym times for volleyball, basketball and pickleball

Rec Card Fees:

RESIDENTS: Free. **NON-RESIDENTS:** \$25 (individual), \$50 (family). **DROP-IN FEE:** \$5. **REPLACEMENT FEE:** \$5 for lost or stolen cards.

To Obtain a Rec Card:

1. Create a profile at wakeforestnc.recdesk.com
2. Visit the JPCC, FPCC or the Alston-Massenburg Center to have your picture taken and present proof of residency.

Expiration: Rec Cards are valid for one year from date of purchase and must be renewed annually.

COVID-19 Please note that PRCR-sponsored programs and events are subject to change with limited notice. Wake Forest officials will continue to closely monitor updates and follow guidelines from the Wake County Health Department, N.C. Department of Health and Human Services and the Centers for Disease Control. Guidelines have been implemented in protocols established by the Town to address potential exposure to the coronavirus and protect our community and staff.

Please be sure to check the Town's website or call the Parks, Recreation & Cultural Resources Department for an update on the status of programs and events.

EVENTS

AND COMMUNITY ACTIVITIES



SIX SUNDAYS IN SPRING
APR 24–MAY 29

Mother-Son Dance

Celebrate the special bond that mothers and sons share with an evening of fun at the Town of Wake Forest's Mother-Son dance. Treat your son to a night of music, dancing and memories that he will have for a lifetime. This evening includes music, entertainment and refreshments.



WFCH	Mar 11	F	6:30-8:30 pm	\$38/couple* \$30/couple* RD	ages 3+
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*Additional children are \$8/child

Mother-Daughter Tea

Wear your fancy tea dresses, your big floppy hats and your best gloves (not mandatory)! Enjoy tea cakes, little scones, bite sized cookies and of course tea! Bring your daughters and enjoy this fun time of tea and bonding.



WFCH	Mar 26	Sa	10:00-11:30 am	\$38/couple* \$30/couple* RD	ages 3+
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*Additional children are \$8/child

Easter Egg Hunt

Over 10,000 eggs will be hidden at this year's Easter Egg Hunt! The egg hunt will feature multiple hunt areas, each for a different age group. This event will begin at 10:00 am starting with the youngest participants (0-3 years) and will continue at 15-minute intervals for different age groups, ending with ages 10-12 at 10:45 am. Bring your own basket and arrive early for good parking!



Joyner Park*	Apr 9	Sa	10:00-11:00 am	free	all ages
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*In case of inclement weather, the event may be relocated to the Joyner Park Community Center, 701 Harris Rd.

Egg-ceptional Egg Hunt

This egg hunt is free and will cater to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed.

Joyner Park*	Apr 9	Sa	11:15-11:45 am	free	all ages
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*In case of inclement weather, the event may be relocated to the Joyner Park Community Center, 701 Harris Rd.

NATIONAL TRAILS DAY
JUNE 4



Six Sundays in Spring Concert Series

Bring a lawn chair and enjoy live music at the park! The Six Sundays in Spring concert series is co-sponsored by the Wake Forest Parks, Recreation and Cultural Resources Department and ARTS Wake Forest. **Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited.** Various food truck vendors will be onsite during each concert.

Joyner Park	Apr 24–May 29	Su	5:30–7:30 pm	free	all ages
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Movie Night in the Park

The Wake Forest Parks, Recreation & Cultural Resources Department presents Family Movie Nights at Joyner Park. There will be assorted food vendors on site selling snacks and beverages. Area residents planning to attend are encouraged to arrive early as viewing space may be limited. E. Carroll Joyner Park is located at 701 Harris Road. **Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited.**

Joyner Park	May 21	Sa	8:30 pm	free	all ages
Joyner Park	Jun 18	Sa	8:30 pm	free	all ages
Joyner Park	Jul 23	Sa	8:30 pm	free	all ages
Joyner Park	Aug 6	Sa	8:30 pm	free	all ages

**In case of inclement weather, the event may be relocated to the Joyner Park Community Center, 701 Harris Rd.*

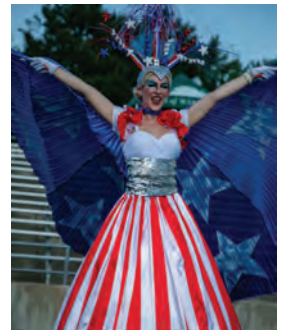
Memorial Day Remembrance – Wall of Honor ◀NEW!▶

It's time to remember and thank those who served our country. We will be recognizing those in all branches of the military service with their own flag that will be outside one of three recreational facilities. Sign up online for free to submit the names of individuals to be recognized, including their branch of the military, and we will honor them with their own flag in remembrance.

JGCC, AMC & FPCC	May 1–27	Su–Sa	free	all ages
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Independence Day Celebration

The 2022 Independence Day Celebration is a two-day event will include the Fireworks Spectacular at Heritage High School, 1150 Forestville Road, on Sunday, July 3, followed by the Children's Parade and Art & Games in the Park on Monday, July 4. All of the events are free and open to the public. Visitors are reminded that alcoholic beverages, smoking and pets are prohibited. For more information, visit wakeforestnc.gov and search "Independence Day."



Heritage High School	Jul 3	Su	5:30–9:30 pm	free	all ages
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National Trails Day

The Town of Wake Forest will celebrate National Trails Day, Saturday, June 4, at E. Carroll Joyner Park, 701 Harris Road. The event will feature a family-friendly 5K walk/run from 8-9 am, followed by free activities including health and fitness activities and much more.

Joyner Park	Jun 4	Sa	8:00–11:00 am	free*	all ages
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**Activities are free, 5k walk/run will require a registration fee*

Concert in the Park

Bring a lawn chair and enjoy live music at the park. The performing bands will be announced at a later date. Concert in the Park is sponsored by the Wake Forest Parks, Recreation & Cultural Resources Department. **Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited.**

Joyner Park	Sep 4	Su	5:30–7:30 pm	free	all ages
Joyner Park	Sep 11	Su	5:30–7:30 pm	free	all ages

Wake Forest Unplugged

Disconnect from your electronic devices and join other Wake Foresters for an afternoon of free games and activities. Make it a day and stay for Concert in the Park beginning at 5 p.m. **SPONSORED & COORDINATED BY:** Wake Forest PRCR Advisory Board

Joyner Park	Sep 11	Su	4:00–6:00 pm	free	all ages
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PARKS & GREENWAYS

PLACES TO PLAY

From our flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk



E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns, restored farm buildings and three miles of paved trails, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Leashed dogs are welcome to enjoy the trails. Amidst the beautiful scenery is the new Joyner Park Community Center and outdoor playground.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Performance Garden	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$75-\$800 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Open Space, Picnic Shelters & Greenways	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-554-6726
HOURS: dawn to dusk



DOG PARK

Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, a dog park, tennis courts, pickleball courts and a community center. *See page 9 for center information.*

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk
Athletic Field(s)	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk



Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, the Wake Forest Community House and the new Holding Park Aquatic Center. The aquatic center includes a six-lane, 25-yard lap pool, two water slides with plunge pool and a children's pool with water play.

RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 8 for Wake Forest Community House rental information





Acres	Amphitheater	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Fitness Equipment (outdoor)	Flower Garden	Greenway	Grill	Open Space	Pickleball Court	Picnic Shelter	Picnic Tables	Playground	Pond	Restrooms	Soccer Field	Sprayground	Swimming Pool	Tennis Court
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PARKS

Ailey Young Park 800 Juniper Ave.	15		●	●					●			●	●	●		●					
DuBois Park 518 N. Franklin St.	0.4			●										●							
E. Carroll Joyner Park 701 Harris Rd.	117	●		●	●	●	●	●	●	●	●	●	●	●	●	●					
H.L. Miller Park 401 Elm Ave.	2							●					●								
Heritage High Park* 1140 Forestville Rd.	25		●	●				●								●	●				●
Holding Park 133 W. Owen Ave.	5		●	●	●				●	●			●	●		●				●	
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●				●
Kiwanis Park 400 E. Holding Ave.	1							●				●	●	●							
Plummer Park 965 Jones Wynd	0.5											●	●	●							
Smith Creek Soccer Center 690 Heritage Lake Rd.	17					●	●	●				●	●	●		●	●				
Taylor Street Park 416 N. Taylor St.	1.5				●		●		●			●	●	●		●				●	
Tyler Run Park 830 Pineview Dr.	9		●	●		●		●					●	●							

*Heritage High School park facilities are open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the Town's greenways.

For more information visit wakeforestnc.gov and search "adopt a trail."



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



GREENWAYS

	Paved (P), Soft Trail (S)	Fitness Equipment	Length in Miles
E. Carroll Joyner Park 701 Harris Rd.	P	●	3.0 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P		1.3 mi.
H.L. Miller Park 401 Elm Ave.	P		0.4 mi.
J.B. Flaherty Park 1226 N. White St.	P	●	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P		0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P		0.45 mi.
Sanford Creek Heritage South Greenway	P	●	3.93 mi.
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P		1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	●	2.42 mi.
Tyler Run Park 830 Pineview Dr.	P	●	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S		1.6 mi.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School and Tyler Run Park.

Soccer fields are located at Heritage High School and Smith Creek Soccer Center. See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to PRCR/league schedules</i>

Wake Forest Reservoir

Located off of Traditions Grande Boulevard, the Wake Forest Reservoir is open for paddle and electric powered boats. A small concrete boat ramp is adjacent to the parking area. Hikers can explore the 1.6 mile trail which follows the west bank of the lake.



Wake Forest's community centers are gathering spots for

Alston-Massenburg Center

416 N. Taylor St. | 919-554-6189

HOURS: Mon-Fri 12 pm-8 pm; Sat 8 am-4 pm;
Sun 1-5 pm

AMENITIES: Large meeting room with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground, picnic shelter and sprayground.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Sat & Sun only:</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	24 tables 125 chairs available

Compare Amenities

	Available for Rent	Class/Program Room	Dance Studio	Fitness Equipment	Game Room	Gymnasium	Indoor Walking Track	Kitchen	Locker Rooms/Showers	Meeting Room	Performance Stage	Pickleball Court	Swimming Pool
Alston-Massenburg Center 416 N. Taylor St.	●	●						●	●	●			
Flaherty Park Community Center 1226 N. White St.	●	●			●	●		●		●			
Holding Park Aquatic Center 133 W. Owen Ave.													●
Joyner Park Community Center 701 Harris Road	●	●	●	●		●	●	●	●	●		●	
Wake Forest Community House 133 W. Owen Ave.	●							●		●			
Wake Forest Renaissance Centre 405 S. Brooks St.	●	●								●	●		

Wake Forest Community House

133 W. Owen Ave. | 919-435-9560

HOURS: Open for scheduled programs and private rentals

AMENITIES: The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House includes a kitchen and adjoins the Holding Park Aquatic Center and playground. To rent the Community House, call 919-435-9560 or visit the PRCR office at Joyner Park Community Center.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Fri, Sat & Sun</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	27 tables 170 chairs available



Getting married?
Consider renting a town facility for your special day.

COMMUNITY CENTERS

AND RENTAL FACILITIES



fun and recreation – the perfect location for your next special event.

Joyner Park Community Center

701 Harris Road | 919-435-9560

HOURS: Mon-Fri 6 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

AMENITIES: Gymnasium, indoor walking track, cardio equipment, dance studio, meeting rooms, kitchen, locker rooms and showers

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov, search "Joyner Park Community Center."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 individual \$350 business	Rates range from \$75/hr- \$300/hr Two hour minimum. See website for details	Sat & Sun only	Fits 522 chairs or 300 chairs plus tables*
Kitchen	–	Add-on fees range from \$35-\$150	Daily	–
Multipurpose Room (entire room)	\$150 individual \$350 business	Rates range from \$25/hr- \$100/hr Two hour minimum. See website for details	Mon-Fri	86 chairs, 16 tables available
Multipurpose Room (entire room)	\$150 individual \$350 business	Rates range from \$35/hr- \$160/hr Two hour minimum. See website for details	Sat & Sun	86 chairs, 16 tables available
Supervisory Fee for After-hours	–	\$15/hr Mon-Fri 10 pm-midnight, Sat 4 pm-midnight, Sun 8 am-1 pm, 5 pm-midnight	Daily	–

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.

Flaherty Park Community Center

1226 N. White St. | 919-554-6726

HOURS: Mon-Fri 8 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

AMENITIES: Gymnasium, arts & crafts room, game room, meeting room with adjoining kitchen

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov, search "Flaherty Park."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 individual \$350 business	Rates range from \$75/hr- \$300/hr Two hour minimum. See website for details	Sat & Sun only	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$150 individual \$350 business	Rates range from \$40/hr- \$160/hr Two hour minimum. See website for details	Sat & Sun only	4 tables 20 chairs available
Open Space	\$50 individual \$150 business	Rates range from \$15/hr- \$150/hr Two hour minimum. See website for details	Daily	–

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St. | 919-435-9458 | Event Hotline: 919-435-9428

Arts Annex: 407 S. Brooks St.

The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events.

AMENITIES: Grand hall, performance stage, meeting rooms, food staging area, dressing room

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestrenc.org or call 919-435-9458.



PRESCHOOL

PROGRAMS & CLASSES



Art

Toddler Art

Parents and their children are invited to join fun and exciting one-day themed workshops! Participants will explore different themes through hands-on arts and craft projects and a story time with Mr. Moo Monet. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	10:00-10:45 am	Mar 3-24	\$60 \$48 <i>RD</i>	18 mos-3 yrs
Flah Park	Th	10:00-10:45 am	Apr 21-May 12	\$60 \$48 <i>RD</i>	18 mos-3 yrs

Preschool Art

Parents and their children are invited to join fun and exciting one-day themed workshops! Parents are welcome to drop off their children after signing them in. Participants will explore different themes through hands-on arts and craft projects and a story time with Mr. Moo Monet. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	11:00-12:30 pm	Mar 3-24	\$67 \$53 <i>RD</i>	ages 3-5
Flah Park	Th	11:00-12:30 pm	Apr 21-May 12	\$67 \$53 <i>RD</i>	ages 3-5

Earth Day Birthday «NEW!»

Help us celebrate Mother Earth's birthday! Together, we will enjoy a mini cupcake, story time, a craft and a walk on the trails in Joyner Park! Celebrate with us this fun and exciting birthday celebration! **INSTRUCTOR:** JPCC Staff

JPCC	F	10:00-11:00 am	Apr 22	\$9 \$7 <i>RD</i>	ages 2-6
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Dance

Ballet I «NEW!»

Join us for a toddler introduction to the magic of ballet by exploring enchanted worlds of fairies, princesses, and sugar plums. Your little ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Toddlers will learn spatial awareness, musical rhythms, and following directions all while having fun! Requirements: comfortable, easy to move in clothing and ballets shoes. Tutus welcomed. **INSTRUCTOR:** Caroline Steffen

WFCH	M	9:30-10:00 am	Apr 25-May 16	\$50 \$40 <i>RD</i>	ages 2-3
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Ballet II

Join us for an introduction to the magic of ballet by exploring enchanted worlds of fairies, princesses, and sugar plums. Your little ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Ballerinas will learn spatial awareness, musical rhythms, and following directions all while having fun! **REQUIREMENTS:** leotard, tights and ballets shoes. Tutus recommended. **INSTRUCTOR:** Caroline Steffen

WFCH	M	10:15-10:45 am	Apr 25-May 16	\$50 \$40 <i>RD</i>	ages 3-6
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Basic Balance TOTS ◀ NEW! ▶

Your little one will love this introduction class to gymnastics. Your student will explore the basics of gymnastics. They will learn coordination, balance, muscle development, and proper alignment with all-around physical fitness in a fun and safe environment. The basic gymnastics skills introduced include tumbling and balance beam. **REQUIREMENTS** Leotard and biker shorts. Bare feet. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Tu	5:30-6:00 pm	Mar 1-Apr 5	\$63 \$50 RD	ages 2-4
AMC	Tu	5:30-6:00 pm	Apr 26-May 31	\$63 \$50 RD	ages 2-4
AMC	Tu	5:30-6:00 pm	Jul 5-Aug 9	\$63 \$50 RD	ages 2-4

Dance 4 Tots I

Your little one will be on their tiny feet in no time, all while learning ballet, tap, music and creative movement. Movement exploration will teach the difference from left and right, how to balance, hop, skip, and jump. Additionally, they will learn coordination skills through dances to music. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of face. Boys: White tee shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	W	5:30-6:30 pm	Mar 2-Apr 6	\$63 \$50 RD	ages 2-3
JPCC	Sa	9:00-9:30 am	Mar 5-Apr 9	\$63 \$50 RD	ages 2-3
JPCC	W	5:30-6:30 pm	Apr 27-Jun 1	\$63 \$50 RD	ages 2-3
JPCC	Sa	9:00-9:30 am	Apr 30-Jun 11*	\$63 \$50 RD	ages 2-3
JPCC	W	5:30-6:30 pm	Jul 6-Aug 10	\$63 \$50 RD	ages 2-3

*No class Jun 4

Dance 4 Tots II

Is your dancer ready for a more age-appropriate challenge? This next-level dance class will have your little one on their tiny feet in no time! They will learn ballet, tap, music, and creative movement and will explore movements that teach the difference from left and right, and how to balance, hop, skip, and jump. Additionally, they will learn coordination skills through dance to music. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of the face. Boys: White tee shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Tu	6:10-6:40 pm	Mar 1-Apr 5	\$63 \$50 RD	ages 4-6
JPCC	Sa	9:40-10:10 am	Mar 5-Apr 9	\$63 \$50 RD	ages 4-6
AMC	Tu	6:10-6:40 pm	Apr 26-May 31	\$63 \$50 RD	ages 4-6
JPCC	Sa	9:40-10:10 am	Apr 30-Jun 11*	\$63 \$50 RD	ages 4-6
AMC	Tu	6:10-6:40 pm	Jul 5-Aug 9	\$63 \$50 RD	ages 4-6

*No class Jun 4

Performance Dance 4 Tots

This technical and foundational building class will include skills from the Dance 4 TOTS class, however, prior experience is not required. The class will build upon each other in six-week sessions. Students will participate in shows, parades, and end-of-year recitals. Additional costume and recital fees are required and non-refundable. Seasonal consistency in 2-3 of six-week class sessions is a requirement to perform. Students will learn ballet, tap, music, and creative movement every week. Movement exploration will help teach the difference between left and right, how to balance, hop, skip and jump. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of their face. Boys: White tee-shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Th	6:30-7:00 pm	Mar 3-Apr 7	\$69 \$55 RD	ages 3-6
JPCC	W	6:10-6:40 pm	Mar 2-Apr 6	\$69 \$55 RD	ages 3-6
AMC	Th	6:30-7:00 pm	Apr 28-Jun 2	\$69 \$55 RD	ages 3-6
JPCC	W	6:10-6:40 pm	Apr 27-Jun 1	\$69 \$55 RD	ages 3-6
AMC	Th	6:30-7:00 pm	Jul 7-Aug 11	\$69 \$55 RD	ages 3-6
JPCC	W	6:10-6:40 pm	Jul 6-Aug 10	\$69 \$55 RD	ages 3-6

PRESCHOOL

Hip Hop TOTS

Is your little one always dancing when the radio comes on? Do they enjoy high-energy movement? If so, this is a great beginner class for your young hip-hop creative mover. Our amazing teacher will teach your young students hip-hop dance choreography that is fun, creative, and energizing. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive dance style varies from pop and rhythmic movements to creative, stylish moves done to the latest hip hop, pop, and radio music. Your student will have the wonderful experience of exploring the creative world of Hip Hop Dance. **REQUIREMENTS:** Comfortable workout clothes or shorts and a tee-shirt. Sneakers or jazz/hip hop shoes. **INSTRUCTOR:** Monet Dance Performing Arts

JPCC	Sa	10:20-10:50 am	Mar 5-Apr 9	\$63 \$50 RD	ages 4-6
JPCC	Sa	10:20-10:50 am	Apr 30-Jun 11*	\$63 \$50 RD	ages 4-6

*No class Jun 4

Athletics

Preschool Hoops

SWISH! Begin to develop your little ballers' skills in this fun and exciting basketball class. Participants will be taught the basics and FUNDamentals of basketball including dribbling, passing, shooting, and defense. Educated by former professional basketball player JJ Miller, this is an opportunity you can't miss! **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	9:00-9:45 am	Mar 5-26	\$94 \$75 RD	ages 3-5
Flah Park	Sa	9:00-9:45 am	Apr 16-May 7	\$94 \$75 RD	ages 3-5

Martial Arts

Little Lions Taekwondo

Our exciting program for kids will develop your child's focus, self-esteem, self-confidence, and overall sense of purpose! Little Lions opens the door by introducing participants to important life skills such as, focus, teamwork, and memory through fun and motivational training. Additional \$50 fee paid to instructor for uniform and t-shirt at first class. **INSTRUCTOR:** CORE Taekwondo Performance Center

JPCC	Th	5:30-6:00 pm	Mar 3-24	\$69 \$55 RD	ages 3-10
JPCC	Th	5:30-6:00 pm	Mar 31-Apr 21	\$69 \$55 RD	ages 3-10
JPCC	Th	5:30-6:00 pm	Apr 28-May 19	\$69 \$55 RD	ages 3-10
JPCC	Th	5:30-6:00 pm	May 26-Jun 16	\$69 \$55 RD	ages 3-10
JPCC	Th	5:30-6:00 pm	Jun 23-Jul 14	\$69 \$55 RD	ages 3-10
JPCC	Th	5:30-6:00 pm	Jul 21-Aug 11	\$69 \$55 RD	ages 3-10



Open Play

Open Play

The Wake Forest Parks, Recreation and Cultural Resources Department offers open play times for participants to play sports in our indoor facilities. Activities vary by location and may include basketball, volleyball, badminton or preschool open play. Please visit wakeforestnc.recdesk.com/Community/Calendar for the most up-to-date offerings. **NOTE:** Non-residents must purchase a RecCard membership to participate.

Culinary Arts

Kindercooks with Books ◀NEW!▶

Kids will have a tale to tell after enjoying storybook time then diving into the kitchen. From cookies to donuts, your aspiring chefs will not want to miss this book-themed cooking extravaganza! Parent participation is required. **INSTRUCTOR:** Shirley Coltrane

JPCC	Sa	9:30-11:00 am	Mar 19	<i>If You Give a Mouse a Cookie</i>	\$44 \$35 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	May 7	<i>If You Give a Dog a Donut</i>	\$44 \$35 RD	ages 3-7
JPCC	Sa	9:30-11:00 am	Jun 4	<i>If You Give a Moose a Muffin</i>	\$44 \$35 RD	ages 3-7

Spring Fling Party ◀NEW!▶

Let's celebrate the warmer weather, beautiful blooms bursting, green grass returning, and all living things coming out to play in spring. We will read a fun spring book, create an adorable bunny craft, prepare an "eggcellent" snack, and make a picture frame for you to be able to put your favorite spring photo in! **INSTRUCTOR:** Shirley Coltrane

JPCC	Sa	9:30-11:00 am	Apr 9		\$56 \$45 RD	ages 3-10
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Fun Time Looking at Me ◀NEW!▶

Do you love Eric Carle and his amazing books? The author and illustrator has brought us so many favorites, *The Very Hungry Caterpillar*, *Brown Bear, Brown Bear What Do You See*, *The Very Busy Spider* and so many more. We will read some of Eric Carle's most loved works and then we will use a variety of art mediums to create some of his most memorable characters! We will even create a yummy snack celebrating this incredible author! **INSTRUCTOR:** Shirley Coltrane

JPCC	Sa	9:30-11:00 am	Jul 16		\$44 \$35 RD	ages 3-7
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Art

Homeschool Art <<NEW!>>

Come join in on the fun in this 4 week class. We will explore the elements of art such as line, color and composition. We also will use many kinds of media such as watercolor, tempura, chalk, and acrylic paints. In each session the children will finish an 11 x 14 canvas. Each session has a different theme. This class can get messy so dress accordingly. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	1:30-3:00 pm	Mar 3-24	\$75 \$60 <i>RD</i>	ages 6-12
Flah Park	Th	1:30-3:00 pm	Apr 21-May 12	\$75 \$60 <i>RD</i>	ages 6-12

Afterschool Art <<NEW!>>

Come join in on the fun in this 4 week class. We will explore the elements of art such as line, color and composition. We also will use many kinds of media such as watercolor, tempura, chalk, and acrylic paints. In each session the children will finish an 11 x 14 canvas. Each session has a different theme. This class can get messy so dress accordingly. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	4:30-6:00 pm	Mar 3-24	\$75 \$60 <i>RD</i>	ages 6-12
Flah Park	Th	4:30-6:00 pm	Apr 21-May 12	\$75 \$60 <i>RD</i>	ages 6-12

Beginning Watercolor <<NEW!>>

Learn the basic techniques of transparent watercolor. Find out about the best paper, paint and brushes to use. Students will create multiple paintings after learning how to do wet-on-wet washes, wet-on-dry washes, and building layers of colors with a variety of subject matter including: landscapes, cityscapes, and still-life. Students can copy the instructor's paintings or work on their own subjects. **INSTRUCTOR:** Ryan Fox

Flah Park	W	1:00-4:00 pm	Mar 2-30	\$132 \$105 <i>RD</i>	ages 15+
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Continuing Watercolor <<NEW!>>

This class will explore various watercolor techniques and styles ranging from unique color combinations, alternate surfaces, extreme monochromatic granulation and more. Different subjects and techniques will be demonstrated in each class session. **INSTRUCTOR:** Ryan Fox



Flah Park	W	1:00-4:00 pm	May 4-Jun 1	\$132 \$105 <i>RD</i>	ages 15+
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Music

Beginner Guitar <<NEW!>>

In this course students will learn how to play "I want to hold your hand" by The Beatles. Additionally they will learn the anatomy and how to tune a guitar as well as other guitar exercises and techniques. Students will learn basic and power chords which they will use to play "Seven Nation Army" by The White Stripes. Guitars will be provided for use during class. **INSTRUCTOR:** School of Rock



Flah Park	M	4:00-5:00 pm	Mar 7-Apr 4	\$125 \$100 <i>RD</i>	ages 8-12
Flah Park	M	4:00-5:00 pm	Apr 18-May 16	\$125 \$100 <i>RD</i>	ages 8-12
Flah Park	M	4:00-5:00 pm	May 30-Jun 27	\$125 \$100 <i>RD</i>	ages 8-12
Flah Park	Sa	10:00-11:00 am	Mar 5-Apr 2	\$125 \$100 <i>RD</i>	ages 8-12
Flah Park	Sa	10:00-11:00 am	Apr 16-May 14	\$125 \$100 <i>RD</i>	ages 8-12
Flah Park	Sa	10:00-11:00 am	May 28-Jun 25	\$125 \$100 <i>RD</i>	ages 8-12

Beginning Piano <<NEW!>>

In this course students will learn how to play "Imagine" by John Lennon. Additionally they will learn about the different keys on a piano, how to find middle C and what sharps and flats are. Students will also learn the basics of reading music, time signatures, treble and bass clef and major and minor chords. Keyboards will be available for students to share during class. **INSTRUCTOR:** School of Rock

Flah Park	Tu	4:00-5:00 pm	Mar 8-Apr 5	\$125 \$100 RD	ages 8-12
Flah Park	Tu	4:00-5:00 pm	Apr 19-May 17	\$125 \$100 RD	ages 8-12
Flah Park	Tu	4:00-5:00 pm	May 31-Jun 28	\$125 \$100 RD	ages 8-12
Flah Park	Sa	10:00-11:00 am	Mar 5-Apr 2	\$125 \$100 RD	ages 8-12
Flah Park	Sa	10:00-11:00 am	Apr 16-May 14	\$125 \$100 RD	ages 8-12
Flah Park	Sa	10:00-11:00 am	May 28-Jun 25	\$125 \$100 RD	ages 8-12



Beginning Singing <<NEW!>>

In this course students will learn how to perform "Eye of the Tiger" by Survivor. Additionally they will learn warm-up and breathing techniques. Students will learn how to find starting pitch in relation to chord and learn about chord progressions in singing. **INSTRUCTOR:** School of Rock

Flah Park	W	4:00-5:00 pm	Mar 9-Apr 6	\$125 \$100 RD	ages 8-12
Flah Park	W	4:00-5:00 pm	Apr 20-May 18	\$125 \$100 RD	ages 8-12
Flah Park	W	4:00-5:00 pm	Jun 1-29	\$125 \$100 RD	ages 8-12
Flah Park	Sa	11:15 am-12:15 pm	Mar 5-Apr 2	\$125 \$100 RD	ages 8-12
Flah Park	Sa	11:15 am-12:15 pm	Apr 16-May 14	\$125 \$100 RD	ages 8-12
Flah Park	Sa	11:15 am-12:15 pm	May 28-Jun 25	\$125 \$100 RD	ages 8-12

Supreme DJ Lessons <<NEW!>>

This class will teach youth and adults the origin of deejaying. Learn what a DJ actually does behind the scenes to prepare for an event. This course will also teach you how to take deejaying from a hobby to a business. **INSTRUCTOR:** DJ Supreme

AMC	M	6:30-7:30 pm	Mar 21-Apr 11	\$125 \$100 RD	ages 8+
AMC	M	6:30-7:30 pm	Jul 11-Aug 1	\$125 \$100 RD	ages 8+
AMC	M	6:30-7:30 pm	Oct 3-24	\$125 \$100 RD	ages 8+

Dance

Performance Creative Combo I

This technical and foundational building class will include skills from the Dance 4 TOTS and Dance 4 TOTS Performance Class, however, prior experience is not required. The class will build upon each other in each 6-week session. Students will participate in shows, parades, and end of year recitals. Additional recital and costume fees are required and non-refundable. Consistency in the 2-3 six week class sessions is a requirement for performance. Students will learn ballet, tap, jazz, and some hip hop on a weekly basis. Movement exploration will include the ballet barré, center and across the floor techniques. **REQUIREMENTS:** Girls: leotard, tights, tutu or skirt, pink ballet shoes, hair pulled up and out of face. Boys: White tee-shirt, black dance pants, compression pants, sweat pants, and black ballet shoes, tap shoes. Jazz shoes may be purchased or go barefoot. **INSTRUCTOR:** Monet Dance Performing Arts Studio

AMC	Th	7:10-8:00 pm	Mar 3-Apr 7	\$75 \$60 RD	ages 7-11
AMC	Th	7:10-8:00 pm	Apr 28-Jun 2	\$75 \$60 RD	ages 7-11
AMC	Th	7:10-8:00 pm	Jul 7-Aug 11	\$75 \$60 RD	ages 7-11

Hip Hop Explosion Beginner

This is an amazing beginner class for your young hip hop creative mover. Our amazing teacher will teach your young students hip hop dance choreography that is fun, creative, and energizing. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music. Your student will have the wonderful experience of exploring the creative world of Hip Hop Dance. **REQUIREMENTS:** Comfortable workout clothes or shorts and a tee-shirt. Sneakers or jazz/hip-hop shoes. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JPCC	W	6:50-7:20 pm	Mar 2-Apr 6	\$63 \$50 RD	ages 6-9
JPCC	W	6:50-7:20 pm	Apr 27-Jun 1	\$63 \$50 RD	ages 6-9
JPCC	W	6:50-7:20 pm	Jul 6-Aug 10	\$63 \$50 RD	ages 6-9

Hip Hop Explosion Juniors

Your child will be extremely excited about this energetic class! Our amazing teacher will teach students hip hop dance choreography that is fun, creative, and challenging. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music. Your student will have the wonderful experience of exploring the creative world of Hip Hop Dance Style. **REQUIREMENTS:** Comfortable workout clothes or shorts and a tee-shirt. Sneakers or jazz/ hip-hop shoes.

INSTRUCTOR: Monet Dance Performing Arts Studio

AMC	Tu	6:50-7:20 pm	Mar 1-Apr 5	\$63 \$50 RD	ages 10-15
AMC	Tu	6:50-7:20 pm	Apr 26-May 31	\$63 \$50 RD	ages 10-15
AMC	Tu	6:50-7:20 pm	Jul 5-Aug 9	\$63 \$50 RD	ages 10-15

Performance "Bring It" Majorette Dance

Join this high-energy, synchronized, rhythmic dance-building class that will have you wanting more! The moves and techniques draw from ballet, jazz, modern dance, hip hop, and gymnastics. This movement class challenges your discipline, originality, passion, and teaches you to compete with yourself to become the best dancer! This tailor-designed one-hour class will build the dancer's strength, technique, and stamina throughout each session. Commitment is recommended but not required. Dancers who consistently attend 2-3 of six weeks session will be eligible to perform (additional costume and recital fees will apply and are non-refundable). **REQUIREMENTS:** Comfortable athletic or dance clothes, "Slip-On Jazz Shoe" recommended not required or barefoot (bring socks). **INSTRUCTOR:** Monet Performing Arts Studio

AMC	Tu	7:30-8:00 pm	Mar 1-Apr 5	\$75 \$60 RD	ages 10-16
AMC	Tu	7:30-8:00 pm	Apr 26-May 31	\$75 \$60 RD	ages 10-16
AMC	Tu	7:30-8:00 pm	Jul 5-Aug 9	\$75 \$60 RD	ages 10-16

Mini Ballroom

Class sessions will be geared to musicality and learning how to "read" music, fundamental techniques, and education of one's body through movement. Benefits in this class vary from building self-confidence, knowing how to socially dance, and appreciating different music genres. **INSTRUCTOR:** Maria Kordit

JPCC	M	6:15-7:15 pm	Mar 7-28	\$75 60 RD	ages 9-14
JPCC	M	6:15-7:15 pm	Apr 4-25	\$75 60 RD	ages 9-14
JPCC	M	6:15-7:15 pm	May 16-Jun 6*	\$56 45 RD	ages 9-14
JPCC	M	6:15-7:15 pm	Jul 11-Aug 1	\$75 60 RD	ages 9-14

*No class May 30

Theater

Musical Theatre Workshop

A series of 90-minute classes developed to help build basic theater skills and hone creativity through choreographed movement, the fundamentals of singing, focus on self-awareness, working with and listening to others, and public speaking. Students will build self-confidence through improv games, creating dialogue for skits, learning a choreographed musical theater piece and performing for their peers. **INSTRUCTOR:** North Wake Theatre

Ren Ctr	W	5:30-7:00 pm	Mar 23-Jun 1	\$300	grades K-8
Ren Ctr	W	5:30-7:00 pm	Sep 7-Nov 9	\$300	grades K-8

Advanced Musical Theatre

This is an audition-based class focusing on advanced theater skills. The class will culminate in a full production (rehearsal Nov 18, show Nov 19). If interested in this class you must submit a 1 minute audition video, in a horizontal orientation mode, to dhorton@wakeforestnc.gov. Class registration will be by invitation. **INSTRUCTOR:** North Wake Theatre

Ren Ctr	Th	5:30-7:30 pm	Sep 8-Nov 17	\$400	grades 6-8
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Esports

Battle in the Forest Esports Tournaments

Enjoy video games and competing to be the best? If so, Battle in the Forest is the place for you! This Esports tournament will be an ongoing arena of different games throughout the year. The tournament will be played online and live streamed. An assortment of prizes will be given to the top teams. The featured game will be determined at a later date. For more information, visit wakeforestnc.gov and search "Esports."



online	Sa	1:00-6:00 pm	Apr 23	free*	ages 10+
online	Sa	1:00-6:00 pm	Jul 23	free*	ages 10+

*Pre-registration required

Wake Forest PRCR Esports

Gamers of all skill levels can compete in fun and friendly competition from the comfort of their own home for prizes and local bragging rights. Esports leagues will be continually offered, so sign up for open offerings, invite your friends, and start practicing today! Captains of 2v2+ teams must sign up for the league first to invite teammate(s) from our list of esports followers on the app. Visit bit.ly/WakeForestEsports to register. Questions or Game/Mode suggestions? Email mpatterson@wakeforestnc.gov. Game on!

Virtual Fishing Tournaments

Virtual Bass Fishing Tournament

The Wake Forest Parks, Recreation & Cultural Resources Department will host a Virtual Bass Fishing Tournament for ages 13 and older May 16-29. During these two weeks, participants can go to any public Wake or Franklin County fishery to attempt to catch the biggest Bass. You will be specified to catch Bass only to qualify for prizing. All participants will receive a fishing scale. These scales will be needed for the tournament to qualify for prizing as well.

Wake & Franklin Counties	May 16-29	\$10	ages 13+
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Virtual Youth Fishing Tournament

The Wake Forest Parks, Recreation & Cultural Resources Department will host a Virtual Youth Fishing Tournament (ages 12 and under) May 16-29. During these two weeks participants can go to any public Wake or Franklin County fishery to attempt to catch the biggest fish. Participants ages 12 and under will be allowed to catch any species of fish. Registration will also include an "Early Fisherman" goodie bag.



Wake & Franklin Counties	May 16-29	\$5	ages 12 & under
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Kids Night Out

Kids Night Out | Drive-In Movie Party

Goodbye parents (at least for three hours)! Let's have some fun, drive-in movie style at the Joyner Park Community Center! Kids will have that movie experience with our on-campus movie with full concession stand (pizza, popcorn, drinks, etc.). Usually after a movie, friends will get together for some more fun, so we will have several board games set up for free play and group games/activities to conclude the night!

INSTRUCTOR: JPCC Staff

JPCC	F	6:00-9:00 pm	May 27	\$19 \$15 RD	ages 5-10
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Kids Night Out | Tailgate Bash

What are the best parts of a pregame tailgate? Friends, food, football, and fun! All kids...wear your favorite football team on this night! Sports related activities and games before the school year kicks off, youth fun football combine with some creative drills, sports bingo, arts and crafts, and some free time fun! All tailgates need food, and we will have plenty to go around! **INSTRUCTOR:** JPCC Staff

JPCC	F	6:00-9:00 pm	Aug 19	\$19 \$15 RD	ages 5-10
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Teen

Teen Night

Join us on the first and third Fridays to hang out in a fun and safe environment while enjoying music, games, computers, snacks and more!

AMC	F	6:00-9:00 pm	Apr 1	free*	ages 13-17
AMC	F	6:00-9:00 pm	Apr 15	free*	ages 13-17
AMC	F	6:00-9:00 pm	May 6	free*	ages 13-17
AMC	F	6:00-9:00 pm	May 20	free*	ages 13-17
AMC	F	6:00-9:00 pm	Jun 3	free*	ages 13-17
AMC	F	6:00-9:00 pm	Jun 17	free*	ages 13-17
AMC	F	6:00-9:00 pm	Jul 1	free*	ages 13-17
AMC	F	6:00-9:00 pm	Jul 15	free*	ages 13-17

*Pre-registration required

Culinary Arts

Flour Power Cookie Decorating

All you junior chefs come join us as we learn to decorate cookies like the professionals. You will learn how to flood and pipe your cookies using royal icing, and embellish your cookies with sprinkles, icing, glitter, and royal icing transfers as well as learning easy decorating techniques. **INSTRUCTOR:** Cathy Quinn



JPCC	Sa	10:00 am-1:00 pm	Mar 26	\$56 \$45 RD	ages 8-17
JPCC	Sa	10:00 am-1:00 pm	Apr 30	\$56 \$45 RD	ages 8-17
JPCC	Sa	10:00 am-1:00 pm	May 28	\$56 \$45 RD	ages 8-17

Fitness

Nike® Marathon Kids Run Club

Kidokinetics has partnered with Marathon Kids sponsored by Nike® to offer this running and fitness program for kids! The goal is to run/walk a full marathon during the 10-week session! Work on proper running form, strength, flexibility, balance and coordination. Class builds confidence and discipline while helping kids to set and achieve goals! **INSTRUCTOR:** Kidokinetics

JPCC	Tu	4:45-5:45 pm	Feb 22-May 3*	\$156 \$125 RD	ages 5-12
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*No class Apr 12

Youth Boxing Fundamentals <<NEW!>>

This class is intended for youth of any level. Students will learn proper technique, offense, defense, and some fun pad work! No sparring – no knockouts. Great confidence builder and bully prevention. Students must supply their own boxing gloves and hand wraps. Gloves and wraps available to purchase if needed. **INSTRUCTOR:** Saul Martinez



AMC	M	4:00–5:00 pm	Mar 7–Apr 11	\$94 \$75 RD	ages 7-14
AMC	M	4:00–5:00 pm	Apr 25–May 23	\$94 \$75 RD	ages 7-14
AMC	M	4:00–5:00 pm	Jun 6–Jul 11*	\$94 \$75 RD	ages 7-14

*No class Jul 4

Youth Boxing Fundamentals Summer Session <<NEW!>>

This class is intended for youth of any level. Participants will meet twice a week. Students will learn proper technique, offense, defense, and some fun pad work! No sparring – no knockouts. Great confidence builder and bully prevention. Perfect summer break activity to keep your child active and healthy. Students must supply their own boxing gloves and hand wraps. Gloves and wraps available to purchase if needed. **INSTRUCTOR:** Saul Martinez

AMC	Tu/Th	10:00–11:00 am	Jul 12–Aug 4	\$150 \$120 RD	ages 7-14
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Martial Arts

Martial Arts

This twice a week class will teach coordination, focus, discipline, and self-confidence, all while having fun. Participants will learn the basics of Traditional Tae Kwon Do – breathing, blocking, punching, kicking, forms, and controlled sparring. All students learn in a safe, supportive, and family-friendly environment. Kick start your life and believe in yourself! **NATIONAL CERTIFIED INSTRUCTOR:** 8th Dan, Jr. Grand Master Randy Berger

WFCH	Tu/Th*	7:00–8:00 pm	Mar 1–31	\$69 mo \$55 mo RD	ages 7-17
WFCH	Tu/Th*	7:00–8:00 pm	Apr 5–28	\$69 mo \$55 mo RD	ages 7-17
WFCH	Tu/Th*	7:00–8:00 pm	May 3–31	\$69 mo \$55 mo RD	ages 7-17
WFCH	Tu/Th*	7:00–8:00 pm	Jun 7–30	\$69 mo \$55 mo RD	ages 7-17
WFCH	Tu/Th*	7:00–8:00 pm	Jul 5–28	\$69 mo \$55 mo RD	ages 7-17
WFCH	Tu/Th*	7:00–8:00 pm	Aug 2–30	\$69 mo \$55 mo RD	ages 7-17

*No class held the first Thursday of every month

Little Lions Taekwondo

Our exciting program for kids will develop your child's focus, self-esteem, self-confidence, and overall sense of purpose! Little Lions opens the door by introducing participants to important life skills such as, focus, teamwork, and memory through fun and motivational training. Additional \$50 fee paid to instructor for uniform and t-shirt at first class. **INSTRUCTOR:** CORE Taekwondo Performance Center

JGCC	Th	5:30–6:00 pm	Mar 3–24	\$69 \$55 RD	ages 3-10
JGCC	Th	5:30–6:00 pm	Mar 31–Apr 21	\$69 \$55 RD	ages 3-10
JGCC	Th	5:30–6:00 pm	Apr 28–May 19	\$69 \$55 RD	ages 3-10
JGCC	Th	5:30–6:00 pm	May 26–Jun 16	\$69 \$55 RD	ages 3-10
JGCC	Th	5:30–6:00 pm	Jun 23–Jul 14	\$69 \$55 RD	ages 3-10
JGCC	Th	5:30–6:00 pm	Jul 21–Aug 11	\$69 \$55 RD	ages 3-10

Family Beginner Taekwondo <<NEW!>>

This beginner class covers simple self-defense techniques, all while aiding in building self-confidence! The benefit will be developing concentration and focus while developing an increase in fitness levels! Your body will benefit by improving flexibility, strength, muscle tone, and an overall greater discipline. Additional \$50 fee paid to instructor for uniform. **INSTRUCTOR:** CORE Taekwondo Performance

JGCC	Th	6:15–7:00 pm	Mar 3–24	\$82 mo \$65 mo RD	ages 11+
JGCC	Th	6:15–7:00 pm	Mar 31–Apr 21	\$82 mo \$65 mo RD	ages 11+
JGCC	Th	6:15–7:00 pm	Apr 28–May 19	\$82 mo \$65 mo RD	ages 11+
JGCC	Th	6:15–7:00 pm	May 26–Jun 16	\$82 mo \$65 mo RD	ages 11+
JGCC	Th	6:15–7:00 pm	Jun 23–Jul 14	\$82 mo \$65 mo RD	ages 11+
JGCC	Th	6:15–7:00 pm	Jul 21–Aug 1	\$82 mo \$65 mo RD	ages 11+



S.T.E.M.

Scratch Ninja Levels 1 & 2 <<NEW!>>

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts. Students will work on a fun project in each session ranging from animation, games, to graphic design and storytelling. Kids will be challenged to be creative and solve tough problems while learning and applying computer science concepts from day one. **INSTRUCTOR:** Create and Learn

online	Th	4:00-4:55 pm	Mar 3-Apr 21	\$156 \$125 RD	ages 7-10
online	Tu	7:00-7:55 pm	Apr 26-Jun 14	\$156 \$125 RD	ages 7-10

**Device Required: MAC or Windows computer*

Scratch Ninja Level 1

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts. Students will work on a fun project in each session ranging from animation, games, to graphic design and storytelling. Kids will be challenged to be creative and solve tough problems while learning and applying computer science concepts from day one. **INSTRUCTOR:** Create and Learn

online	M-Th	4:00-4:55 pm	Jun 20-23	\$88 \$70 RD	ages 7-10
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**Device Required: MAC or Windows computer*

Scratch Ninja Level 2

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts. Students will work on a fun project in each session ranging from animation, games, to graphic design and storytelling. Kids will be challenged to be creative and solve tough problems while learning and applying computer science concepts from day one. **INSTRUCTOR:** Create and Learn

online	M-Th	4:00-4:55 pm	Jun 27-30	\$88 \$70 RD	ages 7-10
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**Device Required: MAC or Windows computer. Prerequisites: Scratch Ninja Level 1*

Junior Robotics Levels 1 & 2

Students will learn how to navigate robots through virtual worlds and complete exciting maze challenges! They will practice navigating robots through even more complicated virtual worlds full of obstacles by making use of sensors. Moreover, students will learn how to make robots transport objects and see how these topics are important in real-world scenarios! **INSTRUCTOR:** Create and Learn

online	Th	7:00-7:55 pm	Mar 3-Apr 21	\$156 \$125 RD	ages 7-9
online	Tu	4:00-4:55 pm	Apr 26-Jun 14	\$156 \$125 RD	ages 7-9

**Device Required: MAC or Windows computer.*

Prerequisite: Experience with block-based coding like Scratch highly recommended.



Junior Robotics Level 1

The first unit of our robotics program will introduce students to the basics of VEX Code and programming in 3-D. Students will learn how to navigate robots through virtual worlds and complete exciting maze challenges. **INSTRUCTOR:** Create & Learn

online	M-Th	5:30-6:25 pm	Jun 20-23	\$88 \$70 RD	ages 7-9
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**Device Required: MAC or Windows computer.*

Prerequisite: Experience with block-based coding like Scratch highly recommended.

Junior Robotics Level 2

In the second unit, students will practice navigating robots through even more complicated virtual worlds full of obstacles by making use of sensors. Moreover, students will learn how to make robots transport objects and see how these topics are important in real world scenarios! **INSTRUCTOR:** Create and Learn

online	M-Th	5:30-6:25 pm	Jun 27-30	\$88 \$70 RD	ages 7-9
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**Device Required: MAC or Windows computer. Prerequisites: Junior Robotics Level 1*

Accelerated Scratch Levels 1 & 2 <<NEW!>>

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts. Students will work on a fun project in each session ranging from animation, games, to graphic design and storytelling. Kids will be challenged to be creative and solve tough problems while learning and applying computer science concepts from day one. The curriculum is similar to our Scratch Ninja classes but customized for older students. **INSTRUCTOR:** Create and Learn

online	Sa	1:30-2:25 pm	Mar 5-Apr 23	\$156 \$125 RD	ages 9-13
online	Tu	4:00-4:55 pm	Apr 26-Jun 14	\$156 \$125 RD	ages 9-13

**Device Required: MAC or Windows computer*

Accelerated Scratch Level 1

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts. Students will work on a fun project in each session ranging from animation, games, to graphic design and storytelling. Kids will be challenged to be creative and solve tough problems while learning and applying computer science concepts from day one. The curriculum is similar to our Scratch Ninja classes but customized for older students. **INSTRUCTOR:** Create and Learn

online	M-Th	1:30-2:25 pm	Jun 11-14	\$88 \$70 RD	ages 9-13
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**Device Required: MAC or Windows computer*

Accelerated Scratch Level 2

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts. Students will work on a fun project in each session ranging from animation, games, to graphic design and storytelling. Kids will be challenged to be creative and solve tough problems while learning and applying computer science concepts from day one. The curriculum is similar to our Scratch Ninja classes but customized for older students. **INSTRUCTOR:** Create and Learn

online	M-Th	1:30-2:25 pm	Jul 18-21	\$88 \$70 RD	ages 9-13
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**Device Required: MAC or Windows computer.*

Prerequisites: Accelerated Scratch Level 1. Very familiar with Scratch type of programming platform. Ready to move up to text based programming.

Python for Artificial Intelligence (AI) Levels 1 & 2 ◀NEW!▶

Students take a deeper dive into coding using Python. They will transition from block coding, which they learned using Scratch, to text-based coding. They will learn fundamental Python skills as they build creative stories, animations and games. Basic topics will include using Python syntax, variables, loops, functions, and built-in data structures. In these classes, students will begin using Python for Artificial Intelligence (AI) and data science. **INSTRUCTOR:** Create and Learn

online	Tu	7:00-7:55 pm	Mar 1-Apr 19	\$156 \$125 RD	ages 9-13
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online	W	7:00-7:55 pm	Apr 27-Jun 15	\$156 \$125 RD	ages 9-13
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**Devices Required: MAC or Windows computer.*

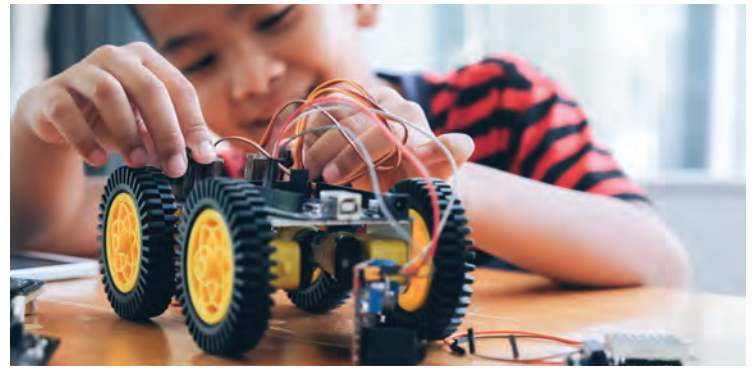
Prerequisites: Very familiar with Scratch type of programming platform. Ready to move up to text based programming.

Python for Artificial Intelligence (AI) Level 1 ◀NEW!▶

Students take a deeper dive into coding using Python. They will transition from block coding, which they learned using Scratch, to text-based coding. They will learn fundamental Python skills as they build creative stories, animations and games. Basic topics will include using Python syntax, variables, loops, functions, and built-in data structures. In these classes, students will begin using Python for Artificial Intelligence (AI) and data science. **INSTRUCTOR:** Create and Learn

online	M-Th	4:00-4:55 pm	Jul 11-14	\$88 \$70 RD	ages 9-13
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**Device Required: MAC or Windows computer.*



Python for Artificial Intelligence (AI) Level 2 ◀NEW!▶

Students take a deeper dive into coding using Python. They will transition from block coding, which they learned using Scratch, to text-based coding. They will learn fundamental Python skills as they build creative stories, animations and games. Basic topics will include using Python syntax, variables, loops, functions, and built-in data structures. In these classes, students will begin using Python for Artificial Intelligence (AI) and data science. **INSTRUCTOR:** Create and Learn

online	M-Th	4:00-4:55 pm	Jul 18-21	\$88 \$70 RD	ages 9-13
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**Device Required: MAC or Windows computer.*

Prerequisites: Python for Artificial Intelligence (AI) Level 1. Very familiar with Scratch type of programming platform. Ready to move up to text based programming.

EV3 Robotics Teacher Workday Workshop-Middle School

Incorporate the newest generation of motors, sensors and software by programming commands directly into the intelligent brick and testing your engineering and programming capabilities by building advanced robotic constructs. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	F	9:00 am-12:00 pm	Mar 18	\$75	grades 6-8
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Imagining: Exploring Worlds of Fantasy Teacher Workday Workshop

Build versions of your favorite characters from lands of fantasy, along with mechanized elements from each world, including the magical World of Harry Potter®, the mystical land of Frozen®, the underwater world of Finding Dory®, the Minions® and more! **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M	9:00 am-12:00 pm	May 2	\$75	grades K-5
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Education

Navigating College Admission

The college admissions process can be stressful, and we want to help. Receive advice on choosing the right college, writing an outstanding essay, putting together standout applications, gain insight into financial aid and learn how colleges review applicants. **INSTRUCTOR:** Rhonda McRae

JGCC	Tu	6:30-7:30 pm	Aug 23	\$63 \$50 RD	ages 14-17
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ADULT

PROGRAMS & CLASSES



Art

Beginning Watercolor <NEW!>

Learn the basic techniques of transparent watercolor. Find out about the best paper, paint and brushes to use. Students will create multiple paintings of after learning how to do wet-on-wet washes, wet-on-dry washes, and building layers of colors with a variety of subject matter including: landscapes, cityscapes, and still-life. Students can copy the instructor's paintings or work on their own subjects. **INSTRUCTOR:** Ryan Fox

Flah Park	W	1:00-4:00 pm	Mar 2-30	\$132 \$105 RD	ages 15+
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Continuing Watercolor <NEW!>

This class will explore various watercolor techniques and styles ranging from unique color combinations, alternate surfaces, extreme monochromatic granulation and more. Different subjects and techniques will be demonstrated in each class session. **INSTRUCTOR:** Ryan Fox



Flah Park	W	1:00-4:00 pm	May 4-Jun 1	\$132 \$105 RD	ages 15+
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Pottery: Beginning Handbuilding at Northern Wake Senior Center

This course introduces students to the methods of constructing pottery by hand; from pinch, coils and slabs of clay and provides an understanding of ceramic terms and processes. Sessions consist of demonstrations followed by student practice time under the guidance of the instructor. Discussion of firing and finishing methods are included in the glazing session of the course. No previous clay experience necessary.

INSTRUCTOR: Jeannette Stevenson

Senior Ctr	Th	4:00-6:15 pm	Aug 18-Oct 6	\$150	ages 16+
Senior Ctr	Th	7:00-9:15 pm	Aug 18-Oct 6	\$150	ages 16+

Pottery: Spring Garden Workshop at Northern Wake Senior Center

This course allows students to explore and create ceramic items for the garden. The methods of constructing pottery will be by hand, from pinch, coils and slabs of clay. Sessions consist of demonstrations/discussions of student ideas followed by creation time under the guidance of the instructor. Discussion of firing and finishing methods are included in the glazing session of the course. **PREREQUISITE:** Pottery: Beginning Handbuilding **INSTRUCTOR:** Jeannette Stevenson

Senior Ctr	Th	4:00-6:15 pm	Apr 21-May 26	\$105	ages 16+
Senior Ctr	Th	7:00-9:15 pm	Apr 21-May 26	\$105	ages 16+

Glass Fusion: Jewelry at Northern Wake Senior Center

Create customized jewelry out of stained glass scraps under guided instruction. In the first class, you will assemble your jewelry pieces and send them to the kiln. In the second class, you will affix findings to your pieces so they will be ready to wear.

INSTRUCTOR: Sara Roberts

Senior Ctr	M	4:00-5:30 pm	Apr 18 & 25	\$65	ages 18+
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Glass Fusion: Sun Catcher at Northern Wake Senior Center

Create a sun catcher using stained glass scraps! Create a piece of your own design over two class sessions under guided instruction. Finished products will be sent to the kiln and available for pick up shortly after the final class. **INSTRUCTOR:** Sara Roberts

Senior Ctr	M	4:00-5:30 pm	May 9 & 16	\$65	ages 18+
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Pastels

The course will give students instruction in the fundamentals of pastel painting. We will cover what materials to use, underpainting, application of pastels, finishing and securing pastels and how they should be framed. **INSTRUCTOR:** Dr. Jane Steelman



Ren Ctr	W	5:30-6:30 pm	Apr 6-May 25*	\$200	ages 16+
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*No class Apr 27

Pan Pastels Workshop

The workshop will introduce participants to the use of pan pastels which are pastel pigments applied to paper using pan pastel sponge tools. Supplies will be provided. **INSTRUCTOR:** Dr. Jane Steelman

Ren Ctr	W	5:30-8:30 pm	Jun 8	\$65	ages 16+
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Printmaking for Beginners

Printmaking is the process of making more than one copy of a piece of art, which is usually carved into a surface. We'll be learning about the tools and how to use them, understanding the carving process, designing small images, and making them into one color prints. After this we'll venture into multi-colored prints and learn the reduction process. All ability levels are welcome. Come only with a willingness to try something new. **INSTRUCTOR:** Suzanne Hetzel

Ren Ctr	Th	7:00-8:30 pm	May 5-26	\$125	ages 16+
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Stained Glass I

Learn how to make beautiful stained-glass artwork. In the beginner's class, students will learn to develop and use a pattern, select and cut glass, fit individual pieces to the pattern shape, apply copper foil and solder a stained-glass panel. Supplies are included but students are responsible for purchasing their own tools in advance of the first class. Tools list will be provided by instructor. **INSTRUCTOR:** Gary Steimle

Ren Ctr	Th	10:00 am-12:00 pm	May 5-Jun 9	\$135	ages 18+
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Stained Glass II

The Intermediate Stained Glass class will give you the opportunity to exercise your skills that you learned in the beginners class and learn new techniques for projects that you do in the future. Each participant will work on a project of their choice and will be responsible for all supplies and materials necessary for the project. So, bring your pattern, glass, all your tools and your portable bulletin board so that you can transport the project to and from the class. I recommend a panel of less than 150 pieces. I will assist and guide each of you in these projects to improve your final result. **INSTRUCTOR:** Gary Steimle

Ren Ctr	Th	1:00-3:00 pm	May 5-26	\$75	ages 18+
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Acrylic Paint Pouring on Real Records

Come make a mess with us! In this one-hour class, you will learn how to thin and pour acrylic paint to create a unique motion-based design using real records as your canvas! Once learned, this method can be used on all kinds of surfaces like tables, trays, canvas, wood, anything you can think of! As we will be working with acrylic paint, please be mindful of this by wearing older clothes or bringing a smock. We want this to be a fun time for all and no prior experience is necessary! **INSTRUCTOR:** Alex Lisi, Luna Viola Shop

Ren Ctr	Sa	10:30-11:30 am	Mar 19	\$50	ages 18+
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Music

Supreme DJ Lessons

This class will teach youth and adults the origin of deejaying. Learn what a DJ actually does behind the scenes to prepare for an event. This course will also teach you how to take deejaying from a hobby to a business.

INSTRUCTOR: DJ Supreme



AMC	M	6:30-7:30 pm	Mar 21-Apr 11	\$125 \$100 RD	ages 16+
AMC	M	6:30-7:30 pm	Jul 11-Aug 1	\$125 \$100 RD	ages 16+
AMC	M	6:30-7:30 pm	Oct 3-24	\$125 \$100 RD	ages 16+

Martial Arts

Martial Arts

This twice a week class will teach coordination, focus, discipline, and self-confidence, all while having fun. Participants will learn the basics of Traditional Tae Kwon Do - breathing, blocking, punching, kicking, forms, and controlled sparring. All students learn in a safe and supportive environment. Kick start your life and believe in yourself! **NATIONAL CERTIFIED INSTRUCTOR:** 8th Dan, Jr. Grand Master Randy Berger

WFCH	Tu/Th*	7:00-8:00 pm	Mar 1-31	\$69 mo \$55 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Apr 5-28	\$69 mo \$55 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	May 3-31	\$69 mo \$55 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Jun 7-30	\$69 mo \$55 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Jul 5-28	\$69 mo \$55 mo RD	ages 18+
WFCH	Tu/Th*	7:00-8:00 pm	Aug 2-30	\$69 mo \$55 mo RD	ages 18+

*No class held the first Thursday of every month

Family Beginner Taekwondo ◀NEW!▶

This beginner class covers simple self-defense techniques, all while aiding in building self-confidence! The benefit will be developing concentration and focus while developing an increase in fitness levels! Your body will benefit by improving flexibility, strength, muscle tone, and an overall greater discipline. Additional \$50 fee paid to instructor for uniform. **INSTRUCTOR:** CORE Taekwondo Performance



JGCC	Th	6:15-7:00 pm	Mar 3-24	\$82 \$65 RD	ages 16+
JGCC	Th	6:15-7:00 pm	Mar 31-Apr 21	\$82 \$65 RD	ages 16+
JGCC	Th	6:15-7:00 pm	Apr 28-May 19	\$82 \$65 RD	ages 16+
JGCC	Th	6:15-7:00 pm	May 26-Jun 16	\$82 \$65 RD	ages 16+
JGCC	Th	6:15-7:00 pm	Jun 23-Jul 14	\$82 \$65 RD	ages 16+
JGCC	Th	6:15-7:00 pm	Jul 21-Aug 11	\$82 \$65 RD	ages 16+

Dance

Ballroom Dancing

Feel comfortable on the dance floor while enjoying various types of music! You will learn popular basic ballroom dance steps like Tango, Foxtrot, Waltz, Rumba, ChaCha and Swing! No partner necessary. **INSTRUCTOR:** Chikako Massey

WFCH	M	7:00-8:00 pm	Mar 7-28	\$75 \$60 RD	ages 17+
WFCH	M	7:00-8:00 pm	May 2-23	\$75 \$60 RD	ages 17+
JGCC	Tu	7:15-8:15 pm	May 3-Jun 7	\$75 \$60 RD	ages 18+
JGCC	Tu	7:15-8:15 pm	Jun 14-Jul 19	\$75 \$60 RD	ages 18+
JGCC	Tu	7:15-8:15 pm	Jul 26-Aug 30	\$75 \$60 RD	ages 18+



Beginner Line Dance Lessons

Have fun while learning Basic Line Dance Steps! Line Dance is a great way to reduce stress, strengthen your memory and keep your body in motion. You'll learn fun and easy dances to all types of music. Come ready to meet new friends. No experience or partner is needed. We dance "Just Dance For Fun." **INSTRUCTOR:** Sue Jennings

JGCC	W	6:00-7:00 pm	Mar 2-23	\$50 \$40 RD	ages 18+
JGCC	W	6:00-7:00 pm	Mar 30-Apr 20	\$50 \$40 RD	ages 18+
JGCC	W	6:00-7:00 pm	Apr 27-May 18	\$50 \$40 RD	ages 18+
JGCC	W	6:00-7:00 pm	May 25-Jun 15	\$50 \$40 RD	ages 18+
JGCC	W	6:00-7:00 pm	Jun 22-Jul 13	\$50 \$40 RD	ages 18+
JGCC	W	6:00-7:00 pm	Jul 20-Aug 10	\$50 \$40 RD	ages 18+

**Day of drop-in fee is \$16 (\$12 RD), please call ahead to ensure session is occurring*

Move It Move It Adult Line Dance

Attention all adults... this is your chance to get out and learn some new dance moves while getting into shape. This high energy, body-moving class will include isolated workouts to tone and lose weight while learning various line dances, moving our bodies to the rhythm, and having a great time! Do not miss out on this excellent opportunity for some fun me time! Uniform: Workout or comfortable clothing and sneakers. **INSTRUCTOR:** Monet Dance Performing Arts Studio

JGCC	Sa	11:00-11:45 am	Mar 5-Apr 9	\$63 \$50 RD	ages 18+
JGCC	Sa	11:00-11:45 am	Apr 30-Jun 11*	\$63 \$50 RD	ages 18+

**No class Jun 4*

Fitness

Pilates - Foundations

How many times have you said to yourself that you want to tone up before the summer? Pilates Foundations at JGCC will give you that opportunity, while building strength, improving flexibility and posture endurance, enhance the body's movement, and improved mental well-being. Learn essential techniques, such as the Neutral Spine, properly engaged core, C-Curve, shoulder, pelvic stability, spinal articulation, full breathing, and working with oppositional energy. Exercises are adjusted to your physical abilities. **INSTRUCTOR:** Tina Villinger

JGCC	Th	9:00-9:45 am	Mar 3-24	\$38 \$30 RD	ages 18+
JGCC	Th	6:00-6:45 pm	Mar 3-24	\$38 \$30 RD	ages 18+
JGCC	Th	9:00-9:45 am	May 5-26	\$38 \$30 RD	ages 18+
JGCC	Th	6:00-6:45 pm	May 5-26	\$38 \$30 RD	ages 18+



Cardio Boxing <<NEW!>>

Join Coach Saul Martinez and his team for a fun and fast paced cardio unlike any other. Learn the basic of boxing in a friendly environment. Open to all ages and levels. This class will help you blow off some steam while burning some calories. Students must supply their own boxing gloves and hand wraps. Instructor has gloves and hand wraps for purchase if needed. **INSTRUCTOR:** Saul Martinez

AMC	W	10:00-11:00 am	Mar 9-Apr 13	\$94 \$75 <i>RD</i>	ages 18+
AMC	W	10:00-11:00 am	Apr 20-May 25	\$94 \$75 <i>RD</i>	ages 18+
AMC	W	10:00-11:00 am	Jun 1-Jul 6*	\$94 \$75 <i>RD</i>	ages 18+

**No class Jun 29*

Tai Chi for Beginners

A basic introduction to Tai Chi movement with a focus on breathing with gentle, slow fluid body movements. This practice is excellent for calming the busy mind and suitable for all fitness levels! Tai Chi is a tonic for the body, mind and spirit. **INSTRUCTOR:** Orianna Nienan



JPC	Tu	7:00-7:45 pm	Mar 8-29	\$60 \$48 <i>RD</i>	ages 14+
JPC	Tu	7:00-7:45 pm	Apr 5-26	\$60 \$48 <i>RD</i>	ages 14+
JPC	Sa	10:15-11:00 am	Apr 30-May 21	\$60 \$48 <i>RD</i>	ages 14+
JPC	Tu	7:00-7:45 pm	May 3-24	\$60 \$48 <i>RD</i>	ages 14+
JPC	Sa	10:15-11:00 am	May 28-Jun 18	\$60 \$48 <i>RD</i>	ages 14+
JPC	Tu	7:00-7:45 pm	Jun 7-28	\$60 \$48 <i>RD</i>	ages 14+
JPC	Sa	10:15-11:00 am	Jul 9-30	\$60 \$48 <i>RD</i>	ages 14+
JPC	Sa	10:15-11:00 am	Aug 6-27	\$60 \$48 <i>RD</i>	ages 14+

**Day of drop-in fee \$20 (\$15 RD), please call ahead to ensure available spots*

Zumba

Pretty much the most awesome workout ever. Dance to great music, with great people, and burn a ton of calories without even realizing it. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. **INSTRUCTOR:** Neltonia Prince

JPC	M	6:30-7:30 pm	Mar 7-28	\$25 \$20 <i>RD</i>	ages 18+
JPC	Sa	9:00-10:00 am	Mar 12-Apr 2	\$25 \$20 <i>RD</i>	ages 18+
JPC	M	6:30-7:30 pm	Apr 4-25	\$25 \$20 <i>RD</i>	ages 18+
JPC	Sa	9:00-10:00 am	Apr 9-30	\$25 \$20 <i>RD</i>	ages 18+
JPC	M	6:30-7:30 pm	May 2-23	\$25 \$20 <i>RD</i>	ages 18+
JPC	Sa	9:00-10:00 am	May 7-28	\$25 \$20 <i>RD</i>	ages 18+
JPC	Sa	9:00-10:00 am	Jun 4-25	\$25 \$20 <i>RD</i>	ages 18+
JPC	M	6:30-7:30 pm	Jun 6-27	\$25 \$20 <i>RD</i>	ages 18+
JPC	Sa	9:00-10:00 am	Jul 9-30	\$25 \$20 <i>RD</i>	ages 18+
JPC	M	6:30-7:30 pm	Jul 11-Aug 1	\$25 \$20 <i>RD</i>	ages 18+
JPC	Sa	9:00-10:00 am	Aug 6-27	\$25 \$20 <i>RD</i>	ages 18+
JPC	M	6:30-7:30 pm	Aug 8-29	\$25 \$20 <i>RD</i>	ages 18+

**Day of drop-in fee is \$10 (\$7 RD), please call ahead to ensure session is occurring*

50 Mile Walking Challenge

A little progress every day will add up to a BIG result in the end. Let's start that progress by celebrating May Month of Fitness with our annual 50 Mile Walking Challenge! All registered participants will receive a water bottle (while supplies last) at registration. After completing 50 miles, with cards returned, you will receive a 50 Mile Walking Challenge t-shirt (while supplies last). Everyone who completes 50 miles and returns tracking cards will have their name entered into a raffle for a \$50 Visa gift card. All tracking cards need to be turned in by 5 pm on June 6. Drawing will be done on June 7. Are you up for the challenge? **INSTRUCTOR:** JPC Staff



JPC	Su-Sa	12:00 am-12:00 pm	May 1-31	free	ages 18+
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Culinary Arts

Cookie Decorating 101

Learn how to decorate cookies like the professionals. We will be exploring how to use royal icing and explaining icing consistencies, as well as learning how to flood, pipe, and embellish your cookies. In addition, I will be sharing where you can get supplies and information you will need to continue building your cookie decorating skills. You will be taking home 4-6 beautifully decorated cookies and recipes for icing and cookies. All skill levels are welcome. **INSTRUCTOR:** Cathy Quinn



JPCC	Sa	10:00 am-1:00 pm	Mar 12	\$56 \$45 RD	ages 18+
JPCC	Sa	10:00 am-1:00 pm	Apr 2	\$56 \$45 RD	ages 18+
JPCC	Sa	10:00 am-1:00 pm	May 14	\$56 \$45 RD	ages 18+
JPCC	Sa	10:00 am-1:00 pm	Jun 4	\$56 \$45 RD	ages 18+
JPCC	Sa	10:00 am-1:00 pm	Jul 9	\$56 \$45 RD	ages 18+

Comic Book

Comic Book Trade Group

Love comics? Interested in trading some books? Looking for some key issues? Come join us to discuss and trade comics! This group will be solely trading comics. No monetary transactions will be allowed. The group will be managed by Brandon Wright, of Play4Life Comics. Don't miss out on this opportunity to add some great comics to your collection! **INSTRUCTOR:** Brandon Wright, Play4Life Comics



Flah Park	Sa	11:00 am-1:00 pm	Apr 23	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Jun 25	\$5	ages 18+
Flah Park	Sa	11:00 am-1:00 pm	Aug 20	\$5	ages 18+



DIY Workshops

Charcuterie & Cheese Workshop

Come learn how to build a beautiful and delicious charcuterie and cheese board! We will learn about pairings, ways to prepare ingredients, and how to artistically curate and create a delicious board. **INSTRUCTOR:** Natasha Gentile, Femme Fromage & Co.

WFCH	W	6:00-7:30 pm	Apr 6	\$63 \$50 RD	ages 18+
WFCH	W	6:00-7:30 pm	May 4	\$63 \$50 RD	ages 18+
WFCH	W	6:00-7:30 pm	Jun 1	\$63 \$50 RD	ages 18+
WFCH	W	6:00-7:30 pm	Jul 13	\$63 \$50 RD	ages 18+
WFCH	W	6:00-7:30 pm	Aug 10	\$63 \$50 RD	ages 18+

Esports

Battle in the Forest Esports Tournament

Enjoy video games and competing to be the best? If so, Battle in the Forest is the place for you! This Esports tournament will be an ongoing arena of different games throughout the year. The tournament will be played online and live streamed. An assortment of prizes will be given to the top teams. The featured game will be determined at a later date. For more information, visit wakeforestnc.gov and search "Esports."



Online	Sa	1:00-6:00 pm	Apr 23	free*	ages 16+
Online	Sa	1:00-6:00 pm	Jul 23	free*	ages 16+

*Pre-registration required

Wake Forest PRCR Esports

Gamers of all skill levels can compete in fun and friendly competition from the comfort of their own home for prizes and local bragging rights. Esports leagues will be continually offered, so sign up for open offerings, invite your friends, and start practicing today! Captains of 2v2+ teams must sign up for the league first to invite teammate(s) from our list of esports followers on the app. Visit bit.ly/WakeForestEsports to register. Questions or Game/Mode suggestions? Email mpatterson@wakeforestnc.gov. Game on!

SPECIALIZED

& INCLUSION PROGRAMS



Specialized Programs

Club Connect

Join us once a month for socialization, activities, & fun! Participants will be provided with the opportunity to socialize with peers, play games, be creative, and plan activities based on input from the group. Participants must be able to perform self-care routines independently and can bring a buddy if necessary. Don't miss out on all the excitement!

JPCC	Th	5:30-7:30 pm	Mar 24	free	ages 15+
JPCC	Th	5:30-7:30 pm	Apr 28	free	ages 15+
JPCC	Th	5:30-7:30 pm	May 26	free	ages 15+
JPCC	Th	5:30-7:30 pm	Jun 23	free	ages 15+
JPCC	Th	5:30-7:30 pm	Jul 28	free	ages 15+
JPCC	Th	5:30-7:30 pm	Aug 25	free	ages 15+

Decades Dance

Kick off summer with a dance party! Come dressed up in your favorite decades outfit and join us for an evening complete with a DJ, refreshments, dancing, and fun! Come with friends or come make new ones! Chaperones will be available for supervision but participants can bring additional support if necessary.

WFCH	Sa	6:00-8:00 pm	Jun 25	\$15*	ages 10-30
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**Pre-registration required, late fee assessed after deadline*

Trailmates **◀NEW!▶**

Looking for a way to get active and socialize? Come join us the first Tuesday of the month for a walking group. Walking for fitness has a variety of health benefits, including maintaining a healthy weight, strong muscles and bones, improved balance and coordination, and overall enhanced mental wellbeing. We will meet at a central location to walk and talk together. Bring a friend or come make a new one!

JPCC	Tu	5:15-6:00 pm	Mar 1	free	ages 12+
JPCC	Tu	5:15-6:00 pm	Apr 5	free	ages 12+
JPCC	Tu	5:15-6:00 pm	May 3	free	ages 12+
JPCC	Tu	5:15-6:00 pm	Jun 7	free	ages 12+
JPCC	Tu	5:15-6:00 pm	Jul 5	free	ages 12+
JPCC	Tu	5:15-6:00 pm	Aug 2	free	ages 12+

Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. Registration will be held February 1-28.

STAFF CONTACT: Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559

Registration: Feb 1-28	Apr-Jun season	\$15*	ages 5+
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**Pre-registration required, late fee assessed after deadline*



SPECIALIZED SERVICES

Inclusion Services

The Town of Wake Forest's Parks, Recreation, & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with special needs to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz at kschurtz@wakeforestnc.gov or 919-435-9559.

What is a reasonable modification?

Reasonable modifications are additional supports and resources used to help aid a person with a disability to participate in any program. These resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, or additional support staff. The ADA does not require the Town of Wake Forest to take any action that would fundamentally alter the nature of its programs or services, compromise the safety of participants, or impose an undue financial or administrative burden.

For questions or program ideas, please contact Recreation Specialist Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559.

Community Resources for Specialized Services

Abilities Tennis of NC	919-606-4917
Alliance Behavioral Healthcare.....	800-510-9132
Alliance of Disability Advocates – Center for Independent Living	919-833-1117
The ARC of the Triangle	919-832-2660
A Small Miracle Inc.	919-900-4422
Autism Society of NC – Wake Co. Chapter	800-442-2762
Brain Balance Achievement Center of Wake Forest	919-554-4622
East Point Prosthetics & Orthotics.....	919-844-7897
GiGi's Playhouse	919-307-3952
NC ABLE.....	919-814-4000
North Carolina Special Olympics.....	919-719-7662
Special Olympics Wake County.....	919-996-2111
Triangle Behavioral & Educational Solutions	919-449-8345
Triangle Down Syndrome Network.....	919-803-0515
Wake County Human Services	919-212-7000
Wake Forest Dream League.....	919-556-7093
WCPSS – Family & Community Connections.....	919-431-7334



Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least 3 games per season.
STAFF CONTACT: Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559

Registration: Feb 1-28	Apr-Jun season	free*	ages 10+
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**Pre-registration required*

Spirit League Basketball

Spirit League is a unifying, safe and inclusive place for special needs teens and young adults to play basketball, get physically active, and make new friends. Our program stands for acceptance, teamwork, skill development and fun. Spirit League will always celebrate diversity, sportsmanship and the opportunity to be a beacon of hope for all.

JGCC	F	5:30-7:00 pm	May 6-Jun 24	\$15*	ages 12+
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**Pre-registration required, late fee assessed after deadline*

Preschool Sensory Gym

Bring your little one for play time and have a chance to make new friends! In partnership with Pediatric Therapy Associated, we will provide a safe, accepting, and playful environment filled with fun educational and therapeutic toys to play with. No instruction or supervision will be provided. Parents/caregivers are required to stay with their child.

Flah Park	M	10:45 am-11:45 am	ongoing	free	18 mos-5 yrs
Flah Park	Th	11:00 am-12:00 pm	ongoing	free	18 mos-5 yrs



Special Needs Swimming Lessons

Swimming is an important life-saving skill with a variety of benefits. We now offer 1-on-1 swim lessons for individuals with disabilities of all swimming ability levels. Each package includes three, 30-minute sessions. Topics that will be covered include water safety and stability, back floating, belly floating, kicking and breath exercises. **INSTRUCTOR:** Nicole Russell



Holding Park Aquatic Ctr	Tu-Th*	6:00-8:00 pm	Jun-Aug	\$120**	ages 4+
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**Specific dates and times to be determined
**Pre-registration required, \$10 late fee assessed after deadline*

Abilities Tennis Clinics

Abilities Tennis clinics provide specialized instruction and practice for athletes, ages 8 and up. Coaches and volunteers are trained to teach the fundamentals of tennis, practice drills and fun games geared toward improving tennis skills. All levels of experience are welcome to attend. Coaches are able to adapt tennis for each individual so that all can join in the fun. **INSTRUCTOR:** Abilities Tennis NC

Heritage High Park	Sa	4:00-5:00 pm	Mar 5-Apr 30*	free*	ages 8+
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**Pre-registration required, no clinic Apr 16*

Flourish Parents Workshop

Feel like you're walking through a maze without a road map? Join us for a day of education, inspiration, and support on topics related to caring and loving for an individual with special needs. A continental breakfast and lunch are included with registration.

JPCC	Sa	9:00 am-2:00 pm	Apr 2	\$35*	ages 18+
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**Pre-registration required*

Egg-ceptional Egg Hunt

This egg hunt caters to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, familyfriendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed.

Joyner Park*	Sa	11:15-11:45 am	Apr 9	free	all ages
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**In case of inclement weather, the event may be relocated to the Joyner Park Community Center, 701 Harris Rd.*



CAMPS

TRACK OUT & SUMMER ENRICHMENT PROGRAMS

Day Camp

Camp Nahele (pronounced nah-heh-le)



Camp Nahele ("nahele" means "forest" in Hawaiian) is a full day recreational summer camp program designed to enhance your child's summer experiences through arts and crafts, education, nature, recreational and sporting activities. The camp will operate for a nine week period from June 13 through August 12, at the Wake Forest Community House, 133 W. Owen Ave. The camp is offered Monday through Friday, from 7:30 am-6:00 pm. Participants must be at least six years old on or before June 1, 2022.

WFCH	M-F	7:30 am-6:00 pm	Jun 13-Aug 12*	\$150/wk \$125/wk <i>RD</i>	ages 6-12
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*No camp held Jul 4

Art Camps

Preschool Art Camp

Jump aboard The S.S Creativity with Mr. Moo and a weeklong expedition of art and stories centered around the ocean. This class can get messy so dress accordingly. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M-F	9:00 am-12:00 pm	Jun 27- Jul 1	\$182/wk \$145/wk <i>RD</i>	ages 3-5
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Ooey Goey Recycle

Ooey goey is what you will be saying all week as we explore art of the messy kind. We will dive in to paper mâché and collage along with finding out how to recycle things and turn them into treasures. This class is very messy so dress accordingly. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M-F	9:00 am-12:00 pm	Jul 11-15	\$188/wk \$150/wk <i>RD</i>	ages 6-9
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Art Time Machine

Come enjoy learning about art history through hands-on projects. We will journey down a time machine from ancient Egypt to modern day art. We will explore different art mediums from watercolor, tempura, chalk, and acrylic on canvas. This class can get messy so dress accordingly. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M-F	1:00-4:00 pm	Jul 11-15	\$188/wk \$150/wk <i>RD</i>	ages 10-12
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Art for Teens Camp

Students will enjoy working with: drawing pencils, ink, watercolors, acrylics and more. We will emphasize values and shapes and complete an art project every day. Materials included. Please bring a snack daily. **INSTRUCTOR:** Mary Benejam

Flah Park	M-F	9:00 am-12:00 pm	Jul 25-29	\$157/wk \$125/wk <i>RD</i>	ages 13-16
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Printmaking Camp

Learn different printmaking techniques! No prior art experience is needed—only a creative interest. **INSTRUCTOR:** Sara Roberts

Ren Cen	M-Th	9:00 am-12:00 pm	Jun 20-23	\$190	ages 8+
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Culinary Camps

Cookie Camp 2022

Hello, junior chefs! Come join us as we learn to decorate cookies like the professionals! You will learn how to flood and pipe your cookies using royal icing, and embellish your cookies with sprinkles, icing, glitter, and royal icing transfers, as well as learning easy decorating techniques. **INSTRUCTOR:** Cathy Quinn

JPCC	Tu/Th	10:00 am-1:00 pm	Jun 7-9	\$100 \$80 <i>RD</i>	ages 8-17
JPCC	Tu/Th	10:00 am-1:00 pm	Jul 12-14	\$100 \$80 <i>RD</i>	ages 8-17
JPCC	Tu/Th	10:00 am-1:00 pm	Aug 16-18	\$100 \$80 <i>RD</i>	ages 8-17

Beachy Fun Camp

Can't make it to the beach this summer? No problem! We are bringing the beachy fun to you! We will have a week full of shell songs, fishy games, sea crafts, and special sandy snacks that the campers will get to make themselves. This is a half day camp, please send a snack and water bottle daily from home. **INSTRUCTOR:** Shirley Coltrane

JPCC	M-F	9:00 am-12:00 pm	Jul 13-17	\$175 \$145 RD	ages 4-10
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DINOmite Camp

Have a dinosaur lover at home? Then this is the camp for them! We will learn interesting facts about dinosaurs, play prehistoric games, do terrific T-Rex crafts, and even make a few ROARingly good snacks to eat! This is a half day camp, please send a snack and water bottle daily from home. **INSTRUCTOR:** Shirley Coltrane

JPCC	M-F	9:00 am-12:00 pm	Jun 27-Jul 1	\$175 \$145 RD	ages 4-10
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Into the Woods Camp ◀NEW!▶

Over the hills and into the woods, a hiking we will go! This camp will focus on all of the best parts of a camp out without having to sleep under the stars. Nature walks, campy crafts, and songs like Herman the Worm and Boom Chicka Boom. Plus, no camp experience would be complete without making our own s'mores! This is a half day camp, please send a snack and water bottle daily from home. **INSTRUCTOR:** Shirley Coltrane

JPCC	M-F	9:00 am-12:00 pm	Jul 18-22	\$175 \$145 RD	ages 4-10
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Performing Arts Camps

Summer Stage Track Out Camp

Do you like to sing, dance, and act? Then sign up to be a part of this live on-stage musical production! Spend the week(s) learning through doing. Our faculty and staff have extensive experience and come from some of the finest performing arts schools in the country. Along with the staff, you and your fellow campers will be **creating** a themed performance. This show will consist of song, dance, and scenes and will be "presented" on the last day of camp. We will work on a new performance **each** camp and each camp culminates in a new show. **INSTRUCTOR:** North Wake Theatre

Ren Ctr	M-F	9:00-3:00 pm	Jun 13-24	\$600	grades K-8
Ren Ctr	M-F	9:00-3:00 pm	Jun 27-Jul 1	\$300	grades K-8
Ren Ctr	M-F	9:00-3:00 pm	July 11-22	\$600	grades K-8
Ren Ctr	M-F	9:00-3:00 pm	Jul 25-29	\$300	grades K-8
Ren Ctr	M-F	9:00-3:00 pm	Aug 1-12	\$600	grades K-8
Ren Ctr	M-F	9:00-3:00 pm	Aug 22-Sep 2	\$600	grades K-8

Engineering for Kids® Camps

Engineering For Kids brings the fun of science, technology, engineering, and math education to kids through exciting camps, afterschool activities, parties, classes, and more. Young engineers have the opportunity to design, build, test, and refine their own creations in a safe and fun environment.



Out of This World Engineering Week ◀NEW!▶

Is mankind ready to inhabit the moon? With a little help from Engineering for Kids® students, humans will be prepared to take up residence by the end of the week! Students will collaborate with their Space State teams to create the safest and most effective community on the moon. Which team will earn enough Astro-Points to be declared the winner? **INSTRUCTOR:** Engineering for Kids

Flah Park	M-F	9:00 am-12:00 pm	Jun 13-17	\$175 \$140 RD	ages 7-14
JPCC	M-F	9:00 am-12:00 pm	Aug 1-5	\$175 \$140 RD	ages 7-14

LEGO® Robotics Mission to Mars ◀NEW!▶

This LEGO® Robotics: Mission Mars curriculum is designed to introduce students to the world of not only building, but also programming basic robots. Throughout this course the students will explore different ways in which a robot could be utilized to explore a distant planet. **INSTRUCTOR:** Engineering for Kids

Flah Park	M-F	9:00 am-12:00 pm	Jun 20-24	\$175 \$140 RD	ages 7-14
JPCC	M-F	1:00-4:00 pm	Aug 1-5	\$175 \$140 RD	ages 7-14

Software Engineering: Scratch ◀NEW!▶

What's more fun than playing an interactive video game? Writing one! Video sensing allows students to design and program their own video games. In this Scratch program, students work together to create their own games, art, and musical instruments while exploring coding foundations. Get up and get moving with Engineering for Kids and Scratch: Video Sensing! **INSTRUCTOR:** Engineering for Kids

Flah Park	M-F	9:00-12:00 pm	Jul 18-22	\$175 \$140 RD	ages 7-14
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LEGO® Robotics Rescue Robots ◀NEW!▶

This LEGO® Robotics: Rescue Robots curriculum is designed to introduce students to the world of not only building, but also programming basic robots. Throughout this course the students will explore different ways in which a robot could be utilized to respond in disaster situations. Join the morning session to explore some of the engineering a person might use in a survival situation. **INSTRUCTOR:** Engineering for Kids

JPCC	M-F	1:00-4:00 pm	Jul 18-22	\$175 \$140 RD	ages 7-14
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CAMPS

Urban Engineering with Minecraft «NEW!»

Design, create, and make your very own city come alive using Minecraft! In this camp, kids will explore a variety of themes centered around scientific, sustainable, innovative, and futuristic city planning and design. Kids will immerse themselves in Minecraft while applying the Engineering for Kids design process to create a model of their very own, futuristic, sustainable city. On the last day, students will learn how to pitch their ideas and launch their designs to a larger audience to participate in an EFK global design competition! **INSTRUCTOR:** Engineering for Kids

Flah Park	M-F	9:00-12:00 pm	Aug 8-12	\$175 \$140 <i>RD</i>	ages 7-14
JPCC	M-F	9:00-12:00 pm	Jun 20-24	\$175 \$140 <i>RD</i>	ages 7-14
JPCC	M-F	1:00-4:00 pm	Jun 20-24	\$175 \$140 <i>RD</i>	ages 7-14

Engineering for Kids: Survivor Week «NEW!»

Welcome to Survivor: Engineer's Cove! Students in this five-day camp will find themselves stranded on an abandoned island filled with perilous obstacles – dark caves, wild animals, cold temperatures, little food, and separation from the comforts of home. They will work collaboratively with their tribe members to compete against other tribes in specific engineering-related projects aimed at trying to survive the harsh island conditions and escape to their freedom. Students will build flashlights, test parachutes, and engage in a number of other survival related tasks. The tribe with the most points at the end of the week will claim the honor of Survivor: Engineer's Cove winner. Join the afternoon session to see how robots can help humans in disaster and survival scenarios. **INSTRUCTOR:** Engineering for Kids

JPCC	M-F	9:00 am-12:00 pm	Jul 18-22	\$175 \$140 <i>RD</i>	ages 7-14
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S.T.E.M. Camps

Brick City Architects Track Out Camp

Build city-themed models and construct famous landmarks! Games and crafts will also be part of the camper's daily experience and at the end of the week, you will also get to take home a custom mini figure! **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M-F	9:00 am-12:00 pm	May 16-20	\$195	grades K-5
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Coding with Scratch Track Out Camp

Bring LEGO® Bricks to life with coding! Campers will build models with LEGO® WeDo then control their models on the screen and in real life with the codes they write. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M-Th	9:00 am-12:00 pm	Jun 13-16	\$170	grades 3-5
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Video Game Design Track Out Camp

Students will develop a range of coding and problem-solving skills as they create fun video games; play their completed games; and get a copy of their games to take home to play and modify on their own! **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M-Th	1:00-4:00 pm	Jun 13-16	\$170	grades 3-5
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Superheroes of America Track Out Camp

Join us for a week of supercharged fun featuring iconic Superheroes and Villains from the Marvel and DC Universes. Games and crafts will also be part of the camper's daily experience and at the end of the week, you will also get to take home a custom mini figure! This camp is not affiliated with Marvel or DC Comics. **INSTRUCTOR:** Gear Shifters STEM Explorers

Ren Ctr	M-F	9:00 am-12:00 pm	Aug 22-26	\$195	grades K-5
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Athletic Camps

JJ Miller Basketball Camp

JJ Miller Basketball Camp helps youth learn the value of teamwork, discipline, strong work ethic, and moral values through the game of basketball. JJ Miller strives to help each camper develop the fundamentals of the game while having loads of fun! JJ and his staff provide a safe and fun environment for kids of all ages, gender, and skill level to learn and improve at the game of basketball. Please bring a snack daily. **INSTRUCTOR:** JJ Miller, Hooper's Elite Basketball Services

Flah Park	Tu-F	8:00 am-12:00 pm	Jul 11-15	\$100* \$80 <i>RD</i> *	ages 7-12
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Flah Park	Tu-F	1:00 pm-5:00 pm	Jul 11-15	\$100* \$80 <i>RD</i> *	ages 13-17
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**T-shirts are guaranteed for those who pre-register at least 10 business days prior to start of camp*

Skyhawks Cheerleading Camp «NEW!»

Skyhawks cheerleading teaches young athletes all the essential skills to lead the crowd and support the home team. Skyhawks' cheer camp will ensure that each camper will learn cheers, proper hand and body movements as well as jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as teambuilding and leadership. The week concludes with a choreographed performance. **INSTRUCTOR:** Triangle Skyhawks

AMC	M-F	9:00 am-12:00 pm	Jun 27-Jul 1	\$163 \$130 <i>RD</i>	ages 6-12
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Kidokinetics Preschool Camp

Our Preschool sports camp introduces preschoolers to a variety of sports, group games and fitness activities! An exciting addition to your summer schedule, our experienced coaches will ensure the kids are having fun while being active and learning new sports skills. Activities include baseball, basketball, hockey, parachute and much, much more! Children must be potty trained. **INSTRUCTOR:** Kidokinetics

JPCC	M-F	9:00 am-12:00 pm	Jun 6-10	\$181 \$145 RD	ages 3-6
JPCC	M-F	9:00 am-12:00 pm	Aug 1-5	\$181 \$145 RD	ages 3-6

Kidokinetics All-Sports Camp

Our multi sports camp introduces kids to a variety of sports, games and activities that will get them moving! Soccer, baseball, hockey, basketball and lacrosse headline the expansive roster of sports. Campers will learn new skills, gain self-confidence and try sports they may not have had an opportunity to try before. If your kids love all things sports, this camp is for them! **INSTRUCTOR:** Kidokinetics

JPCC	M-F	9:00 am-12:00 pm	Jun 20-24	\$181 \$145 RD	ages 6-9
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Networks Basketball Camp

Time to work out during your offseason! Networks Basketball is here this summer to enhance your child's basketball fundamentals and to get their game to the next level. This camp will include drill work, skills contest, and competitive play situations. With over 25 years of experience, Networks Basketball Camp will be a week full of instructional fun! Drop off as early as 8:30 am, pick up as late as 12:30 pm. Three camp opportunities! Sign up for one or all and be ready for your upcoming season. **INSTRUCTOR:** Networks Basketball

JPCC	M-F	9:00-12:00 pm	Jun 13-17	\$90 \$75 RD	ages 7-11
JPCC	M-F	9:00-12:00 pm	Jul 11-15	\$90 \$75 RD	ages 7-11
JPCC	M-F	9:00-12:00 pm	Aug 8-12	\$90 \$75 RD	ages 7-11

Volley Up! Girls Volleyball Camp ◀NEW!▶

Ready to serve, set, volley, and spike? It's time to get the girls active with our new Volley Up! Girls Volleyball Camp! Participants will improve their volleyball skills through a variety of on-the-court drills, focusing on the fundamentals, and having fun while advancing your game. With the help of our local coaches, your volleyball game will be ready for the next season! Three summer camps available: youth, middle school, and high school. **INSTRUCTOR:** Tom Harris

JPCC	M-Th	1:00-4:00 pm	Jun 13-16	\$90 \$75 RD	ages 14-18
JPCC	M-Th	1:00-3:00 pm	Jul 11-14	\$90 \$75 RD	ages 8-11
JPCC	M-Th	1:00-4:00 pm	Aug 8-11	\$90 \$75 RD	ages 11-13

Skyhawks Volleyball Camp ◀NEW!▶

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner to intermediate player and will incorporate essential life-lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and daily scrimmages aimed at developing the whole player.

INSTRUCTOR: Triangle Skyhawks

Flah Park	M-F	9:00 am-12:00 pm	Jun 20-24	\$163 \$130 RD	ages 7-12
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Spring Break Camps

Out of This World Engineering Week: Spring Break Edition

◀NEW!▶

Is mankind ready to inhabit the moon? With a little help from Engineering for Kids® students, humans will be prepared to take up residence by the end of the week! Students will collaborate with their Space State teams to create the safest and most effective community on the moon. Build bridges and lunar landers and make and launch rockets throughout this exciting week. Which team will earn enough Astro-Points to be declared the winner? Looking for the full aerospace experience? Join the afternoon class as well where students will be programming their own Mars robots! **INSTRUCTOR:** Engineering for Kids

Flah Park	M-F	9:00 am-12:00 pm	Apr 11-15	\$175 \$140 RD	ages 7-14
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LEGO Robotics Mission to Mars: Spring Break Edition

◀NEW!▶

This LEGO® Robotics: Mission Mars curriculum is designed to introduce students to the world of not only building, but also programming basic robots. Throughout this course the students will explore different ways in which a robot could be utilized to explore a distant planet. Looking for the full aerospace experience? Join the morning class as well where students will be building and launching rockets as well as building lunar landers and bridges. **INSTRUCTOR:** Engineering for Kids

Flah Park	M-F	1:00-4:00 pm	Apr 11-15	\$175 \$140 RD	ages 7-14
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ATHLETICS

YOUTH AND ADULT



Youth Athletics

YOUTH BASEBALL / SOFTBALL

Spring Baseball, Softball & T-Ball Leagues

League age is determined by participant's age on April 30, 2022. Registration will be held February 1-28. Team practices begin in late March/early April. Games are played through June. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov

Registration: Feb 1-28	Mar-Jun season	\$100 \$60 RD	ages 5-17 boys and girls
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Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. Registration will be held February 1-28. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Registration: Feb 1-28	Apr-Jun season	\$15*	ages 5+
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**Pre-registration required, \$10 late fee assessed after deadline*



Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least 3 games per season. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-435-9559

Registration: Feb 1-28	Apr-Jun season	free*	ages 10+
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**Pre-registration required*

Fall Baseball & Softball League

League age is determined by participant's age on April 30, 2022. Registration will be held June 1-30. Team practices begin in August games are played through mid-October. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Jun 1-30	Aug-Oct season	\$100 \$60 RD	ages 6-16 boys and girls
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YOUTH BASKETBALL

Inge Basketball 3v3 <<NEW!>>

At the end of the winter basketball season, join NC State's Kenny Inge in a fast-paced competition each week this spring. Coach Inge developed this COED 3v3 league for basketball players of all skill levels. You can bring your own team of 5 or we will place you on one. Eight-game season, one game per week. **INSTRUCTOR:** Inge Basketball

Registration: Feb 1-28	Mar-May season	\$195 \$155 RD	ages 8-17 boys and girls
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**Registration includes Inge team shirt*

Skills, Drills & Development Basketball Clinic

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by JJ Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	10:00-10:45 am	Mar 5-26	\$94 \$75 RD	ages 6-12
Flah Park	Sa	10:00-10:45 am	Apr 16-May 7	\$94 \$75 RD	ages 6-12



Individual Basketball Training

In this program, J.J. Miller trains and develops all the basketball curriculum for our programs. We also have several Hooper's Elite certified trainers who are also USA Basketball licensed. Our individual training program concentrates on every aspect of the game and is specific to each individual player. These sessions are typically 1 player, however, they can be up to 3 if it's beneficial for each player. Sessions last 45-60 minutes depending on the key areas that we are working on for the particular day. The first session will be an evaluation session in which we put our clients through some basic drills to assess their skill level and focus on areas of their game that should be strengthened. We also get the player's thoughts on the areas in which they would like to improve. With this information, we will put together a specific program to maximize improvement.

The individual training programs include but are not limited to the following:

- Fundamentals (Ball Handling/Dribbling, Shooting, Passing, Defense, Rebounding, Footwork/agility, etc.)
- Drills (that can be translated to live play in games)
- Conditioning
- Mental aspects of the game
- Hidden gems (tips and pointers that I share only with my players on how to have an advantage in different areas during the game that I have learned through my own experiences of playing at the highest levels of each stage of my career.)

INSTRUCTOR: JJ Miller, Hoopers Elite Basketball Services

Flah Park	M-F	3:00-6:00 pm	Mar	\$400 \$320 RD	ages 7+
Flah Park	M-F	3:00-6:00 pm	Apr	\$400 \$320 RD	ages 7+
Flah Park	M-F	3:00-6:00 pm	May	\$400 \$320 RD	ages 7+
Flah Park	M-F	3:00-6:00 pm	Jun	\$400 \$320 RD	ages 7+
Flah Park	M-F	3:00-6:00 pm	Jul	\$400 \$320 RD	ages 7+
Flah Park	M-F	3:00-6:00 pm	Aug	\$400 \$320 RD	ages 7+

**This program is for intermediate to advanced level players. Upon registering, the director will contact you for scheduling (8 sessions)*

YOUTH VOLLEYBALL

Youth Volleyball League

League age is determined by participant's age on September 1, 2022. Registration will be held April 1-30. Team practices begin in May, games are played through early July. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov



Registration: Apr 1-30	May-Jul season	\$100 \$60 RD	ages 9-16 girls
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YOUTH RUNNING

Nike® Marathon Kids Run Club

Kidokinetics has partnered with Marathon Kids sponsored by Nike® to offer this running and fitness program for kids! The goal is to run/walk a full marathon during the 10-week session! Work on proper running form, strength, flexibility, balance and coordination. Class builds confidence and discipline while helping kids to set and achieve goals! **INSTRUCTOR:** Kidokinetics



JPCC	Tu	4:45-5:45 pm	Feb 22-May 3*	\$100 \$60 RD	ages 5-12
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**No class Apr 12*

YOUTH & ADULT OPEN PLAY

Open Play

The Wake Forest Parks, Recreation & Cultural Resources Department offers open play times for participants to play sports in our indoor facilities. Activities vary by location and may include basketball, volleyball, badminton or preschool open play. Please visit wakeforestnc.recdesk.com/Community/Calendar for the most up-to-date offerings.

Note: non-residents must purchase a RecCard membership to participate.

YOUTH & ADULT TENNIS

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit wfata.usta.com.

Athletic League Registration

YOUTH REGISTRATION: **New players** must submit a copy of the participant's birth certificate. **Returning players** are not required to submit a birth certificate. ALL registration for youth leagues will be held online during the specified registration periods. Computer access will be available at Joyner Park Community Center and Wake Forest Town Hall should registrants need access.

RESIDENT DISCOUNT (RD): Youth athletic league participants will be charged \$100 at the time of registration. Residents who live within the town's limits are eligible for the discounted rate of \$60.

ADULT REGISTRATION: Register online at wakeforestnc.recdesk.com.

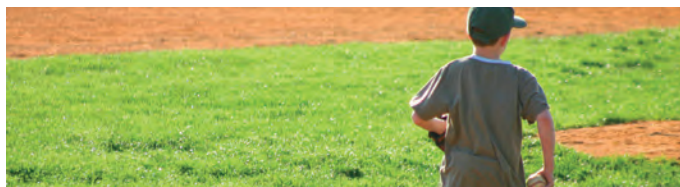
REFUNDS: Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

SPRING 2022 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2016	2016	2016	2016	2016	2016	2016	2016	2017	2017	2017	2017	5
2015	2015	2015	2015	2015	2015	2015	2015	2016	2016	2016	2016	6
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	7
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	8
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	9
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	10
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	11
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	12
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	13
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	14
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	15
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	16
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.



Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	Senior League (15-17)
Senior League (15-17)	16	Senior League (15-17)
Senior League (15-17)	17	Senior League (15-17)



FALL 2022 Baseball & Softball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2015	2015	2015	2015	2015	2015	2015	2015	2016	2016	2016	2016	6
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	7
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	8
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	9
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	10
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	11
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	12
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	13
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	14
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	15
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	16

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
Rookie League (machine pitch)	6 coed	Rookie League (machine pitch)
Rookie League (machine pitch)	7 coed	Rookie League (machine pitch)
Minor League	8 coed	Minor League
Minor League	9 coed	Minor League
Little League (10-11)	10	Little League (10-11)
Little League (10-11)	11	Little League (10-11)
Junior League (12-13)	12	Junior League (12-13)
Junior League (12-13)	13	Junior League (12-13)
Senior League (14-16)	14	Senior League (14-16)
Senior League (14-16)	15	Senior League (14-16)
Senior League (14-16)	16	Senior League (14-16)



Rained Out
Sign up to receive
game cancellation notices
via text message.

RainedOut is a free notification program that allows you to receive a text message on your cellphone when games have been cancelled. To enroll for **Youth Baseball/Softball, Dream League** or **Adult Softball**, send a text to 844-83 with the message "Fields22". For the **Volleyball League**, send a text to 844-83 with the message "VB2022". For **Youth Basketball** and **Spirit League**, send a text to 844-83, with the message "BB2022".

Adult Athletics

ADULT SOFTBALL

Men's Spring Softball League

Games played Monday, Wednesday & Thursday beginning in mid-March. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Feb 1-28	Mar-Apr season	\$550/team	ages 18+
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Church Men's Softball League

Games will be played Tuesday and Thursday beginning in late April. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Mar 1-31	Apr-Jun season	\$550/team	ages 18+
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Church Co-Rec Softball League

Games will be played Monday, Tuesday & Thursday, beginning mid-June. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: May 1-31	Jun-Aug season	\$550/team	ages 18+
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Men's Fall Softball League

Games will be played Monday, Wednesday, & Thursday beginning mid-August. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Co-Rec Fall Softball League

Games will be played on Monday, Tuesday, & Thursday beginning mid-August. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Join a league as a free agent!

Adults (age 18+) that are interested in playing softball or kickball but are without a team may register as a "Free Agent." PRCR staff will provide Free Agent contact information to team managers that may be seeking additional players to complete their team roster. To register as a Free Agent, complete the form at wakeforestnc.gov (search "free agent").

ADULT KICKBALL

Spring Adult Co-Rec Kickball League

League play is scheduled to begin mid-March. Games will be played weeknights and Sundays through late May. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-28	Mar-May season	\$225/team	ages 18+
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Fall Adult Co-Rec Kickball League

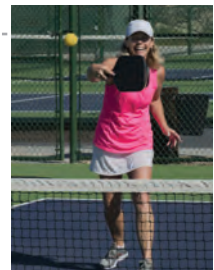
League play is scheduled to begin mid-September. Games will be played on weeknights and Sundays through late October. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Aug 1-31	Sep-Oct season	\$225/team	ages 18+
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ADULT PICKLEBALL

Pickleball Clinic – Beginner

Pickleball is considered one of the fastest-growing sports in the United States. It is a paddle sport that combines elements of tennis, badminton, and ping-pong, using a Pickleball paddle and a whiffle-type ball. Pickleball allows you to work on your balance, reflexes, and hand-eye coordination without placing excessive strain on your body. This clinic will provide the basic skills for learning how to play the game. Participants will learn basic rules, court position, basic techniques, courtesy and safety on and off the courts. **INSTRUCTOR:** USAPA Pickleball Ambassadors



Flah Park	M	8:30-10:30 am	Mar 7-14	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	Apr 4-11	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	May 9-16	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	Jun 6-13	\$32 \$25 RD	ages 18+
Flah Park	M	8:30-10:30 am	Aug 8-15	\$32 \$25 RD	ages 18+

Pickleball Clinic – Intermediate

Ready to improve your pickleball technique even more? Players who are already experienced with serving and rallying consistently but are looking to take their game to the next level, are invited to join in! Participate in targeted drills designed to improve movement, shot selection, accuracy, consistency, and overall game strategy. **INSTRUCTOR:** Troy Miller

JPCC	M	6:30-8:00 pm	May 16-23	\$63 \$50 RD	ages 9+
JPCC	M	6:30-8:00 pm	Jul 18-25	\$63 \$50 RD	ages 9+

AQUATICS

& WATER FUN

Holding Park Aquatic Center

133 W. Owen Ave. | 919-435-9560

OPEN: May 28 - Sep 11

AMENITIES: Six-lane, 25-yard lap pool; two water slides with plunge pool; and a children's pool with sprayground features



Open Swim Hours

The aquatic center will open on Saturday, May 28 (Memorial Day weekend) for the summer season. The center will remain open through Sunday, Sep. 11.

Mon-Fri	9:00 am-12:00 pm	May 30, Jun 27-Jul 1, July 4-8, Jul 25-Aug 26
	1:00-4:00 pm	
	5:00-8:00 pm	May 31-Jun 10
	11:00 am-2:00 pm	Jun 13-24, Jul 11-22
	3:00-6:00 pm	
Sat	9:00 am-12:00 pm	May 28, Jun 6-10, Jul 4-8, Jul 23-Aug 27
	1:00-4:00 pm	
	5:00-8:00 pm	
	12:00-3:00 pm	Jun 18-25, Jul 9-23
	4:00-7:00 pm	
Sun	1:00-4:00 pm	May 29-Sep 11
	5:00-8:00 pm	

Daily Admission Fee

age 2 and under	\$2 \$1 <i>RD</i>
age 3-13	\$6 \$4 <i>RD</i>
ages 13-59	\$7 \$5 <i>RD</i>
ages 60+	\$6 \$4 <i>RD</i>



Swim Lessons

Swim class sessions (4 sessions, Monday-Thursday) will be offered in June and July. Specific dates and times will be available at Joyner Park Community Center and online by May 23. Registration begins June 1. Maximum of 4 per class. All registration will be held online.



M-Th June-July (schedule available May 23)

\$80 | \$40 *RD*

Taylor Street Sprayground

Located at Taylor Street Park, the sprayground will be open daily, April 16-October 2. Wake Forest's first sprayground is a dynamic, zero-depth aquatic play area that provides endless hours of fun for the entire family. The sprayground combines the sensations of different water movements—flowing, misting, and jetting—with diverse features for an unequalled aquatic play adventure.



HOURS:

Mon-Sat 10:00 am-8:00 pm;
Sun 12:00-8:00 pm

RENAISSANCE CENTRE

FOR THE ARTS



Upcoming Events

Wake Forest Film Festival

The third Wake Forest Film Festival will take place the first week-end in March! This event aims to spotlight passionate, creative and thought-provoking movies by some of today's most promising and accomplished local, national, and international filmmakers. The festival is a two-day film showcase that will engage audiences with films of all lengths and genres that include short and feature, documentary, horror, animation, and student. This festival is intended for both the general public and film professionals. **CONTENT ADVISORY:** The majority of the Wake Forest Film Festival selections for this year are classified for mature audiences. Some films may not be suitable for children under 13.

Mar 4-5	visit website for times*	Renaissance Centre	General Admission: \$15 (includes all films)
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*Screening schedule and film ratings can be viewed at wakeforestrencen.org

The Diary of Anne Frank Presented by Forest Moon Theater

In this powerful new adaptation by Wendy Kesselman, Anne Frank emerges from history a living, lyrical, intensely gifted young girl, who confronts her rapidly changing life and the increasing horror of her time with astonishing honesty, wit, and determination. An impassioned drama about the lives of eight people hiding from the Nazis in a concealed storage attic during the second world war, The Diary of Anne Frank captures the claustrophobic realities of their daily existence—



their fear, their hope, their laughter, their grief—with chilling parallels to the times in which we live today.

Mar 11	7:30 pm	Renaissance Centre	Advance: \$15 individual, \$13 student/senior
Mar 12	3:00 pm	Renaissance Centre	Day Of: \$18 individual, \$16 student/senior
Mar 12	7:30 pm	Renaissance Centre	
Mar 13	3:00 pm	Renaissance Centre	

Sons of Mystro

Have you ever been serenaded by a musical duo who plays over ten different genres of popular music, using the violin instead of their voices to literally express a song's lyrics? If not, then you must not have heard of the upcoming Violin Virtuoso's - Sons of Mystro! Reflecting their Caribbean roots, Sons of Mystro has played The Grace Jamaican Jerk Festival, Legends Easter Fest, One Love Reggae Fest, Reggae Dancehall Awards, and graced the same stage with reggae and dancehall veterans such as Marcia Griffiths, John Holt, Ken Boothe, Dobby Dobson, Freddie McGregor, Frankie Paul, Barrington Levy, and artists from the now generation such as Mr Vegas, Beenie Man, Romain Virgo, Etana. Many of these artists have expressed amazement at the depth and variety of Sons of Mystro musical selections and their innovative and artistic arrangements.

Mar 24	7:00 pm	Renaissance Centre	General Admission: \$12
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SONS OF MYSTRO MAR 24



RENAISSANCE CENTRE

Joshua Lozoff - Life is Magic

Joshua's stage show combines amazing illusions developed in his travels around the world, with mental feats that explore the possibilities of the human mind. His performances reflect his love for the art of magic, and his fascination with psychology, intuition and other inner workings of the mind. In one moment, he solves a Rubik's Cube just by tossing it in the air, and in the next he attempts to predict a volunteer's choices even before she knows them herself! The result: A fun, mind-boggling performance that leaves audiences amazed and talking long after the show is over. The show is highly interactive, and Joshua always makes good on his promise to treat every participant with respect, creating moments of joy and amazement that last long after the evening is over. An Arts for All program supported in part by the National Endowment for the Arts.



Apr 1	7:00 pm	Renaissance Centre	Free Admission
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SOLE Defined's VIBEZ

SOLE Defined's VIBEZ takes us back to the roots of hip-hop where it began as an innovative sound, form of social protest, Afrocentric expression and a celebration of life. SOLE Defined was founded in 2011 by Ryan Johnson and Quynn Johnson. SOLE Defined's mission is to use percussive dance to raise awareness about social and economic issues directly affecting people of color. Ryan made history in 2010 by becoming the first tap dancer to win the DC Metro Dance Awards: Outstanding Solo Performance. He has performed in The Beatles LOVE by Cirque Du Soleil and was a part of the NYC and touring cast of the hit show STOMP. Quynn is a multi-award-winning performer, Wolf Trap National teaching artist, and author. Most recently she toured as the featured tap soloist in the Tony Award Winning Production, After Midnight. She was a featured soloist in the Washington Ballet's production of "The Great Gatsby" and has performed at The Lincoln Center, in the cast of Cirque du Soleil's One Drop production "Mosaic."

Apr 9	7:30 pm	Renaissance Centre	General Admission: \$15
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The Malpass Brothers

It's July in Wake Forest and that means it's time for a Malpass Brothers concert. Taking the stage for the 8th year in a row, the Malpass Brothers bring their traditional country music to the Renaissance Centre stage. The Brothers' music is steeped in the legacy of the Louvin Brothers, Johnny Cash, Marty Robbins, Hank Williams Sr., and others. Count on country classic as well as new Malpass tunes. Count on traditional gospels. Count on big, high hair, and maybe even an Elvis twitch. Count on an evening filled with laughter and music. But don't count on buying a ticket as the door because this one is always a sell out!

Jul 23	7:30 pm	Renaissance Centre	General Admission: \$25*
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*Tickets go on sale June 8



PURCHASE TICKETS

Tickets for shows may be purchased at wakeforestrecn.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458. **Ticket prices do not include tax.**

STAY CONNECTED

Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestrecn.org and clicking on "Join our Mailing List."



American Sign Language Interpretation: For guests who are deaf or hard-of-hearing and use ASL as their primary means of communication, the Renaissance Centre will provide an interpreter for performances marked with this symbol. Please contact the box office at 919-435-9458 at least two weeks before the event to let us know that you will be joining us. Assistive Listening Devices are also available upon request for all Renaissance Centre events.

Staying active is good for you.



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz, kschurtz@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.recdesk.com. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Risk & Liability

By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with/actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

OPEN PLAY

RecCard required

To participate in Open Play, you must obtain and show your RecCard. RecCards are required for any individual over the age of six participating in Open Play. Children five and under do not need a RecCard but they must be accompanied to Open Play by a parent or guardian. To get a RecCard, you must first create a new online registration account at wakeforestnc.recdesk.com. RecCards are free. If you lose your RecCard, the charge to get a new one is \$5.





Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parks-recreation-cultural-resources](http://wakeforestnc.gov/parks-recreation-cultural-resources)

So much fun in store for spring and summer!

