

RecConnect

MAR-AUG 2025

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

SPRING & SUMMER

EVENTS
PROGRAMS
CAMPS
ATHLETICS



A Nationally Accredited Agency



WELCOME



Meet our Staff

Erica Shingleton

currently serves as an Athletics & Aquatics Specialist, overseeing youth and adult sports programs and aquatics programs at Holding Park Aquatic Center and the Taylor Street Sprayground. In 2013, she graduated from East Tennessee State University with a Bachelor's Degree in Physical Education, specializing in Exercise Science, and earned a Master's Degree

in Exercise Science, with a concentration in Strength & Conditioning, from Appalachian State University in 2015. Before joining the Wake Forest team, Erica was the Director of Recreation at the Williams YMCA of Avery County, overseeing the Athletics and Aquatics Departments. In her free time, she enjoys reading, watching Clemson football, spending time with family and her beloved dog, Penny, and exploring the outdoors.

Program registration begins Feb 1 for residents and Feb 8 for non-residents

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Joyner Park Community Center (JPCC)**, 701 Harris Road, Mon-Fri 6 am-9 pm, Sat 8 am-4 pm, Sun 1-5 pm
- **Flaherty Park Community Center (FPCC)**, 1226 N. White St., Mon-Fri 8 am-9 pm, Sat 8 am-4 pm, Sun 1-5 pm *payments by checks and credit/debit cards only*
- **Alston-Massenburg Center (AMC)**, 416 N. Taylor St., Mon-Fri 12-8 pm, Sat 8 am-4 pm, Sun 1-5 pm

Rec Card required to access amenities at PRCR facilities

Wake Forest residents and non-residents ages 11 and older must have a Recreation Card (Rec Card) to access amenities offered at all PRCR facilities including Joyner Park Community Center. Those without a Rec Card may visit PRCR facilities any time, but a Rec Card is required to access the amenities.

Amenities that require a Rec Card:

Indoor walking track, cardio equipment, exercise room, open gym times for volleyball, basketball and pickleball

Rec Card Fees:

RESIDENTS: Free. **NON-RESIDENTS:** \$25 (individual), \$50 (family). **DROP-IN FEE:** \$5. **REPLACEMENT FEE:** \$5 for lost or stolen cards.

To Obtain a Rec Card:

1. Create a profile at wakeforestnc.recdesk.com
2. Visit JPCC, FPCC or AMC to have your picture taken and present proof of residency.

Expiration: Rec Cards are valid for one year from date of purchase and must be renewed annually.

Wake Forest Parks, Recreation & Cultural Resources Department
701 Harris Road, Wake Forest, NC 27587
919-435-9560 | fax 919-435-9499
wakeforestnc.gov

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Monday-Friday, 8 am-5 pm

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Alston-Massenburg Center

416 N. Taylor St. | 919-554-6189
CENTER MANAGER James Triplette
jtriplette@wakeforestnc.gov | 919-554-6189

Flaherty Park Community Center

1226 N. White St. | 919-554-6726
CENTER MANAGER Grayson Pridgen
gpridgen@wakeforestnc.gov | 919-554-6726

Joyner Park Community Center

701 Harris Road | 919-435-9560
CENTER MANAGER Shawn Monday
smonday@wakeforestnc.gov | 919-435-9554

Wake Forest Community House

133 W. Owen Ave. | 919-435-9553
CENTER MANAGER Krista Muse
kmuse@wakeforestnc.gov | 919-435-9553

Wake Forest

Renaissance Centre for the Arts

405 S. Brooks St. | 919-435-9458
CENTRE DIRECTOR Debbie Dunn
ddunn@wakeforestnc.gov | 919-435-9567

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens by promoting health and wellness through diverse, safe, accessible, and culturally enriching recreational opportunities.



EVENTS

AND COMMUNITY ACTIVITIES



EASTER EGGSTRAVAGANZA
APR 5

Astronomy Night <<NEW!>>

Join us for "Astronomy Night" at Joyner Park, hosted by Wake Forest PRCR in collaboration with the Raleigh Astronomy Club. This exciting evening is best suited for ages eight and above and offers a unique opportunity to explore the wonders of the night sky. Observe stars and planets through telescopes, engage with experts as they answer your astronomy questions, and participate in fun sky-themed activities. Admission is free, but pre-registration is required to secure your spot. Don't miss this chance to deepen your understanding of the cosmos and enjoy a stellar night out! Don't forget your flashlight – it's going to be dark!

Joyner Park	Feb 8	Sa	7:00-8:00 pm	free*	ages 8+
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*Admission is free, but pre-registration is required to secure your spot. Children 15 or younger must be accompanied by an adult.

Mother-Son Dance

You are warmly invited to join us for an evening of love, laughter, and memorable moments. Celebrate the special bond that mothers/caretakers and sons share with an evening of fun at the Town of Wake Forest's Mother-Son Dance. Come ready to enjoy a night of music, dancing, refreshments and heartfelt conversations. Don't miss this opportunity to create cherished memories and share the dance floor with the person who holds a unique place in your heart.



WFCH	Mar 7	F	6:30-8:30 pm	\$38/couple	\$30/couple RD	ages 5+
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*Additional children are \$10 per child

Mother Daughter Tea

Join us for a morning of elegance and connection. We would be honored to have you and your lovely daughter, as our special guests for an enchanting morning filled with tea, treats, and treasured conversation. Wear your tea dresses, your big floppy hats and your best gloves (not mandatory)! It's a perfect occasion to relax, sip tea, and create beautiful memories with your beloved daughter.

WFCH	Mar 22	Sa	10:00-11:30 am	\$38/couple	\$30/couple RD	ages 4+
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*Additional children are \$10 per child

Wake Forest Comic Book & Toy Expo

Comics, action figures and more, oh my! Come join us for a thrilling event that will present a chance to purchase vintage comics, rare action figures and more. This expo will feature dedicated vendors of your favorite pop culture nostalgia. Whether you're a collector, an aficionado, or just out on a family stroll you will not want to miss this amazing show! This event is free to attend for the public and welcome to all ages. Managed by Brandon Wright of Play4Life Comics.

FPCC	Mar 22	Sa	10:00 am-4:00 pm	free	all ages
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Easter Eggstravaganza

Join us for an EGG-citing Easter Eggstravaganza! Hop on the Bunny Trail any time between 11:00 a.m. and 1:00 p.m. to "poach" your eggs. That's right! No more "hard scramble" leaving you "fried." You'll have two hours to leisurely hop in and collect your eggs – entirely at your convenience. The celebration will feature music, crafts, food trucks, and a visit from the Easter Bunny. Bring your own basket and get ready to have an eggstra good time!



Joyner Park*	Apr 5	Sa	11:00 am-1:00 pm	free	all ages
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*In case of inclement weather, the event will be canceled

Egg-ceptional Egg Hunt

This egg hunt is free and will cater to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed.

Joyner Park*	Apr 5	Sa	10:30-11:00 am	free	all ages
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*In case of inclement weather, the event will be canceled



SIX SUNDAYS IN SPRING
APR 27-JUN 1

Six Sundays in Spring Concert Series

Dear music lovers, prepare to be moving to the beat as we bring you a collection of captivating performances by talented musicians. Bring a lawn chair and enjoy live music at the park! The Six Sundays in Spring concert series is co-sponsored by the Wake Forest Parks, Recreation and Cultural Resources Department and ARTS Wake Forest. Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited. Various food truck vendors will be onsite during each concert.

Joyner Park*	Apr 27-Jun 1	Su	5:30-7:30 pm	free	all ages
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**In case of inclement weather, the event will be canceled*

Memorial Day Remembrance-Wall Of Honor

It's time to remember and thank those who served our country. For the month of May, we will be recognizing those in all branches of the military service with their names and branches of service displayed on our Remembrance Wall of Honor located at three recreational facilities – Joyner Park, Flaherty, and Alston-Massenburg Community Centers. Military members that have passed away, giving the ultimate sacrifice, will be remembered in RED. Military members currently serving or have served will be represented in BLACK. Spaces are limited. Names will be accepted on a first come, first-serve basis. During signups, from Feb 1-Apr 14, you will provide us the name(s) of the military members and their branch of service.

JGCC, FPCC, AMC	May 1-31			free	ages 18+
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Movie Nights in the Park

The Wake Forest Parks, Recreation and Cultural Resources Department is excited to invite you to our Movie Nights in the Park, where we'll transform Joyner Park into an open-air cinema for evenings of cinematic magic, community, and fun. Pack your blankets or lawn chairs and gather under the sky as we enjoy family friendly films together as a community. There will be assorted food vendors on site selling snacks and beverages. Area residents planning to attend are encouraged to arrive early as viewing space may be limited. E. Carroll Joyner Park is located at 701 Harris Road. Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited. Preshow activities for the children begin at 7:30 pm.

Joyner Park	May 24	Sa	8:30 pm	free	all ages
Joyner Park	Jun 14	Sa	8:30 pm	free	all ages
Joyner Park	Jul 19	Sa	8:30 pm	free	all ages
Joyner Park	Aug 2	Sa	8:30 pm	free	all ages

**In case of inclement weather, the event will be canceled*

National Trails Day

Lace up your running shoes and get ready to hit the trails because it's time for our annual National Trails Day 5K/3K Race! The Town of Wake Forest will celebrate National Trails Day, Saturday, June 7, at E. Carroll Joyner Park, 701 Harris Road with a family-friendly 5K/3K walk/run from 8-9 a.m. We invite you to celebrate the beauty of nature and the joy of running with us on this special day. Challenge yourself and connect with fellow runners. Participation in this race is not just about the run; it's about supporting and preserving our beautiful trails and the environment. Proceeds from the event will go towards trail maintenance and conservation efforts.



Joyner Park	Jun 7	Sa	8:00-11:00 am	free*	all ages
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**Attendance is free, 5k walk/run will require a registration fee*

Summer Community Concert «NEW!»

Join us for a magical evening of classical music that will inspire and uplift our community! The event is designed to bring together music lovers of all ages in a celebration of timeless compositions and the beauty of live performance. This concert will feature a talented ensemble of local musicians and guest artists, showcasing an array of classical masterpieces that have touched hearts for generations. **INSTRUCTOR:** Emmanuel Little

JGCC	Jun 7	Sa	7:00-8:30 pm	free	all ages
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Independence Day Celebration

The 2025 Independence Day Celebration is a two-day event that kicks-off with the Fireworks Spectacular, a jaw dropping display that will leave you in awe. The fireworks are held Thursday, July 3, at Heritage High School, 1150 Forestville Road. Visitors are reminded that alcoholic beverages, smoking, and pets are prohibited. The festivities continue on Friday, July 4, with the Children's Parade and Art & Games in the Park. All of the events are free and open to the public. Bring your family, bring your friends, and let's create lasting memories together. For more information, visit wakeforestnc.gov and search "Independence Day."



Heritage High School	Jul 3	Th	5:30-9:30 pm	free	all ages
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Fall Concerts in the Park

Revel in the sounds of talented local artists and bands. Bring a lawn chair or blanket and enjoy live music at the park. Various food vendors will be on site, The performing bands will be announced at a later date. Concert in the Park is sponsored by the Wake Forest Parks, Recreation and Cultural Resources Department.

Joyner Park	Sep 7	Su	5:30-7:30 pm	free	all ages
Joyner Park	Sep 14	Su	5:30-7:30 pm	free	all ages

PARKS & GREENWAYS

PLACES TO PLAY

From our flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9564
HOURS: dawn to dusk



E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns, restored farm buildings and three miles of paved trails, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Leashed dogs are welcome to enjoy the trails. Amidst the beautiful scenery is the new Joyner Park Community Center and outdoor playground.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Performance Garden	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$75-\$800 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Open Space, Picnic Shelters & Greenways	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-554-6726
HOURS: dawn to dusk

Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, a dog park, tennis courts, pickleball courts and a community center. *See page 9 for center information.*



DOG PARK

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk
Athletic Field(s)	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk

Holding Park is a five-acre site that features an inclusive playground, basketball courts, picnic tables, the Wake Forest Community House and the



Holding Park Aquatic Center. The aquatic center includes a six-lane, 25-yard lap pool, two water slides with plunge pool and a children's pool with water play.

RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>PRCR/league</i> <i>schedules</i>

See page 8 for Wake Forest Community House rental information





Acres	Amphitheater	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Fitness Equipment (outdoor)	Flower Garden	Greenway	Grill	Open Space	Pickleball Court	Picnic Shelter	Picnic Tables	Playground	Pond	Restrooms	Soccer Field	Sprayground	Swimming Pool	Tennis Court
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PARKS

Ailey Young Park 800 Juniper Ave.	15		●	●					●			●	●	●		●					
DuBois Park 518 N. Franklin St.	0.4			●										●							
E. Carroll Joyner Park 701 Harris Rd.	117	●		●	●	●	●	●	●	●		●	●	●	●	●					
H.L. Miller Park 401 Elm Ave.	2							●					●								
Heritage High Park* 1140 Forestville Rd.	25		●	●				●								●	●				●
Holding Park 133 W. Owen Ave.	5		●	●	●				●	●			●	●			●			●	
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●				●
Kiwanis Park 400 E. Holding Ave.	1							●				●	●	●							
Plummer Park 965 Jones Wynd	0.5											●	●	●							
Smith Creek Soccer Center 690 Heritage Lake Rd.	17					●	●	●				●	●	●		●	●				
Taylor Street Park 416 N. Taylor St.	1.5				●		●		●			●	●	●		●				●	
Tyler Run Park 830 Pineview Dr.	9		●	●		●		●					●	●							

*Heritage High School park facilities are open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the Town's greenways.

For more information visit wakeforestnc.gov and search "adopt a trail."



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages. Enjoy instant access to popular community events. Search for "Town of Wake Forest" in the iPhone app store or in Google Play.



GREENWAYS

	Paved (P), Soft Trail (S)	Fitness Equipment	Length in Miles
E. Carroll Joyner Park 701 Harris Rd.	P	●	3.0 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P		1.3 mi.
H.L. Miller Park 401 Elm Ave.	P		0.4 mi.
J.B. Flaherty Park 1226 N. White St.	P	●	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P		0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P		0.45 mi.
Sanford Creek Heritage South Greenway	P	●	3.93 mi.
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P		1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	●	2.42 mi.
Tyler Run Park 830 Pineview Dr.	P	●	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S		1.6 mi.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is prohibited in the parks.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School and Tyler Run Park.

Soccer fields are located at Heritage High School and Smith Creek Soccer Center. See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9557

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to PRCR/league schedules</i>

Wake Forest Reservoir

Located off of Traditions Grande Boulevard, the Wake Forest Reservoir is open for paddle and electric powered boats. A small concrete boat ramp is adjacent to the parking area. Hikers can explore the 1.6 mile trail which follows the west bank of the lake.



Wake Forest's community centers are gathering spots for

Alston-Massenburg Center

416 N. Taylor St. | 919-554-6189

HOURS: Mon-Fri 12-8 pm; Sat 8 am-4 pm;
Sun 1-5 pm

AMENITIES: Large meeting room with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground, picnic shelter and sprayground.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Sat & Sun only:</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	24 tables 125 chairs available

Compare Amenities

	Available for Rent	Class/Program Room	Dance Studio	Fitness Equipment	Game Room	Gymnasium	Indoor Walking Track	Kitchen	Locker Rooms/Showers	Meeting Room	Performance Stage	Pickleball Court	Swimming Pool
Alston-Massenburg Center 416 N. Taylor St.	•	•						•		•	•		
Flaherty Park Community Center 1226 N. White St.	•	•			•	•		•		•		•	
Holding Park Aquatic Center 133 W. Owen Ave.													•
Joyner Park Community Center 701 Harris Road	•	•	•	•		•	•	•	•	•		•	
Wake Forest Community House 133 W. Owen Ave.	•							•		•			
Wake Forest Renaissance Centre 405 S. Brooks St.	•	•								•	•		

Wake Forest Community House

133 W. Owen Ave. | 919-435-9553

HOURS: Open for scheduled programs and private rentals

AMENITIES: The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs.

The Community House includes a kitchen and adjoins the Holding Park Aquatic Center and playground. To rent the Community House, call 919-435-9553 or visit the PRCR office at Joyner Park Community Center.



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Fri, Sat & Sun</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	27 tables 150 chairs available



Getting married?
Consider renting a town facility for your special day.

COMMUNITY CENTERS

AND RENTAL FACILITIES



fun and recreation – the perfect location for your next special event.

Joyner Park Community Center

701 Harris Road | 919-435-9560

HOURS: Mon–Fri 6 am–9 pm;
Sat 8 am–4 pm; Sun 1–5 pm

AMENITIES: Gymnasium, indoor walking track, cardio equipment, dance studio, meeting rooms, kitchen, locker rooms and showers

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov, search "Joyner Park Community Center."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 individual \$350 business	Rates range from \$75/hr– \$300/hr Two hour minimum. See website for details	Sat & Sun only	Fits 522 chairs or 300 chairs plus tables*
Kitchen	–	Add-on fees range from \$35–\$150	Daily	–
Multipurpose Room (entire room)	\$150 individual \$350 business	Rates range from \$25/hr– \$100/hr Two hour minimum. See website for details	Mon–Fri	86 chairs, 16 tables available
Multipurpose Room (entire room)	\$150 individual \$350 business	Rates range from \$35/hr– \$160/hr Two hour minimum. See website for details	Sat & Sun	86 chairs, 16 tables available
Cleaning Fee	–	\$15/hr Mon–Fri 10 pm–midnight, Sat 4 pm–midnight, Sun 8 am–1 pm, 5 pm–midnight	Daily	–

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.



Flaherty Park Community Center

1226 N. White St. | 919-554-6726

HOURS: Mon–Fri 8 am–9 pm;
Sat 8 am–4 pm; Sun 1–5 pm

AMENITIES: Gymnasium, arts & crafts room, game room, meeting room with adjoining kitchen

OPEN PLAY: Gymnasium available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov, search "Flaherty Park."



RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 individual \$350 business	Rates range from \$75/hr– \$300/hr Two hour minimum. See website for details	Sat & Sun only	Fits 550 chairs or 330 chairs plus tables*
Open Space	\$50 individual \$150 business	Rates range from \$15/hr– \$150/hr Two hour minimum. See website for details	Daily	–

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St. | 919-435-9458 | Event Hotline: 919-435-9428

Arts Annex: 407 S. Brooks St.

The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events.

AMENITIES: Grand hall, performance stage, meeting rooms, food staging area, dressing room

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestrenc.org or call 919-435-9458.



PRESCHOOL

PROGRAMS & CLASSES



Dance

Preschool Ballerinas

Join us as we learn basic ballet technique through music and movement. Our class will begin with a warm up, basic technique, movement across the floor, and a short choreography piece. All dancers should wear appropriate ballet attire including ballet shoes. Girls should wear a leotard, skirt, and tights or leggings. Boys should wear shorts and a shirt. **INSTRUCTOR:** Melissa Duggan



JGCC	Sa	8:30-9:15 am	A	Mar 1-29	\$75	\$60 RD	ages 3-4
JGCC	Sa	10:30-11:15 am	B	Mar 1-29	\$75	\$60 RD	ages 3-4

*No class Mar 15



Become an Instructor!

If you have an interest in becoming an instructor and introducing a new program or class, please contact Community Center Supervisor Grayson Pridgen at gpridgen@wakeforestnc.gov.

Gymnastics

Introduction to Gymnastics ◀NEW!▶

This 6-week Introduction to Gymnastics program is a dynamic and engaging opportunity for individuals to explore the fundamentals of gymnastics. This program is perfect for those who are new to the sport or looking to enhance their physical abilities in a fun and supportive environment. **INSTRUCTOR:** The Tumble Gym

JGCC	Sa	9:00-9:45 am		Apr 19-May 24	\$132	\$105 RD	ages 3-4
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Intermediate Gymnastics ◀NEW!▶

This 6-week program focuses on enhancing core skills while introducing more complex movements and routines. It aims to improve strength, flexibility, coordination, and body awareness. Participants will work on mastering fundamental elements and preparing for more advanced gymnastics techniques and routines. **INSTRUCTOR:** The Tumble Gym

JGCC	Sa	10:00-10:45 am		Apr 19-May 24	\$132	\$105 RD	ages 3-4
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Storytime

Storytime & Crafts

Parents everywhere, bring your kids out for a good book and some arts and crafts at Joyner Park Community Center. FUN and CREATIVITY are the goals. Each session is a themed program, filled with a story, arts and crafts, and all-around fun! Sign your little one up today and don't miss out! **INSTRUCTOR:** JPCC Staff

JGCC	F	10:15-11:00 am		Mar 21	\$7	\$5 RD	ages 3-6	Marching Into Spring
JGCC	F	10:15-11:00 am		Apr 18	\$7	\$5 RD	ages 3-6	April Showers
JGCC	F	10:15-11:00 am		May 16	\$7	\$5 RD	ages 3-6	Bring May Flowers



Sports

Skyhawks SoccerTots (Cubs) <<NEW!>>

Kickstart a passion for soccer with SoccerTots, an active, game-based introduction for young athletes. This program enhances motor skills and self-confidence with engaging activities that focus on developing core soccer skills and introducing friendly competition. Parent participation is required. **INSTRUCTOR:** Skyhawks Sports Academy

FPCC	Th	4:00-4:45 pm	Mar 6-27	\$99	\$79 RD	ages 2-3
FPCC	Th	4:00-4:45 pm	May 8-29	\$99	\$79 RD	ages 2-3

*Parent participation is required. Classes will be held on the Field 1 outfield at Flaherty Park.

Skyhawks SoccerTots (Bears) <<NEW!>>

Kickstart a passion for soccer with SoccerTots, an active, game-based introduction for young athletes. This program enhances motor skills and self-confidence with engaging activities that focus on developing core soccer skills and introducing friendly competition. **INSTRUCTOR:** Skyhawks Sports Academy

FPCC	Th	5:00-5:45 pm	Mar 6-27	\$99	\$79 RD	ages 4-5
FPCC	Th	5:00-5:45 pm	May 8-29	\$99	\$79 RD	ages 4-5
FPCC	Th	4:00-4:45 pm	Jun 5-Jul 3	\$99	\$79 RD	ages 4-5

*Classes will be held on the Field 1 outfield at Flaherty Park. No class June 19.

Skyhawks BaseballTots (Hitters) <<NEW!>>

Step up to the plate with BaseballTots! These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. BaseballTots is a great way to introduce baseball to young kids! Parent participation is required. **INSTRUCTOR:** Skyhawks Sports Academy

FPCC	Th	4:00-4:45 pm	Apr 10-May 1	\$99	\$79 RD	ages 3-4
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*Classes will be held on the Field 1 outfield at Flaherty Park.

Skyhawks BaseballTots (Homers) <<NEW!>>

Step up to the plate with BaseballTots! These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. BaseballTots is a great way to introduce baseball to young kids! **INSTRUCTOR:** Skyhawks Sports Academy



FPCC	Th	5:00-5:45 pm	Apr 10-May 1	\$99	\$79 RD	ages 4-5
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*Classes will be held on the Field 1 outfield at Flaherty Park.

Skyhawks 1stDownTots (Rams) <<NEW!>>

Get ready to huddle up with 1stDownTots and learn about football in a safe, non-contact environment. This program is focused on enhancing fitness, coordination, and fundamental skills while fostering a love for the game. Each session is packed with excitement and learning, perfect for kickstarting a lifelong passion for football where teamwork and fun rule the field! **INSTRUCTOR:** Skyhawks Sports Academy

Heritage High Park	Sa	9:00-9:45 am	Apr 12-May 3	\$99	\$79 RD	ages 3-4
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Skyhawks 1stDownTots (Rhinos) <<NEW!>>

Get ready to huddle up with 1stDownTots and learn about football in a safe, non-contact environment. This program is focused on enhancing fitness, coordination, and fundamental skills while fostering a love for the game. Each session is packed with excitement and learning, perfect for kickstarting a lifelong passion for football where teamwork and fun rule the field! **INSTRUCTOR:** Skyhawks Sports Academy

Heritage High Park	Sa	10:00-10:45 am	Apr 12-May 3	\$99	\$79 RD	ages 4-5
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Preschool Hoops

SWISH! Begin to develop your little ballers' skills in this fun and exciting basketball class. Participants will be taught the basics and FUNDamentals of basketball including dribbling, passing, shooting, and defense. Educated by former professional basketball player JJ Miller, this is an opportunity you can't miss! **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	Sa	9:00-9:45 am	Mar 1-22	\$113	\$90 RD	ages 3-6
FPCC	Sa	9:00-9:45 am	Apr 12-May 3	\$113	\$90 RD	ages 3-6
FPCC	Sa	9:00-9:45 am	May 24-Jun 14	\$113	\$90 RD	ages 3-6

Art

Toddler Art

Welcome to our enchanting toddler art class, where creativity and storytelling come together in a magical blend! Storytelling is a powerful tool for sparking imagination, enhancing language development and fostering a love for art. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

FPCC	Th	10:00-10:45 am	Mar 6-27	\$75	\$60 RD	18 mos-3 yrs
FPCC	Th	10:00-10:45 am	Apr 10-May 8	\$75	\$60 RD	18 mos-3 yrs
FPCC	Th	10:00-10:45 am	May 22-Jun 12	\$75	\$60 RD	18 mos-3 yrs

* No class on May 1, Jun 19

Preschool Art

Welcome to our vibrant and exciting preschool art class! This program is specially designed to spark the imagination, creativity and self-expression our our little artists ages 3-5. In this nurturing and stimulating environment, children will have the opportunity to explore various art mediums and develop their artistic skills while having tons of fun. **INSTRUCTOR:** Maureen Seltzer

FPCC	Th	11:30 am-12:30 pm	Mar 6-27	\$84	\$67 RD	ages 3-5
FPCC	Th	11:30 am-12:30 pm	Apr 10-May 8	\$84	\$67 RD	ages 3-5
FPCC	Th	11:30 am-12:30 pm	May 22-Jun 12	\$84	\$67 RD	ages 3-5

* No class on May 1, Jun 19



Playing outside
is good for you.



Dance

Bollywood Dance

Shimmy, Thumka and Balle! In this exciting class, participants are taught the fundamentals of Bollywood Dance movements, a potpourri of world dance styles with upbeat songs & energetic dance moves, that combine India's folk dances with world dance elements. Fun, level-appropriate and with catchy music, this class is your glimpse into SE Asia's popular entertainment medium! Students will develop physical coordination, musicality and lyrical expression in a relaxed way. **INSTRUCTOR:** Indigo Dance Evolution Academy

FPCC	W	6:30-7:30 pm	Apr 2-May 7	\$105	\$84 <i>RD</i>	ages 6-12
FPCC	W	7:30-8:30 pm	Apr 2-May 7	\$105	\$84 <i>RD</i>	ages 13+
FPCC	W	6:30-7:30 pm	Aug 6-Sep 10	\$105	\$84 <i>RD</i>	ages 6-12
FPCC	W	7:30-8:30 pm	Aug 6-Sep 10	\$105	\$84 <i>RD</i>	ages 13+

Fitness

Introduction to Self-Defense

Join our Self Defense Program for an empowering and practical introduction to essential self-defense techniques and strategies. Led by experienced instructors, this program is suitable for individuals of all ages and fitness levels. Gain confidence, improve your awareness, and learn valuable skills to protect yourself in any situation. Don't miss this opportunity to prioritize your safety and well-being. **INSTRUCTOR:** Chris Efirid

JPCC	W	6:30-8:00 pm	Mar 19-Apr 9	\$57	\$45 <i>RD</i>	ages 12-74
JPCC	W	6:30-8:00 pm	Apr 23-May 14	\$57	\$45 <i>RD</i>	ages 12-74
JPCC	W	6:30-8:00 pm	May 28-Jun 18	\$57	\$45 <i>RD</i>	ages 12-74
JPCC	W	6:30-8:00 pm	Jul 2-23	\$57	\$45 <i>RD</i>	ages 12-74
JPCC	W	6:30-8:00 pm	Aug 6-27	\$57	\$45 <i>RD</i>	ages 12-74

Music

Youth Strings in Motion ◀ NEW! ▶

This 4-week program is an engaging and dynamic class designed to introduce participants to the world of string instruments and the art of music-making. Aimed at beginners and intermediate players alike, this course delves into the fundamentals of playing violin, viola, and cello through a hands-on, interactive approach. Students will explore essential techniques while cultivating their creativity and expression. **INSTRUCTOR:** Emmanuel Little



JPCC	Tu	7:30-8:30 pm	Mar 18-Apr 8	\$57	\$45 <i>RD</i>	ages 10-17
JPCC	Tu	7:30-8:30 pm	Apr 22-May 13	\$57	\$45 <i>RD</i>	ages 10-17
JPCC	Tu	7:30-8:30 pm	May 27-Jun 17	\$57	\$45 <i>RD</i>	ages 10-17
JPCC	Tu	7:30-8:30 pm	Jul 1-22	\$57	\$45 <i>RD</i>	ages 10-17
JPCC	Tu	7:30-8:30 pm	Aug 5-26	\$57	\$45 <i>RD</i>	ages 10-17

Martial Arts

Little Lions Taekwondo

Martial arts allow you the opportunity to grow, learn discipline, and how to have respect for others. This exciting Little Lions Taekwondo class will help develop your child's focus, self-esteem & self-confidence, promote teamwork, improve memory through fun and motivational training, and have an overall sense of purpose. After months of training, they are also able to graduate to the next belt rank! "A black belt was a white belt who never gave up."



INSTRUCTOR: CORE Taekwondo Performance

JPC	Th	5:30-6:00 pm	A	Mar 13-Apr 10*	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	6:10-6:40 pm	B	Mar 13-Apr 10*	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	5:30-6:00 pm	A	Apr 17-May 8	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	6:10-6:40 pm	B	Apr 17-May 8	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	5:30-6:00 pm	A	May 22-Jun 12	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	6:10-6:40 pm	B	May 22-Jun 12	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	5:30-6:00 pm	A	Jul 17-Aug 7	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	6:10-6:40 pm	B	Jul 17-Aug 7	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	5:30-6:00 pm	A	Aug 21-Sep 11	\$69	\$55 <i>RD</i>	ages 4-10
JPC	Th	6:10-6:40 pm	B	Aug 21-Sep 11	\$69	\$55 <i>RD</i>	ages 4-10

*No class Mar 27

Martial Arts

Join our engaging Traditional Tae Kwon Do class which meets twice a week! Our instructor, Randy Berger, an internationally certified instructor with over 40 years of experience, will teach you the fundamentals of this martial art. As a result, our develop coordination, gain focus, discipline, and self-confidence in a safe and family-friendly environment. We also offer promotional testing through the Traditional Tae Kwon Do Association. Start your journey today and believe in yourself! **INSTRUCTOR:** Grand Master R. Berger, 8th Degree

WFCH	T/Th*	7:00-8:00 pm	Mar 4-27	\$69	\$55 <i>RD</i>	ages 7+
WFCH	T/Th*	7:00-8:00 pm	Apr 8-29	\$69	\$55 <i>RD</i>	ages 7+
WFCH	T/Th*	7:00-8:00 pm	May 6-29	\$69	\$55 <i>RD</i>	ages 7+
WFCH	T/Th*	7:00-8:00 pm	Jun 3-26	\$69	\$55 <i>RD</i>	ages 7+
WFCH	T/Th*	7:00-8:00 pm	Jul 1-31	\$69	\$55 <i>RD</i>	ages 7+
WFCH	T/Th*	7:00-8:00 pm	Aug 5-28	\$69	\$55 <i>RD</i>	ages 7+



Homeschool Martial Arts: Little Dragons

This ongoing program offers a fun and engaging introduction to martial arts, tailored specifically for preschoolers and kindergartners. Led by our experienced instructors, your child will embark on a journey of growth, confidence, and skill development. Through age-appropriate activities and games, they'll learn fundamental martial arts techniques while also building important life skills such as focus, respect, and discipline. With our belt progression system, our little dragons will celebrate their achievements and reach new heights with each milestone earned. **INSTRUCTOR:** Brandon Noble, Noble's Martial Arts

WFCH	M	11:00-11:30 am	Mar 10-31	\$57	\$45 <i>RD</i>	ages 4-6
WFCH	M	11:00-11:30 am	Apr 7-28	\$57	\$45 <i>RD</i>	ages 4-6
WFCH	M	11:00-11:30 am	May 5-26	\$57	\$45 <i>RD</i>	ages 4-6
WFCH	M	11:00-11:30 am	Jun 9-30	\$57	\$45 <i>RD</i>	ages 4-6
WFCH	M	11:00-11:30 am	Jul 7-28	\$57	\$45 <i>RD</i>	ages 4-6
WFCH	M	11:00-11:30 am	Aug 4-25	\$57	\$45 <i>RD</i>	ages 4-6

*No class May 26. Class held Friday, May 23 instead.

Homeschool Martial Arts: Karate Kids

This ongoing program offers a thrilling journey of skill development and belt progression. Led by an expert instructor, your child will learn a blended martial arts skillset while also honing essential life skills such as discipline, respect and confidence. With each belt earned, they'll celebrate milestones and achievements, setting them on the path to becoming confident, disciplined martial artists. Don't miss out on this fantastic opportunity to empower your child both physically and mentally. **INSTRUCTOR:** Brandon Noble, Noble's Martial Arts

WFCH	M	11:30 am-12:15 pm	Mar 10-31	\$57	\$45 <i>RD</i>	ages 7-13
WFCH	M	11:30 am-12:15 pm	Apr 7-28	\$57	\$45 <i>RD</i>	ages 7-13
WFCH	M/F	11:30 am-12:15 pm	May 5-26*	\$57	\$45 <i>RD</i>	ages 7-13
WFCH	M	11:30 am-12:15 pm	Jun 9-30	\$57	\$45 <i>RD</i>	ages 7-13
WFCH	M/F	11:30 am-12:15 pm	Jul 7-28	\$57	\$45 <i>RD</i>	ages 7-13
WFCH	M	11:30 am-12:15 pm	Aug 4-25	\$57	\$45 <i>RD</i>	ages 7-13

*No class May 26. Class held Friday, May 23 instead.

Homeschool Martial Arts: Black Belt Club (Intermediate)



The Black Belt Club program is exclusively designed for intermediate students of Purple to Green II rank. This dynamic program offers a thrilling exploration into advanced techniques, sparring, weapons training, and additional martial arts styles. Students will delve deeper into the art of self defense, honin their skills and mastering new techniques. Whether it's perfecting their forms, sharpening their sparring abilities or mastering weapons techniques, our Black Belt Club provides a challenging yet rewarding experience of dedicated martial artists.

INSTRUCTOR: Brandon Noble, Noble's Martial Arts

WFCH	M	12:15-1:30 pm	Mar 10-31	\$57	\$45 RD	ages 6-15
WFCH	M	12:15-1:30 pm	Apr 7-28	\$57	\$45 RD	ages 6-16
WFCH	M/F*	12:15-1:30 pm	May 5-26*	\$57	\$45 RD	ages 6-17
WFCH	M	12:15-1:30 pm	Jun 9-30	\$57	\$45 RD	ages 6-18
WFCH	M/F*	12:15-1:30 pm	Jul 7-28	\$57	\$45 RD	ages 6-19
WFCH	M	12:15-1:30 pm	Aug 4-25	\$57	\$45 RD	ages 6-20

*No class May 26. Class held Friday, May 23 instead.

**Purple belt from Noble's Martial Arts HSMA program is required to participate.

Homeschool Martial Arts: Master's Club (Advanced)

Noble's Martial Arts Master's Club is designed for advanced students at the Brown Belt level and higher who are on the final stretch to black belt mastery. The master's Club offers a comprehensive training experience that goes beyond technique mastery. Students in this elite club will hone their leadership abilities, jump into the intricacies of bladed and dual-winded weapons, and master advanced martial arts techniques. This program is tailored to challenge and inspire, and providing a platform for dedicated martial artists to refine their skills prepare for the ultimate achievement: the Black Belt. **INSTRUCTOR:** Brandon Noble, Noble's Martial Arts

WFCH	M	1:30-2:30 pm	Mar 10-31	\$57	\$45 RD	ages 6-15
WFCH	M	1:30-2:30 pm	Apr 7-28	\$57	\$45 RD	ages 6-16
WFCH	M/F	1:30-2:30 pm	May 5-26*	\$57	\$45 RD	ages 6-17
WFCH	M	1:30-2:30 pm	Jun 9-30	\$57	\$45 RD	ages 6-18
WFCH	M/F	1:30-2:30 pm	Jul 7-28	\$57	\$45 RD	ages 6-19
WFCH	M	1:30-2:30 pm	Aug 4-25	\$57	\$45 RD	ages 6-20

*No class May 26. Class held Friday, May 23 instead.

*Brown belt from Noble's Martial Arts HSMA program is required to participate.

Social

Teen Social Club **◀ NEW! ▶**

Teen Social Club is designed for ages 13-17, emphasizing social interaction and building friendships. Participants engage in a variety of activities, including team sports, creative workshops, and group projects, all aimed at fostering connections and collaboration. Our supportive environment encourages teens to express themselves, develop social skills, and create lasting relationships with their peers. Join us on the second Friday from March-May to experience the joy of connecting with others!

INSTRUCTOR: JPCC Staff

Strike and Barrel Bowling	F	6:00-8:00 pm	Mar 14	\$15	ages 13-17
Urban Air Adventure Park	F	6:00-8:00 pm	Apr 11	\$35	ages 13-17
Wake Forest Escape Room	F	6:00-8:00 pm	May 9	\$30	ages 13-17

*Participants must provide their own transportation



Health & Safety

CPR/First Aid/AED Certification Course

The First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies in order to provide immediate care to a suddenly injured or ill person. The course will cover emergencies involving medical, trauma, environmental, poisoning, as well as CPR and AED. This is a certification course. **INSTRUCTOR:** Code Blue Resources



AMC	Sa	9:00 am-3:00 pm	Jun 7	\$108	\$87 RD	ages 10+
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Heartsaver CPR & AED Certification Class

Heartsaver CPR AED is an instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe participants, provide feedback, and guide the participants' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. **INSTRUCTOR:** Code Blue Resources

AMC	Sa	9:00 am-12:00 pm	Apr 12	\$84	\$67 RD	ages 10+
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Family & Friends CPR Class

The American Heart Association (AHA) Family and Friends course is designed to provide basic CPR training to individuals who DO NOT require certification for job purposes but want to learn life-saving skills for personal knowledge or for use in emergency situations at home or in the community. Participants will have the opportunity to engage in hands-on practice scenarios that simulate real-life emergencies, allowing them to apply your newly acquired skills. In addition to the standard course agenda, we'll wrap up the session with an ASK A PARAMEDIC session. Curious about things like how to administer over-the-counter medications for overdoses, how to stop bleeding, or questions about emergency medical services in general – just ask the instructor! **INSTRUCTOR:** Code Blue Resources

AMC	Sa	9:00-11:00 am	Mar 29	\$44	\$35 RD	ages 10+
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Nature

NRH – Red Wolf Program <<NEW!>>

The Red Wolf is the most endangered species of canid in the entire world with less than 300 in existence. The only wild population exists in Eastern North Carolina and has a population of less than 20 Red Wolves. The recovery of the Red Wolf has a long-standing history and complicated management. Join in as Katerina Ramos, Red Wolf Education and Outreach Coordinator, speaks on the history and current management of the species as well as ways you can support this species. **INSTRUCTOR:** Neuse River Hawks Conservationists



AMC	Sa	10:00-11:00 am	Mar 8	free		ages 5+
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Flight of the Butterflies <<NEW!>>

Learn about the monarch butterfly - the only one that migrates. Why is the monarch so special? How can each of us support the monarchs right here in Wake Forest? This program consists of a short movie and discussion. **INSTRUCTOR:** Neuse River Hawks Conservationists

AMC	Th	6:00-7:00 pm	May 8	free		ages 5+
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INSECTS! Do We Really Need Them?

Learn how insects support our food supply and make life not only possible but better for each of us. You may be surprised at all that insects do. **INSTRUCTOR:** Neuse River Hawks Conservationists



AMC	Th	6:00-7:00 pm	Aug 14	free		ages 5+
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Content Creation

Content Creators Academy: Become A Master Digital Content Creator <<NEW!>>

This 8-week course is designed to ignite your creativity and empower you to become a skilled content creator. Learn the fundamentals of content creation, from crafting engaging stories to mastering various digital platforms. Whether you're passionate about vlogging, photography, writing, or social media, OR you need to learn how to create social media content for your business, this course will equip you with the tools and techniques to bring your ideas and content to life. By the end of this course, you will have the skills and knowledge to create high-quality content, build a loyal following, and achieve your content creation goals. **INSTRUCTOR:** Roger Kornegay, Social Media Influencer & Creative Director (@RaleighFoodTrap)



FPCC	M	6:00-6:45 pm	Jun 2-Jul 21	\$63	\$50 RD	ages 12-17
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Podcasting Pioneers: Create your own Podcast Show <<NEW!>>

This class introduces students to audio storytelling and podcast production. Using free software like Audacity, they'll learn the basics of recording, editing, and storytelling for audio. Students can work on a mini-series, interview classmates, or share a fictional story. **INSTRUCTOR:** RoboCode Explorers



FPCC	Tu	4:30-5:30 pm	Apr 8-29	\$138	\$110 RD	ages 9-12
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Visual Development For Video Games and Movies <<NEW!>>

This class will explore the creativity and craftsmanship behind the creation of animated TV shows, movies, and video games. Participants will complete assignments using both digital and traditional techniques while applying core art and design principles, including form, space, and color, to develop their pre-production design skills. **INSTRUCTOR:** Elizabeth Jernigan

FPCC	W	1:00 pm	Feb 5	\$125	\$100 RD	ages 12-15
FPCC	W	1:00 pm	Mar 5	\$125	\$100 RD	ages 12-15
FPCC	W	1:00 pm	Apr 2	\$125	\$100 RD	ages 12-15

Art

Creative Hand Lettering <<NEW!>>

Join us for an inspiring hand lettering class designed for adults of all skill levels! Discover the beauty of lettering as you learn fundamental techniques, key graphic design elements, and essential art principles. This hands-on workshop will help you develop your unique style while exploring practical applications for everyday projects, perfect for home decor, gifts, or simply for fun. No prior experience is needed—just bring your enthusiasm and creativity! Sign up today to unleash your artistic potential and connect with fellow art enthusiasts in a relaxing and supportive environment. **INSTRUCTOR:** Lizzie Casey

FPCC	Th	6:30-7:30 pm	Mar 6-27	\$70	\$56 RD	ages 10+
FPCC	Th	6:30-7:30 pm	Apr 10-May 1	\$70	\$56 RD	ages 10+
FPCC	Th	6:30-7:30 pm	May 15-Jun 5	\$70	\$56 RD	ages 10+
FPCC	Th	6:30-7:30 pm	Jun 19-Jul 10	\$70	\$56 RD	ages 10+
FPCC	Th	6:30-7:30 pm	Jul 24-Aug 14	\$70	\$56 RD	ages 10+

Homeschool Art

Come join in on the fun in this 4 week class. We will explore the elements of art such as line, color and composition. We also will use many kinds of media such as watercolor, tempura, chalk, and acrylic paints. In each session the children will finish an 11 x 14 canvas. Each session has a different theme. This class can get messy so dress accordingly. **INSTRUCTOR:** Maureen Seltzer

FPCC	Th	1:30-3:00 pm	Mar 6-27	\$94	\$75 RD	ages 6-12
FPCC	Th	1:30-3:00 pm	Apr 10-May 8	\$94	\$75 RD	ages 6-12
FPCC	Th	1:30-3:00 pm	May 22-Jun 12	\$94	\$75 RD	ages 6-12

*No class May 1

Afterschool Art

Come join in on the fun in this 4 week class. We will explore the elements of art such as line, color and composition. We also will use many kinds of media such as watercolor, tempura, chalk, and acrylic paints. In each session the children will finish an 11 x 14 canvas. Each session has a different theme. This class can get messy so dress accordingly. **INSTRUCTOR:** Maureen Seltzer

FPCC	Th	4:30-6:00 pm	Mar 6-27	\$94	\$75 RD	ages 6-12
FPCC	Th	4:30-6:00 pm	Apr 10-May 8	\$94	\$75 RD	ages 6-12
FPCC	Th	4:30-6:00 pm	May 22-Jun 12	\$94	\$75 RD	ages 6-12

*No class May 1

Mono Printing With A Gel Press

This wildly creative and playful class will allow students to explore the art of creating unique and expressive prints using a variety of materials and techniques. Whether you're a seasoned artist or a complete beginner, this class welcomes individuals of all skill levels who are eager to experiment with the creative possibilities of mono printing. Each student will use an 8"x10" gel press and variety of tools and materials, including upcycling papers from books, maps, and music sheets to print on. **INSTRUCTOR:** Maureen Seltzer

FPCC	Tu	4:30-6:00 pm	Mar 3-31	\$94	\$75 RD	ages 10-15
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Beginning Painting in Acrylic or Oils «NEW!»

Do you want to make an incredible piece of art? If you are just getting started, or want to build stronger foundational skills in the art of painting with acrylics or oils, join award winning artist Indigo Lamb in this introductory class that covers how to select materials, create painting tools, to creating your own masterpieces. No previous painting or drawing experience is required. **INSTRUCTOR:** Indigo Lamb



FPCC	Tu	12:00-1:30 pm	Mar 11-Apr 15	\$125	\$100 <i>RD</i>	ages 15+
FPCC	Tu	12:00-1:30 pm	May 13-Jun 17	\$125	\$100 <i>RD</i>	ages 15+

* Students will provide basic supplies after the first class

Foundations of Drawing «NEW!»

Think you can't draw? Guess again! Learn the fundamentals of drawing from selecting materials, making things easier, values, perspective, composition, and more, as well as practical applications of drawing in everyday life. **INSTRUCTOR:** Indigo Lamb



FPCC	Tu	10:00-11:30 am	Mar 11-Apr 15	\$125	\$100 <i>RD</i>	ages 10+
FPCC	Tu	10:00-11:30 am	May 13-Jun 17	\$125	\$100 <i>RD</i>	ages 10+

* Students will provide basic supplies after the first class

Beginner Knitting «NEW!»

This program will cover the basics of knitting, starting with how to knit a simple knit stitch and evolving into knowledge of materials and pattern reading. As the class progresses, participants will be encouraged to bring in a pattern of their choice to work on with guidance from the teacher. Students will walk away able to read and follow a simple pattern, with a knitting sample that features the techniques covered in class. Participants will need to provide their own set of size 8 knitting needles and their choice of yarn weight 4. **INSTRUCTOR:** Azlyn Arnett



JGCC	M	4:30-6:00 pm	Mar 17-Apr 7	\$100	\$80 <i>RD</i>	ages 13+
JGCC	M	4:30-6:00 pm	Apr 21-May 12	\$100	\$80 <i>RD</i>	ages 13+
JGCC	M	4:30-6:00 pm	Jun 2-23	\$100	\$80 <i>RD</i>	ages 13+
JGCC	M	4:30-6:00 pm	Jul 7-28	\$100	\$80 <i>RD</i>	ages 13+



Beginner Crochet «NEW!»

This program will cover the basics of crochet, starting with how to do a single crochet stitch and evolving into knowledge of materials and pattern reading. As the class progresses, participants will be encouraged to bring in a pattern of their choice to work on with guidance from the teacher. Participants will walk away able to read and follow a simple pattern, with a crochet sample that features the techniques covered in class. Participants will need to provide their own set of size G crochet hook and their choice of yarn weight 4. **INSTRUCTOR:** Azlyn Arnett

JGCC	F	4:30-6:00 pm	Mar 28-Apr 25*	\$100	\$80 <i>RD</i>	ages 13+
JGCC	F	4:30-6:00 pm	May 9-30	\$100	\$80 <i>RD</i>	ages 13+
JGCC	F	4:30-6:00 pm	Jun 13-Jul 11*	\$100	\$80 <i>RD</i>	ages 13+
JGCC	F	4:30-6:00 pm	Jul 25-Aug 15	\$100	\$80 <i>RD</i>	ages 13+

* No class Apr 18 or Jul 4

Sports Clinics

Skyhawks BaseballTots (Homers) «NEW!»

Step up to the plate with BaseballTots! These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. BaseballTots is a great way to introduce baseball to young kids! **INSTRUCTOR:** Skyhawks Sports Academy

FPCC	Th	5:00-5:45 pm	Apr 10-May 1	\$99	\$79 <i>RD</i>	ages 4-5
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*Classes will be held on the Field 1 outfield at Flaherty Park.

Skyhawks 1stDownTots (Rhinos) «NEW!»

Get ready to huddle up with 1stDownTots and learn about football in a safe, non-contact environment. This program is focused on enhancing fitness, coordination, and fundamental skills while fostering a love for the game. Each session is packed with excitement and learning, perfect for kickstarting a lifelong passion for football where teamwork and fun rule the field! **INSTRUCTOR:** Skyhawks Sports Academy

Heritage High Park	Sa	10:00-10:45 am	Apr 12-May 3	\$99	\$79 <i>RD</i>	ages 4-5
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Skyhawks SoccerTots (Bears) <<NEW!>>

Kickstart a passion for soccer with SoccerTots, an active, game-based introduction for young athletes. This program enhances motor skills and self-confidence with engaging activities that focus on developing core soccer skills and introducing friendly competition. **INSTRUCTOR:** Skyhawks Sports Academy

FPCC	Th	5:00-5:45 pm	Mar 6-27	\$99	\$79 RD	ages 4-5
FPCC	Th	5:00-5:45 pm	May 8-29	\$99	\$79 RD	ages 4-5
FPCC	Th	4:00-4:45 pm	Jun 5-Jul 3	\$99	\$79 RD	ages 4-5

*Classes will be held on the Field 1 outfield at Flaherty Park. No class Jun 19.

Skyhawks SoccerTots (Grizzlies) <<NEW!>>

Kickstart a passion for soccer with SoccerTots, an active, game-based introduction for young athletes. This program enhances motor skills and self-confidence with engaging activities that focus on developing core soccer skills and introducing friendly competition. **INSTRUCTOR:** Skyhawks Sports Academy

FPCC	Th	5:00-5:45 pm	Jun 5-Jul 3	\$99	\$79 RD	ages 5-6
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*Classes will be held on the Field 1 outfield at Flaherty Park. No class Jun 19.

Skyhawks Beginning Field Hockey <<NEW!>>

Join Skyhawks for an exciting introduction to Field Hockey, a sport with a global appeal! Developed with USA Field Hockey, this program teaches basics like stick-handling and passing in a game-based environment. Perfect for young athletes looking for a fast-paced sport that focuses on teamwork. Come discover Field Hockey! **INSTRUCTOR:** Skyhawks Sports Academy

Heritage High Park	Sa	9:00-10:00 am	Mar 8-29	\$99	\$79 RD	ages 6-8
Heritage High Park	Sa	10:15-11:15 am	Mar 8-29	\$99	\$79 RD	ages 9-12



Skyhawks Beginning Golf

Swing into Skyhawks Beginning Golf, powered by Payne Stewart Golf Experiences. This beginning program focuses on fun and repetition with a game-based approach that can be played on any surface. Specialized equipment is used to ensure early success for young players. Key skills like putting and chipping are taught through engaging activities. Ideal for beginners and those improving, join Skyhawks for rewarding progress with every shot! **INSTRUCTOR:** Skyhawks Sports Academy



Heritage High Park	Sa	9:00-10:00 am	May 10-31	\$125	\$100 RD	ages 6-8
Heritage High Park	Sa	10:15-11:15 am	May 10-31	\$125	\$100 RD	ages 9-12
Heritage High Park	Sa	9:00-10:00 am	Jun 7-28	\$125	\$100 RD	ages 6-8
Heritage High Park	Sa	10:15-11:15 am	Jun 7-28	\$125	\$100 RD	ages 9-12

Rookie Skills Basketball Clinic <<NEW!>>

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by JJ Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services



FPCC	Sa	10:00-11:00 am	Mar 1-22	\$119	\$95 RD	ages 7-11
FPCC	Sa	10:00-11:00 am	Apr 12-May 3	\$119	\$95 RD	ages 7-11
FPCC	Sa	10:00-11:00 am	May 24-Jun 14	\$119	\$95 RD	ages 7-11

Skills, Drills & Development Basketball Clinic

Improve on your player's skills and fundamentals with this fun and challenging basketball clinic. This clinic is designed by JJ Miller to improve each player's basketball skills, fundamentals, and knowledge of the game. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	Sa	11:00 am-12:00 pm	Mar 1-22	\$119	\$95 RD	ages 12-15
FPCC	Sa	11:00 am-12:00 pm	Apr 12-May 3	\$119	\$95 RD	ages 12-15
FPCC	Sa	11:00 am-12:00 pm	May 24-Jun 14	\$119	\$95 RD	ages 12-15



Gaming & Esports

Minecraft Adventures

Let's take Minecraft to the next level! We build social and presentative skills through Minecraft's intuitive process of building anything your brain imagines! After given a prompt, the class will then create their idea in the same server and then present and share their idea with the group! **INSTRUCTOR:** Shaun Townsend

FPCC	Th	7:00-8:00 pm	Mar 13-Apr 3	\$75	\$60 <i>RD</i>	ages 8-12
FPCC	Th	7:00-8:00 pm	Apr 17-May 8	\$75	\$60 <i>RD</i>	ages 8-12
FPCC	Th	7:00-8:00 pm	May 22-Jun 12	\$75	\$60 <i>RD</i>	ages 8-12
FPCC	Th	7:00-8:00 pm	Jul 17-Aug 7	\$75	\$60 <i>RD</i>	ages 8-12
FPCC	Th	7:00-8:00 pm	Aug 21-Sep 11	\$75	\$60 <i>RD</i>	ages 8-12

Individual Basketball Training

In this 8-session program, JJ Miller trains and develops all the basketball curriculum for our programs. We also have several Hooper's Elite certified trainers who are also USA Basketball licensed. Our individual training program concentrates on every aspect of the game and is specific to each individual player. These sessions are typically 1 player, however, they can be up to 3 if it's beneficial for each player. Sessions last 45 -60 minutes depending on the key areas that we are working on for the particular day. The first session will be an evaluation session in which we put our clients through some basic drills to assess their skill level and focus on areas of their game that should be strengthened. We also get the player's thoughts on the areas in which they would like to improve. With this information, we will put together a specific program to maximize improvement. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	T/Th	3:00-6:00 pm	Mar	\$550	\$440 <i>RD</i>	ages 7+
FPCC	T/Th	3:00-6:00 pm	Apr	\$550	\$440 <i>RD</i>	ages 7+
FPCC	T/Th	3:00-6:00 pm	May	\$550	\$440 <i>RD</i>	ages 7+
FPCC	T/Th	3:00-6:00 pm	Jun	\$550	\$440 <i>RD</i>	ages 7+
FPCC	T/Th	3:00-6:00 pm	Jul	\$550	\$440 <i>RD</i>	ages 7+
FPCC	T/Th	3:00-6:00 pm	Aug	\$550	\$440 <i>RD</i>	ages 7+

** Please contact JJ Miller at info@hoopers-elite.com to schedule training. This program is for intermediate to advanced level players.*

Hoopers Elite Basketball Academy ◀ NEW! ▶

This basketball program is for intermediate to high level players looking to improve their skills, grow their game, and not only prepare for the next level of their basketball journey but excel when they get there. Hooper's Elite Basketball Academy is for players age 10 - 17 and will consists of 2 workouts per week (ball handling, dribbling, passing, shooting, defense, footwork, shooting, and more) as well as 1 controlled game/scrimmage day. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	M/Th/F	5:00-6:15 pm	Mar 3-28	\$338	\$270 <i>RD</i>	ages 10-12
FPCC	M/Th/F	6:30-7:45 pm	Mar 3-28	\$338	\$270 <i>RD</i>	ages 13-17
FPCC	M/Th/F	5:00-6:15 pm	Apr 7-May 2	\$338	\$270 <i>RD</i>	ages 10-12
FPCC	M/Th/F	6:30-7:45 pm	Apr 7-May 2	\$338	\$270 <i>RD</i>	ages 13-17

**Fridays will be games only and always from 5:00-6:15 pm for both age groups. This basketball program is for intermediate to high level players.*

Battle in the Forest Esports Tournaments

Jump into the exciting world of gaming with Battle in the Forest Esports Tournaments! We are the ultimate destination for gamers that would like to have fun and showcase their skills in a friendly yet competitive arena. This series of tournaments is offered throughout the year and features some of the most popular games in the gaming industry. Tournaments take place online and are live-streamed to offer the best Esports experience. At the conclusion of each tournament, our top three participants are awarded with an array of prizes!

Online	Sa	12:00-6:00 pm	May 17	free	ages 13+
Online	Sa	12:00-6:00 pm	Aug 23	free	ages 13+

Design Basics: Build Your First Game! ◀ NEW! ▶

In this class participants will learn the fundamentals of game design. They'll explore how to structure a game, control characters, create goals, and design challenges. **INSTRUCTOR:** RoboCode Explorers

FPCC	Tu	4:30-5:30 pm	Mar 3-24	\$138	\$110 <i>RD</i>	ages 9-12
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Junior Cyber Guardians: Intro to Cybersecurity ◀ NEW! ▶

In a world where kids are growing up online, digital safety is more important than ever. Junior Cyber Guardians is a hands-on, engaging class where kids learn the basics of cybersecurity and responsible internet use. Each week, they'll tackle interactive "missions" that teach them how to create strong passwords, recognize scams, and manage their digital footprint. **INSTRUCTOR:** RoboCode Explorers

FPCC	Th	4:30-5:30 pm	Mar 6-27	\$138	\$110 <i>RD</i>	ages 9-12
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ADULT

PROGRAMS & CLASSES



Fitness

Adult Chair Yoga

Adult Chair Yoga will focus on parts of the body starting with the head/eyes until we reach the feet, while gently stretching muscles, flexing joints, and learning good breathing techniques. For those who can, we will stand for about 10 minutes and use the chair to improve balance and back stretches.



Don't worry if you can't stand, since all exercises can be done in seated position. Wear comfortable clothing, and sneakers or let your feet free to stretch by wearing socks or slippers with grip bottoms. **INSTRUCTOR:** Virginia Nickich

JPCC	Tu	9:30-10:30 am	Mar 11-Apr 1	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Tu	9:30-10:30 am	Apr 15-May 6	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Tu	9:30-10:30 am	May 20-Jun 10	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Tu	9:30-10:30 am	June 24-Jul 15	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Tu	9:30-10:30 am	Jul 29-Aug 19	\$25	\$20 <i>RD</i>	ages 18+

Hatha Yoga

Hatha yoga is the basic yoga for breathing exercises, stretching and slow, gentle movements. Attention is given to each student and adjustments made for your personal development. First time attendees or those with knowledge of yoga will find enjoyment, freedom of movement, and relaxation in this class. **INSTRUCTORS:** Virginia Nickich, Michael Dougherty

JPCC	Sa	10:30-11:30 am	Mar 8-29	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Mar 11-Apr 1	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	Apr 19-May 10	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Apr 15-May 6	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	May 17-Jun 7	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	May 20-Jun 10	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	Jun 21-Jul 12	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	June 24-Jul 15	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Sa	10:30-11:30 am	Jul 26-Aug 16	\$31	\$25 <i>RD</i>	ages 18+
JPCC	Tu	6:00-7:00 pm	Jul 29-Aug 19	\$31	\$25 <i>RD</i>	ages 18+

Rebel Moves Pilates | Intermediate

Foundation Pilates classes are perfect for beginners who are new to Pilates and looking to establish a strong understanding of the fundamental principles. These classes focus on teaching proper breathing techniques, alignment, and core activation. With consistent attendance, students can expect to improve their posture, balance, and overall body awareness. **INSTRUCTOR:** Martina Villinger



JPCC	W	5:00-5:45 pm	Mar 19-Apr 9	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	5:00-5:45 pm	Apr 23-May 14	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	5:00-5:45 pm	May 28-Jun 18	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	5:00-5:45 pm	Jul 2-23	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	5:00-5:45 pm	Aug 6-27	\$69	\$55 <i>RD</i>	ages 18+

ADULT

Rebel Moves Pilates | Foundations

Intermediate Pilates classes are tailored for those familiar with Pilates basics and looking to challenge themselves with advanced exercises. These classes focus on building strength, flexibility, and coordination through dynamic movements targeting the core, arms, and legs. Regular attendance can enhance fitness, posture, and muscle tone. **INSTRUCTOR:** Martina Villinger

JPCC	W	6:00-6:45 pm	Mar 19-Apr 9	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	6:00-6:45 pm	Apr 23-May 14	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	6:00-6:45 pm	May 28-Jun 18	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	6:00-6:45 pm	Jul 2-23	\$69	\$55 <i>RD</i>	ages 18+
JPCC	W	6:00-6:45 pm	Aug 6-27	\$69	\$55 <i>RD</i>	ages 18+

Zumba

Zumba classes are high-energy, dance-based workouts that combine Latin rhythms with cardiovascular exercise. This exhilarating fitness program is designed to be enjoyable and accessible to all fitness levels. Participants can expect a fun and dynamic workout that combines aerobic movements with easy-to-follow dance steps. The lively music and engaging choreography make Zumba classes feel like a dance party rather than a traditional exercise routine. **INSTRUCTOR:** Neltonia Prince



JPCC	M	6:30-7:30 pm	Mar 3-24	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Mar 8-29	\$25	\$20 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Apr 7-28	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Apr 26-May 17	\$25	\$20 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	May 12-Jun 2*	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	May 31-Jun 21	\$25	\$20 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Jun 16-Jul 7	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Jul 12-Aug 2	\$25	\$20 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Jul 21-Aug 11	\$25	\$20 <i>RD</i>	ages 18+
JPCC	Sa	9:00-10:00 am	Aug 16-Sep 6	\$25	\$20 <i>RD</i>	ages 18+

*No class May 26



Zumba Toning

Zumba classes are high-energy, dance-based workouts that combine Latin rhythms with cardiovascular exercise. This exhilarating fitness program is designed to be enjoyable and accessible to all fitness levels. Participants can expect a fun and dynamic workout that combines aerobic movements with easy-to-follow dance steps. The lively music and engaging choreography make Zumba classes feel like a dance party rather than a traditional exercise routine. **INSTRUCTOR:** Neltonia Prince

JPCC	M	6:30-7:30 pm	Mar 31	\$8	\$5 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	May 5	\$8	\$5 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Jun 9	\$8	\$5 <i>RD</i>	ages 18+
JPCC	M	6:30-7:30 pm	Jul 14	\$8	\$5 <i>RD</i>	ages 18+

Art

Beginner Knitting ◀NEW!▶

This program will cover the basics of knitting, starting with how to knit a simple knit stitch and evolving into knowledge of materials and pattern reading. As the class progresses, participants will be encouraged to bring in a pattern of their choice to work on with guidance from the teacher. Students will walk away able to read and follow a simple pattern, with a knitting sample that features the techniques covered in class. Participants will need to provide their own set of size 8 knitting needles and their choice of yarn weight 4. **INSTRUCTOR:** Azlyn Arnett



JPCC	M	4:30-6:00 pm	Mar 17-Apr 7	\$100	\$80 <i>RD</i>	ages 18+
JPCC	M	4:30-6:00 pm	Apr 21-May 12	\$100	\$80 <i>RD</i>	ages 18+
JPCC	M	4:30-6:00 pm	Jun 2-23	\$100	\$80 <i>RD</i>	ages 18+
JPCC	M	4:30-6:00 pm	Jul 7-28	\$100	\$80 <i>RD</i>	ages 18+

Beginner Crochet <<NEW!>>

This program will cover the basics of crochet, starting with how to do a single crochet stitch and evolving into knowledge of materials and pattern reading. As the class progresses, participants will be encouraged to bring in a pattern of their choice to work on with guidance from the teacher. Participants will walk away able to read and follow a simple pattern, with a crochet sample that features the techniques covered in class. Participants will need to provide their own set of size G crochet hook and their choice of yarn weight 4. **INSTRUCTOR:** Azlyn Arnett

JPCC	F	4:30-6:00 pm	Mar 28-Apr 25*	\$100	\$80 RD	ages 18+
JPCC	F	4:30-6:00 pm	May 9-30	\$100	\$80 RD	ages 18+
JPCC	F	4:30-6:00 pm	Jun 13-Jul 11*	\$100	\$80 RD	ages 18+
JPCC	F	4:30-6:00 pm	Jul 25-Aug 15	\$100	\$80 RD	ages 18+

* No class Apr 18 or Jul 4

Mono Printing and Collage

In this class, students will learn the fundamentals of mono printing on a gel press. Students will use papers to make a 11 x 14 cut garden collage on a canvas. All supplies will be provided, including a pattern for the flowers. No experience required. **INSTRUCTOR:** Maureen Seltzer

FPCC	Tu	1:30-3:00 pm	Mar 3-31	\$118	\$94 RD	ages 18+
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Beginning Painting in Acrylic or Oils <<NEW!>>

Do you want to make an incredible piece of art? If you are just getting started, or want to build stronger foundational skills in the art of painting with acrylics or oils, join award winning artist Indigo Lamb in this introductory class that covers how to select materials, create painting tools, to creating your own masterpieces. No previous painting or drawing experience is required. **INSTRUCTOR:** Indigo Lamb

FPCC	Tu	12:00-1:30 pm	Mar 11-Apr 15	\$125	\$100 RD	ages 18+
FPCC	Tu	12:00-1:30 pm	May 13-Jun 17	\$125	\$100 RD	ages 18+

* Students will provide basic supplies after the first class

Foundations of Drawing <<NEW!>>

Think you can't draw? Guess again! Learn the fundamentals of drawing from selecting materials, making things easier, values, perspective, composition, and more, as well as practical applications of drawing in everyday life. **INSTRUCTOR:** Indigo Lamb



FPCC	Tu	10:00-11:30 am	Mar 11-Apr 15	\$125	\$100 RD	ages 18+
FPCC	Tu	10:00-11:30 am	May 13-Jun 17	\$125	\$100 RD	ages 18+

* Students will provide basic supplies after the first class

Wonderful Watercolor

For beginning painters to those with more experience, learn how to use this fabulous medium to create your own works of art, creating florals, landscapes, or images of your choice. Paint your journey! Learn layout, design, composition & more with this 6 week watercolor painting series. **INSTRUCTOR:** Margaret Roth

FPCC	W	1:00-3:00 pm	Apr 16-May 21	\$94	\$75 RD	ages 18+
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* Participants provide their own supplies.

Music

Adult Strings in Motion <<NEW!>>

This 4-week program is an engaging and dynamic class designed to introduce participants to the world of string instruments and the art of music-making. Aimed at beginners and intermediate players alike, this course delves into the fundamentals of playing violin, viola, and cello through a hands-on, interactive approach. Students will explore essential techniques while cultivating their creativity and expression.

INSTRUCTOR: Emmanuel Little

JPCC	Th	7:30-8:30 pm	Mar 20-Apr 10	\$57	\$45 RD	ages 18+
JPCC	Th	7:30-8:30 pm	Apr 24-May 15	\$57	\$45 RD	ages 18+
JPCC	Th	7:30-8:30 pm	May 29-Jun 19	\$57	\$45 RD	ages 18+
JPCC	Th	7:30-8:30 pm	Jul 3-24	\$57	\$45 RD	ages 18+
JPCC	Th	7:30-8:30 pm	Aug 7-28	\$57	\$45 RD	ages 18+

Martial Arts

Introduction Self-Defense

Join our Self Defense Program for an empowering and practical introduction to essential self-defense techniques and strategies. Led by experienced instructors, this program is suitable for individuals of all ages and fitness levels. Gain confidence, improve your awareness, and learn valuable skills to protect yourself in any situation. Don't miss this opportunity to prioritize your safety and well-being. **INSTRUCTOR:** Chris Efird

JPCC	W	6:30-8:00 pm	Mar 19-Apr 9	\$57	\$45 RD	ages 18+
JPCC	W	6:30-8:00 pm	Apr 23-May 14	\$57	\$45 RD	ages 18+
JPCC	W	6:30-8:00 pm	May 28-Jun 18	\$57	\$45 RD	ages 18+
JPCC	W	6:30-8:00 pm	Jul 2-23	\$57	\$45 RD	ages 18+
JPCC	W	6:30-8:00 pm	Aug 6-27	\$57	\$45 RD	ages 18+



Health & Safety

CPR/First Aid/AED Certification Course

The First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies in order to provide immediate care to a suddenly injured or ill person. The course will cover emergencies involving medical, trauma, environmental, poisoning, as well as CPR and AED. This is a certification course. **INSTRUCTOR:** Code Blue Resources

AMC	Sa	9:00 am-3:00 pm	Jun 7	\$108	\$87 <i>RD</i>	ages 10+
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Heartsaver CPR & AED Certification Class

Heartsaver CPR AED is an instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe participants, provide feedback, and guide the participants' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. **INSTRUCTOR:** Code Blue Resources



AMC	Sa	9:00 am-12:00 pm	Apr 12	\$84	\$67 <i>RD</i>	ages 10+
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Family & Friends CPR Class

The American Heart Association (AHA) Family and Friends course is designed to provide basic CPR training to individuals who DO NOT require certification for job purposes but want to learn life-saving skills for personal knowledge or for use in emergency situations at home or in the community. Participants will have the opportunity to engage in hands-on practice scenarios that simulate real-life emergencies, allowing them to apply your newly acquired skills. In addition to the standard course agenda, we'll wrap up the session with an ASK A PARAMEDIC session. Curious about things like how to administer over-the-counter medications for overdoses, how to stop bleeding, or questions about emergency medical services in general – just ask the instructor! **INSTRUCTOR:** Code Blue Resources

AMC	Sa	9:00-11:00am	Mar 29	\$44	\$35 <i>RD</i>	ages 10+
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Dance

Chicago-Style Stepping

Chicago-Style Stepping is an urban partner dance that can be graceful, funky, intimate, contagious, soulful, competitive and smooth all at the same time. This class will introduce you to the fundamentals of this dance and beyond. Set to the classic sounds of R&B, soul and more. Come and try something new with Capital City Steppers. No experience or partner required. All levels are welcome. **INSTRUCTOR:** Capital City Steppersmin



WFCH	M	7:00-8:30 pm	Mar 3-Apr 11	\$94	\$75 <i>RD</i>	ages 18+
WFCH	M	7:00-8:30 pm	Apr 28-May 19	\$63	\$50 <i>RD</i>	ages 18+
WFCH	M	7:00-8:30 pm	Jun 9-Jul 14	\$94	\$75 <i>RD</i>	ages 18+
WFCH	M	7:00-8:30 pm	Aug 4-25	\$63	\$50 <i>RD</i>	ages 18+

**Smooth bottom shoes and a water bottle are recommended. Rubber bottom sneakers should be avoided.*

Graphic Design

Introduction to Graphic Design with Canva ◀ NEW! ▶

This program is designed for participants who are 18+. Whether you're a beginner or looking to sharpen your design skills, this hands-on session will guide you through the basics of graphic design using Canva, a powerful and user-friendly online tool. You'll learn essential design principles, explore Canva's versatile features, and create your own visually appealing graphics. **INSTRUCTOR:** Maurika Smotherman

FPCC	Sa	11:00 am-12:15 pm	Mar 8	\$25	\$20 <i>RD</i>	ages 18+
FPCC	Sa	11:00 am-12:15 pm	Apr 5	\$25	\$20 <i>RD</i>	ages 18+
FPCC	Sa	11:00 am-12:15 pm	May 3	\$25	\$20 <i>RD</i>	ages 18+



Content Creation

Content Creators Academy: Become A Master Digital Content Creator <<NEW!>>

This 8-week course is designed to ignite your creativity and empower you to become a skilled content creator. Learn the fundamentals of content creation, from crafting engaging stories to mastering various digital platforms. Whether you're passionate about vlogging, photography, writing, or social media, OR you need to learn how to create social media content for your business, this course will equip you with the tools and techniques to bring your ideas and content to life. By the end of this course, you will have the skills and knowledge to create high-quality content, build a loyal following, and achieve your content creation goals. **INSTRUCTOR:** Roger Kornegay / Social Media Influencer & Creative Director (@RaleighFoodTrap)

FPCC	M	7:00-7:45 pm	Jun 2-Jul 21	\$63	\$50 <i>RD</i>	ages 18+
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Visual Development For Video Games and Movies <<NEW!>>

This class will explore the creativity and craftsmanship behind the creation of animated TV shows, movies, and video games. Participants will complete assignments using both digital and traditional techniques while applying core art and design principles, including form, space, and color, to develop their pre-production design skills. **INSTRUCTOR:** Elizabeth Jernigan

FPCC	W	1:00 pm	Feb 5	\$125	\$100 <i>RD</i>	ages 12-15
FPCC	W	1:00 pm	Mar 5	\$125	\$100 <i>RD</i>	ages 12-15
FPCC	W	1:00 pm	Apr 2	\$125	\$100 <i>RD</i>	ages 12-15

Esports

Battle in the Forest Esports Tournaments

Jump into the exciting world of gaming with Battle in the Forest Esports Tournaments! We are the ultimate destination for gamers that would like to have fun and showcase their skills in a friendly yet competitive arena. This series of tournaments is offered throughout the year and features of some of the most popular games in the gaming industry. Tournaments take place online and are live-streamed to offer the best Esports experience. At the conclusion of each tournament, our top three participants are awarded with an array of prizing!



Online	Sa	12:00-6:00 pm	May 17	free		ages 18+
Online	Sa	12:00-6:00 pm	Aug 23	free		ages 18+

Quiet time
is good for you.



SPIRIT

SPECIALIZED PROGRAMS

Enriching programs designed for individuals with special needs.



Social Programs

Club Connect

Come join us once a month for a fantastic socialization experience filled with engaging activities and lots of fun! At our gatherings, participants will have the chance to connect with their peers, indulge in exciting games, explore their creativity, and even contribute to planning activities based on group input. We warmly welcome individuals who are capable of independently managing their self-care routines, and if needed, participants are encouraged to bring a buddy for additional support. Don't miss out on all the excitement! **STAFF CONTACT:** Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov

JPCC	Th	5:30-7:00 pm	Mar 27	\$5	free	ages 15+
JPCC	Th	5:30-7:00 pm	Apr 24	\$5	free	ages 15+
JPCC	Th	5:30-7:00 pm	May 29	\$5	free	ages 15+
JPCC	Th	5:30-7:00 pm	Jun 26	\$5	free	ages 15+
JPCC	Th	5:30-7:00 pm	Jul 31	\$5	free	ages 15+
JPCC	Th	5:30-7:00 pm	Aug 28	\$5	free	ages 15+

**Pre-registration required*

Caregivers Kindred

Kindred embodies connectivity, similarities, and familial connections. Are you a parent or care provider for an individual with a disability? Do you crave to connect with others to have fruitful discussion about the opportunities, resources, and hurdles faced in your daily life when providing care to your loved ones? Caregivers Kindred will be the place where we will join each other once a month to discuss topics, gain resources, and connect with those walking in similar shoes. Whether you consider yourself the expert or the novice, we are all kindred here and are eager to learn from one another. **STAFF CONTACT:** Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov

JPCC	Th	6:30-8:00 pm	Mar 13	free	all ages
JPCC	Th	6:30-8:00 pm	Apr 10	free	all ages
JPCC	Th	6:30-8:00 pm	May 8	free	all ages
JPCC	Th	6:30-8:00 pm	Jun 12	free	all ages
JPCC	Th	6:30-8:00 pm	Jul 10	free	all ages
JPCC	Th	6:30-8:00 pm	Aug 7	free	all ages

ASPIRE Respite Day Program - Wednesday

Welcome to Aspire! This Adult Respite Day Program is for adults with disabilities in and around the Wake Forest community. Our goal is to provide a much-needed break for caregivers. Participants have fun making new friends, exploring new activities, unfold their creativity through arts and crafts, and stay physically active by engaging in games which get them on their feet and moving. Most importantly we provide a safe place where they are free to be themselves, give them a sense of belonging and to socialize among friends.

INSTRUCTOR: Cathy Smith



JPCC	W	9:00 am-12:00 pm	Mar 5-26	\$35/day	ages 18+
JPCC	W	9:00 am-12:00 pm	Apr 2-23	\$35/day	ages 18+
JPCC	W	9:00 am-12:00 pm	May 7-21	\$35/day	ages 18+
JPCC	W	9:00 am-12:00 pm	Jun 4-24	\$35/day	ages 18+
JPCC	W	9:00 am-12:00 pm	Jul 2-24	\$35/day	ages 18+
JPCC	W	9:00 am-12:00 pm	Aug 6-27	\$35/day	ages 18+

**Pre-registration required*



ASPIRE Respite Day Program - Thursday

Welcome to Aspire! This Adult Respite Day Program is for adults with disabilities in and around the Wake Forest community. Our goal is to provide a much-needed break for caregivers. Participants have fun making new friends, exploring new activities, unfold their creativity through arts and crafts, and stay physically active by engaging in games which get them on their feet and moving. Most importantly we provide a safe place where they are free to be themselves, give them a sense of belonging and to socialize among friends. **INSTRUCTOR:** Cathy Smith



JPCC	Th	9:00 am-12:00 pm	Mar 6-27	\$35/day	ages 18+
JPCC	Th	9:00 am-12:00 pm	Apr 3-24	\$35/day	ages 18+
JPCC	Th	9:00 am-12:00 pm	May 8-22	\$35/day	ages 18+
JPCC	Th	9:00 am-12:00 pm	Jun 5-26	\$35/day	ages 18+
JPCC	Th	9:00 am-12:00 pm	Jul 3-24	\$35/day	ages 18+
JPCC	Th	9:00 am-12:00 pm	Aug 7-28	\$35/day	ages 18+

*Pre-registration required

Art

Therapeutic Neuro Expressions ◀NEW!▶

Therapeutic Neuro Expression is a holistic program designed for individuals with neurological disorders (TBI, Stroke, etc) to explore and express themselves through art, journaling, and other creative outlets. By engaging in these therapeutic activities, participants can enhance their emotional well-being, improve cognitive function, and foster a supportive community. This program offers a safe and nurturing environment to explore personal narratives and unlock creative potential. **INSTRUCTOR:** Recreate Yourself, LLC

FPCC	F	1:30-2:30 pm	Mar 7-28	\$60	ages 16+
FPCC	F	1:30-2:30 pm	May 30-Jun 20	\$60	ages 16+
FPCC	F	1:30-2:30 pm	Aug 8-29	\$60	ages 16+

*Pre-registration required

Culinary Arts

Cooking with Friends - Wednesday

Cooking with Friends is a specialized cooking program designed to empower individuals with disabilities in the culinary arts. Our classes focus on creating simple yet delicious cooking and baking recipes that can be prepared as independently as possible. Under the guidance of our dedicated instructor, students will not only explore the joys of cooking but also build essential life skills in the kitchen. Our program places a strong emphasis on kitchen safety, fundamental cooking techniques, following recipe direction, and enhancing communication skills. The goal is to equip students with the confidence and abilities to utilize their newfound cooking skills at home, impressing their families and friends with delightful homemade creations. Join us for a fun and enriching experience, where the joy of cooking and the pleasure of friendship come together. **INSTRUCTOR:** Cathy Smith



JPCC	W	6:30-8:00 pm	Mar 5-26	\$60	ages 16+
JPCC	W	6:30-8:00 pm	Apr 2-23	\$60	ages 16+
JPCC	W	6:30-8:00 pm	May 7-28	\$60	ages 16+
JPCC	W	6:30-8:00 pm	Jun 4-25	\$60	ages 16+
JPCC	W	6:30-8:00 pm	Jul 2-23	\$60	ages 16+
JPCC	W	6:30-8:00 pm	Aug 6-27	\$60	ages 16+

* Pre-registration required

Cooking with Friends - Thursday

Cooking with Friends is a specialized cooking program designed to empower individuals with disabilities in the culinary arts. Our Thursday class offers the same guidance and instruction as the Wednesday class. See the complete description above. **INSTRUCTOR:** Cathy Smith

JPCC	Th	6:30-8:00 pm	Mar 6-27	\$60	ages 16+
JPCC	Th	6:30-8:00 pm	Apr 3-24	\$60	ages 16+
JPCC	Th	6:30-8:00 pm	May 8-29	\$60	ages 16+
JPCC	Th	6:30-8:00 pm	Jun 3-25	\$60	ages 16+
JPCC	Th	6:30-8:00 pm	Jul 3-25	\$60	ages 16+
JPCC	Th	6:30-8:00 pm	Aug 7-28	\$60	ages 16+

* Pre-registration required

SPiRiT

Brain Power Bistro: Adaptive Cooking NEW!

Join our adaptive cooking group, Brainpower Bistro, where we simplify delicious recipes for individuals with neurological challenges (TBI, stroke, etc). In each session, you'll master easy, nutritious dishes tailored to meet diverse needs, and best of all, we'll savor our culinary creations together. Come cook, connect, and enjoy the journey to culinary independence with us! *Caregivers encouraged to accompany students if needed. **Upon registration, please email laura@recreateyourselfllc.com with any dietary restrictions. We will do our best to accommodate but can not guarantee all food will meet your needs. **INSTRUCTOR:** Recreate Yourself, LLC

JPCC	F	10:30 am-12:00 pm	Mar 7-28	\$80	ages 16+
JPCC	F	10:30 am-12:00 pm	May 30-Jun20	\$80	ages 16+
JPCC	F	10:30 am-12:00 pm	Aug 8-29	\$80	ages 16+

**Pre-registration required*

Athletics

Journey League Basketball

Journey League is a unifying, safe and inclusive place for teens and young adults to play basketball, get physically active and make new friends. Our program stands for acceptance, teamwork, skill development and fun. Journey League will always celebrate diversity, sportsmanship and the opportunity to be a beacon of hope for all. **INSTRUCTOR:** Michael Schoor



JPCC	F	6:30-8:00 pm	May 2-Jun 13	\$15	ages 12+
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**Pre-registration required, late fees assessed after deadline*



Abilities Tennis

Abilities Tennis clinics provide free tennis instruction for athletes with intellectual disabilities ages 8 and up. Participants will learn the fundamentals, play games and have fun! Parents and/or caregivers are asked to stay during the clinic. No experience necessary. Equipment (if needed) and volunteer buddies provided. **INSTRUCTOR:** David Marquina

Heritage High Park	Sa	4:00-5:00 pm	Apr 12-May 24	free	ages 8+
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**Pre-registration required*

Boccia Bash: Aim, Play, Score! NEW!

Join us for an exciting Boccia Workshop, where fun meets strategy! Boccia (pronounced bot-cha) is a precision ball sport, similar to bocce, designed to be inclusive and accessible for individuals of all abilities, including those with physical disabilities. This workshop will introduce participants to the fundamentals of the game, focusing on coordination, teamwork, and friendly competition. **INSTRUCTOR:** Recreate Yourself, LLC and Made4Me

JPCC	F	10:30 am-12:00 pm	Apr 4	free	ages 4+
JPCC	Sa	10:00-11:30 am	May 3	free	ages 4+

**Pre-registration required, late fees assessed after deadline*



Dream League

Dream League Baseball is an inclusive and adaptive baseball league dedicated to individuals with disabilities. Our league offers a welcoming and supportive environment where everyone can enjoy the excitement. Our league games take place on Saturday mornings throughout the months of April and May, at Heritage High Park. It's not just a baseball league; it's a place where dreams are nurtured and cherished. Dream League is passionate about making sure that each participant has an unforgettable and fulfilling experience on the field. **STAFF CONTACT:** Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov



Registration: Feb 1-28	Apr-Jun season	\$15	ages 5+
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**Pre-registration required, late fee assessed after deadline*

Dream League Baseball "BUDDY" program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least 3 games per season. **STAFF CONTACT:** Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov

Registration: Feb 1-28	Apr-Jun season	free	ages 10+
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**Pre-registration required*

Special Needs Swim Lessons

Dive into the world of swimming, an essential life-saving skill that brings a multitude of benefits. Our program offers personalized 1-on-1 swim lessons specifically designed for individuals with disabilities. Led by an experienced instructor, each lesson package comprises two immersive 30-minute sessions. Throughout these tailored lessons, participants will embark on a journey to develop a strong foundation in swimming. Key topics covered include water safety and stability, back floating, belly floating, kicking, and breathing exercises. Join us whether you're a beginner or seeking to refine your swimming abilities. This program is tailored to your unique needs and abilities. **INSTRUCTOR:** Nicole Russell



Holding Park Aquatic Center	Tu-Th*	5:00-6:30 pm	Jun-Aug	\$85	ages 4+
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**Specific dates and times TBD*

Dance

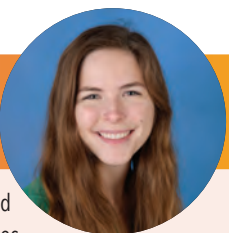
Miracles in Motion

Miracles in Motion was founded with the idea that dance should be accessible for everyone, regardless of ability level. This class is designed to support an inclusive blend of children, teens, and young adults with various levels of support needs. Class will consist of a warm up, stretching, ballet techniques, jazz techniques, choreography, improvisation, and dance games. Accommodations and modifications will be made as needed to ensure each dancer is comfortable and has the support they need to thrive and have FUN! Our awesome peer mentor volunteers will provide assistance and encouragement along the way, and we will have an optional performance opportunity in June. **INSTRUCTOR:** Katie Tompkins

JGCC	F	4:45-5:30 pm	Mar 7	free	ages 8-30
JGCC	F	4:45-5:30 pm	Mar 14	free	ages 8-30
JGCC	F	4:45-5:30 pm	Mar 21	free	ages 8-30
JGCC	F	4:45-5:30 pm	Apr 11	free	ages 8-30
JGCC	F	4:45-5:30 pm	Apr 25	free	ages 8-30
JGCC	F	4:45-5:30 pm	May 2	free	ages 8-30
JGCC	F	4:45-5:30 pm	May 16	free	ages 8-30
JGCC	F	4:45-5:30 pm	May 30	free	ages 8-30
JGCC	F	4:45-5:30 pm	Jun 6	free	ages 8-30
JGCC	F	4:45-5:30 pm	Jun 13	free	ages 8-30

**Pre-registration required*

Meet our Staff



Mackenzie Dolecheck serves as the Specialized Recreation and Inclusion Specialist. She oversees all programs targeted towards individuals with disabilities and ensuring all our programs are inclusive. Mackenzie grew up in Raleigh, North Carolina and earned her bachelors and masters degrees from East Carolina University in recreational therapy. Mackenzie has experience working with a wide range of populations from children with skin diseases to adults who received a spinal cord injury. Mackenzie also has experience in a wide range of settings from community recreation to camps for individuals with disabilities to inpatient rehabilitation. In her spare time you can find Mackenzie hanging with her dog Daisy, travelling, or sitting down with a good book. Mackenzie cannot wait to serve this wonderful community and ensure anyone no matter the abilities has the opportunity to participate in recreation programs.

SPECIALIZED SERVICES

Inclusion Services

The Wake Forest Parks, Recreation, & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with special needs to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov, 919-435-9559.

What is a reasonable modification?

Reasonable modifications are additional supports and resources used to help aid a person with a disability to participate in any program. These resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, or additional support staff. The ADA does not require the Town of Wake Forest to take any action that would fundamentally alter the nature of its programs or services, compromise the safety of participants, or impose an undue financial or administrative burden.

For questions or program ideas, please contact Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov, 919-435-9559.

Community Resources for Specialized Services

Abilities Tennis of NC	atanc.org
Alliance Behavioral Healthcare	alliancehealthplan.org
Alliance of Disability Advocates- Center for Independent Living	adanc.org
Triangle Disability & Autism Services	triangledisability.org
Autism Society of NC- Wake Co. Chapter	autismsociety-nc.org
East Point Prosthetics & Orthotics	eastpointpo.com
GiGi's Playhouse	gigisplayhouse.org/raleigh
Made4Me	made4me.org
NC ABLE	ncable.nc.gov
North Carolina Adapted Sports	ncadaptedsports.org
North Carolina Down Syndrome Alliance	ncdsalliance.org
North Carolina Orthotics & Prosthetics of Wake Forest	ncopi.com
North Carolina Special Olympics - Wake County	sonc.net/local-programs/wake-county
Peak Performance Sports and Physical Therapy	peakperformanceclinics.com
ReCreate Yourself	recreateyourselfllc.com
Smiling While Sending Hope	facebook.com/Smiling-WhileSendingHope
Triangle Behavioral & Educational Solutions	tbesolutions.com
Wake County Human Services	wake.gov/departments-government/health-human-services
WCPS- Family & Community Connections	wcps.net/special-education
We Will Walk With You	wwwwy.org

Special Events

Spirit of Inclusion Expo ◀NEW!▶

Spirit of Inclusion Expo here is a one-day event dedicated towards connecting individuals with disabilities and their families with valuable resources and services. Our Spirit of Inclusion Expo aims to provide information, support, and opportunities to enhance the quality of life for attendees. With this event we hope to bring in a diverse range of vendors, organizations, and experts dedicated to empowering individuals with disabilities. **STAFF CONTACT:** Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov

JPCC	Su	11:00 am-2:00 pm	Mar 23	free	all ages
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Egg-ceptional Egg Hunt

Egg-ceptional Egg Hunt provides a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed. **STAFF CONTACT:** Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov



JPCC	Sa	10:00-10:30 am	Apr 5	free	all ages
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**In case of inclement weather, the event will be canceled*

Decades Dance

Kick off summer with a Decades dance party! Join us for a night filled with a DJ, refreshments, dancing, and plenty of fun! You can come with friends or make new ones right here. Whether you want to dress up as your favorite decade or just show up as you are, you're welcome to enjoy the evening. We will have additional support available, and you can also bring your own if needed. **STAFF CONTACT:** Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov

JPCC	F	6:30-8:30 pm	Jun 20	\$15	ages 10+
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**Pre-registration required, late fees assessed after deadline*



CAMPS

TRACK OUT & SUMMER ENRICHMENT PROGRAMS



Day Camp

Camp Nahele (pronounced nah-hē-lē)

Camp Nahele ("nahele" means "forest" in Hawaiian) is a full day recreational summer camp program designed to enhance your child's summer experiences through arts and crafts, education, nature, recreational and sporting activities. The camp will operate for a nine-week period from June 16 through August 8, at the Joyner Park Community Center, 701 Harris Rd. The camp is offered Monday through Friday, from 7:30 am-6:00 pm. Participants must be at least six years old on or before June 1, 2025.

JPCC	M-F	7:30 am-6:00 pm	Jun 16-Aug 15*	\$150/ week	\$125/ week RD	ages 6-11
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*No camp Jul 4

STEM

Electricity & Magnetmania <<NEW!>>

Learn all about electronics, magnetism, and more in this fun and educational hands-on workshop! Take part in our Minds in Motion electronic lab and take home your very own circuit kit. With the aid of your instructor, simply follow the colorful pictures in your manual to build up to 100 exciting projects such as a flying saucer, alarm, and doorbell! All parts are mounted on plastic modules and snap together with ease. You will also take part and witness many cool magnetic experiments including making and taking home the World's Simplest Motor! Watch electricity being produced by a handheld generator and take part in a cool activity involving a very powerful magnet.

RD=Resident Discount

Behold a special magnetic top levitating and much much more! **INSTRUCTOR:** Minds In Motion

AMC	M-F	9:00 am-12:00 pm	Jun 16-20	\$250	\$200 RD	ages 6-12
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Sky High Engineering <<NEW!>>

Do you ever wonder how bridges span huge distances and how skyscrapers stay standing? Get ready to get your mind in motion as you work with and take home your very own Bridges and Skyscrapers Set! Learn all about basic structural elements and witness firsthand the forces acting on structural components! With your kit, you can build up to 20 model building experiments that each demonstrate a basic principle of mechanical physics or structural engineering in a hands-on way. Learn about the strength of materials as you compete with your classmate to see who can build the tallest tower using the pieces in this kit! Challenge yourself building different types of bridges such a suspension bridge or cable stayed bridge. Come bring out the architect side of you as you enter the fascinating world of structural engineering and explore the magic of STEM! **INSTRUCTOR:** Minds In Motion

AMC	M-F	1:00-4:00 pm	Jun 16-20	\$250	\$200 RD	ages 6-12
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Chemical Creations <<NEW!>>

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will work on and take home your very own Chemistry Lab Kit complete with test tubes, safety goggles, and more! Learn and discover many different scientific concepts in an entertaining and innovative approach. You will be trained to work like a real scientist in the lab. You will also make and take home some really cool chemical creations! Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program! **INSTRUCTOR:** Minds In Motion

AMC	M-F	9:00 am-12:00 pm	Aug 4-8	\$250	\$200 RD	ages 6-12
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CAMPS



Future Engineers <<NEW!>>

If you like to create and build things, this program is for you! Enjoy an adventure of physics, gravity, and action and take home your very own engineering kit! Your kit can create 20 different models and 22 action-packed science experiments. Students will follow easy step-by-step illustrated instructions to build each model, which includes a tightrope walker, elevator, crane, and catapult! Test your new creations to demonstrate basic laws of physics and how they exist in our everyday lives! Young researchers will gain hands-on experience with the design process and learn about various topics in the fascinating world of engineering. Discover scientific facts in a fun and straightforward way. Come obtain the necessary skills and experience to take on the technological challenges of the future and continue your engineering journey at home! **INSTRUCTOR:** Minds In Motion

AMC	M-F	1:00-4:00 pm	Aug 4-8	\$250	\$200 RD	ages 6-12
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Pets Palooza Camp <<NEW!>>

Wag on over to the most PAWSOME camp in town! You and your STEAM Team will engineer a world created just for pets: From Pets Palooza Hotel Day, having a Ball Day, Give a Dog a Bone Day, Salty Sea Dog Day to a very special Rescue Pets Day. You'll even get to adopt an adorable pretend pet of your own and create habitats to match their needs and personalities! This STEAMtastic camp gets two paws up and is a must for every pet-loving kid! **INSTRUCTOR:** Challenge Island

WFCH	Tu-F	9:00 am-12:00 pm	July 8-11	\$200	\$160 RD	ages 6-12
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Race Across the Rainforest Camp <<NEW!>>

Race into an unforgettable journey through the amazing Amazon Rainforest with Challenge Island book characters Daniel, Joy, Kimani and DaVinci. You and your STEAM Team will zip through the jungle's action-packed layers, taking on challenges inspired by the rainforest's awesome animal inhabitants - from the playful monkeys to the hungry jaguars to the slithering anacondas on the dark and creepy forest floor. This magical island is a must for all kids who love animals and endless adventure! **INSTRUCTOR:** Challenge Island

WFCH	Tu-F	9:00 am-12:00 pm	Aug 5-8	\$200	\$160 RD	ages 6-12
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Roadtrip USA Camp <<NEW!>>

Rev up your R.V. for a cross country STEAM adventure! You and your STEAM Team will engineer your way from sea to shining sea from the Statue of Liberty to the Golden Gate Bridge from the Hawaiian Volcanoes to the Floridian Theme Parks to an open road of exciting pit-stops in between. This imagination-fueled excursion across the USA promises to have campers smiling from coast to coast! **INSTRUCTOR:** Challenge Island

FPCC	M-F	9:00 am-12:00 pm	Jun 23-27	\$250	\$200 RD	ages 6-12
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STEAM Tank Entrepreneur Camp <<NEW!>>

Calling all innovative and inventive kids to an adventure in STEAM and entrepreneurship! You and your STEAM Team will design, create and open new businesses every day: From PIZZAprenur Day to SWEETreprenur Day to SLIMEntrepreneur Day to PETreprenur Day to HAUNTreprenur Day. Can you convince the island sharks that your STEAM Team's business belongs in the new Challenge Island Mall? Don't miss out on this-one-of-a-kind entrepreneurial experience! **INSTRUCTOR:** Challenge Island



FPCC	M-F	1:00-4:00 pm	Jul 21-25	\$250	\$200 RD	ages 6-12
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Pokémon™

Pokémon Engineering

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch'em all! **INSTRUCTOR:** Playwell TEKologies Staff

AMC	M-F	9:00am-12:00pm	Jul 7-11	\$268	\$215 RD	ages 5-7
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Pokémon Master Engineering

LEGO® Master, I choose you! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokémon Masters so you can make it to the top! **INSTRUCTOR:** Playwell TEKologies

AMC	M-F	1:00-4:00 pm	Jul 7-11	\$268	\$215 RD	ages 7-12
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Pokémon TCG Camp

GOTTA CATCH'EM ALL! Come take part in the Pokémon Trading Card Game (TCG) fun camp! Enjoy playing the game with friends while working on mental math, strategy skills, and reading. There will be time for everything from trading to playing - and even a tournament at the end of the week! **INSTRUCTOR:** Robert Stansberry

FPC	M-F	1:00-4:00 pm	Jul 14-18	\$157	\$125 <i>RD</i>	ages 8-13
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Roblox Camp

Dive into the world of Roblox and unleash your creativity! Our Roblox Creators Camp is perfect for aspiring game developers and designers. **INSTRUCTOR:** RoboCode Explorers

FPC	M-F	9:00 am-12:00 pm	Jun 16-20	\$163	\$130 <i>RD</i>	ages 9-12
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Web Development & Coding Camp

Dive into the world of Web Development as campers learn HTML, CSS, and Javascript. They even get to build their own websites from scratch! **INSTRUCTOR:** RoboCode Explorers

FPC	M-F	9:00 am-12:00 pm	Jun 23-27	\$163	\$130 <i>RD</i>	ages 9-12
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Scratch Camp

Embark on an exciting Scratch Coding Adventure! This week-long camp is perfect for young learners who want to explore the fundamentals of programming through creative and interactive projects. **INSTRUCTOR:** RoboCode Explorers

FPC	M-F	9:00 am-12:00 pm	Jul 7-11	\$163	\$130 <i>RD</i>	ages 9-12
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Digital Art and Animation Camp

Explore the world of digital art and animation. Kids will learn about digital painting, character design, and animation principles while creating their own artwork animations. **INSTRUCTOR:** RoboCode Explorers

FPC	M-F	9:00 am-12:00 pm	Jul 14-18	\$163	\$130 <i>RD</i>	ages 9-12
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CAMPS



LEGO®

Wildlife Wonders ◀ NEW! ▶

Design and build your way through the animal kingdom, from sea to safari, using tens of thousands of LEGO® parts. With the guidance of an experienced Play-Well instructor, you'll recreate diverse habitats while crafting animals in their natural surroundings. Your animal adventure awaits! **INSTRUCTOR:** Play-Well TEKologies

AMC	M-F	9:00 am-12:00 pm	Jun 9-13	\$268	\$215 <i>RD</i>	ages 5-7
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Machine Mayhem ◀ NEW! ▶

Design your custom LEGO® creation to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs and then combine these with tools like drills, hammers, and battering rams. You will refine your masterpiece by sparring with friends and overcoming obstacles all while applying real-world engineering and physics concepts to help you bash and crash your way to victory. **INSTRUCTOR:** Play-Well TEKologies

AMC	M-F	1:00-4:00 pm	Jun 9-13	\$268	\$215 <i>RD</i>	ages 7-12
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Athletics

JJ Miller Basketball Camp

This week-long instructional camp will be led by former Professional European basketball player, JJ Miller. Participants will work on the basic fundamentals of the game emphasizing dribbling, shooting, free throws and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

FPCC	M-F	8:00 am-12:00 pm	Jul 7-11	\$150	\$120 <i>RD</i>	ages 7-12
FPCC	M-F	8:00 am-12:00 pm	Jul 14-18	\$150	\$120 <i>RD</i>	ages 13-17

Art

Preschool Art Camp

Jump aboard The S.S Creativity with Mr. Moo and a weeklong expedition of art and stories centered around the ocean. This camp can get messy so dress accordingly. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

FPCC	M-F	9:00 am-12:00 pm	Jul 7-11	\$182	\$145 <i>RD</i>	ages 3-5
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Meet the Artist Camp

Come along on a week-long journey learning about some famous artist past and present. We will paint and draw in the style of some artists like Monet, Van Gogh and Georgie O'Keefe. In this class we will work in many kinds of media like watercolor chalk, and acrylic paint . So we will be messy. Please dress accordingly. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

FPCC	M-F	9:00 am-12:00 pm	Jul 14-18	\$188	\$150 <i>RD</i>	ages 6-9
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Art Time Machine Camp

Come enjoy learning about art history through hands-on projects. We will journey down a time machine from ancient Egypt to modern day art. We will explore different art mediums from watercolor, tempura, chalk, and acrylic on canvas. This camp can get messy so dress accordingly. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

FPCC	M-F	9:00 am-12:00 pm	Jul 21-25	\$188	\$150 <i>RD</i>	ages 10-12
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Ooey Goey Camp

Ooey goey is what you will be saying all week as we explore art of the messy kind. We will dive in to paper mâché and collage along with finding out how to recycle things and turn them into treasures. This class is very messy so dress accordingly. Make sure to bring a snack daily. **INSTRUCTOR:**Maureen Seltzer

FPCC	M-F	9:00 am-12:00 pm	Jul 28-Aug 1	\$188	\$150 <i>RD</i>	ages 6-9
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Preschool Art Camp

Join Mr. Moo for a stroll in the garden . In this camp we will explore all the things that live in the garden through stories and art projects. Class is messy so dress accordingly. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

FPCC	M-F	9:00 am-12:00 pm	Aug 4-8	\$188	\$150 <i>RD</i>	ages 3-6
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Spring Break Camp

Outer Space & Physics Fun <<NEW!>>

Come join an exciting world of space exploration as you build and take home your very own Orbiting Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun with a wind-up motor inside. Set the planets in motion with a flick of your wrist! Take part in other exciting activities involving physics, air pressure, and density. **INSTRUCTOR:** Minds In Motion, LLC

AMC	M-F	9:00 am-12:00 pm	Mar 31-Apr 4	\$250	\$200 <i>RD</i>	ages 6-12
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CSI Crime Scene Investigation Camp <<NEW!>>

Come join our Minds In Motion Crime Team in this fun and interesting program! We will provide you with all the tools you need to become your very own crime scene investigator. Learn all about forensics, searching for evidence, and gathering clues and bring home your very own detective kit! Working in groups, you will conduct many science experiments in our crime lab to solve the mysteries at hand. You will learn all about fingerprinting and how to classify them and bring home your very own fingerprint classification sheet! You will also perform chemical analyses and observations working with powders, liquids, and much much more! Be amazed at how much science plays a part in solving a crime. **INSTRUCTOR:** Minds In Motion, LLC

AMC	M-F	1:00-4:00 pm	Mar 31-Apr 4	\$250	\$200 <i>RD</i>	ages 6-12
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Roadtrip USA Camp <<NEW!>>

Rev up your R.V. for a cross country STEAM adventure! You and your STEAM Team will engineer your way from sea to shining sea from Statue of Liberty to the Golden Gate Bridge. From the Hawaiian Volcanoes to the Floridian Theme Parks to an open road of exciting pit-stops in between. This imagination-fueled excursion across the USA promises to have campers smiling from coast to coast! **INSTRUCTOR:** Challenge Island

WFCH	Tu-F	9:00 am-12:00 pm	Apr 1-4	\$200	\$160 <i>RD</i>	ages 6-12
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Exploring nature
is good for you.

AQUATICS

& WATER FUN

Holding Park Aquatic Center

133 W. Owen Ave. | 919-435-9560

OPEN: May 24–Sep 1 (Memorial Day weekend through Labor Day)

AMENITIES: Six-lane, 25-yard lap pool; two water slides with plunge pool; and a children's pool with sprayground features



Open Swim

For the latest Open Swim schedules, please visit our website: www.wakeforestnc.gov, search "Holding Park Aquatic Center." Times are subject to change. Patrons must register and pay online for each session in advance. Walk-ins will be allowed if space permits. Pre-registration opens 14 days in advance, and closes when full. STAFF CONTACT: Erica Shingleton, eshingleton@wakeforestnc.gov, 919-435-9457

Daily Admission Fee		
age 2 & under	\$2	\$1 RD
age 3-13	\$6	\$4 RD
ages 13-59	\$7	\$5 RD
ages 60+	\$6	\$4 RD



Swim Lessons

Join us for swim lessons this May, June, and July, with classes tailored for all ages and skill levels, including pre-K, beginner, teens, and adult sessions. All registration is online and a maximum of 4 per class – spots are limited, so secure yours early! Makeup sessions will be held on the Friday of your registered week. Times are subject to change. Dive into summer with confidence! STAFF CONTACT: Erica Shingleton, eshingleton@wakeforestnc.gov, 919-435-9457.



M-Th	May–July (schedule available Apr 21)	\$80	\$40 RD
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Receive Real-Time Weather Alerts

See page 41 for details



Dive-In Movie

Dive-In Movie <<NEW!>>

Sign up to enjoy a unique movie night experience at Holding Park Aquatic Center with two Dive-In Movie opportunities! Bring the whole family to swim and watch a film under the stars. Doors open at 8 pm, with the movie start time at 8:30 pm (or dusk). Spots are limited, so be sure to register online to reserve your space! STAFF CONTACT: Erica Shingleton, eshingleton@wakeforestnc.gov, 919-435-9457

Holding Park Aquatic Center	Sa	Jun 28	\$7 per person
Holding Park Aquatic Center	Sa	Aug 23	\$7 per person

Taylor Street Sprayground



Located at Taylor Street Park, the sprayground will be open daily, Apr 19-Sep 20. Wake Forest's first sprayground is a dynamic, zero-depth aquatic play area that provides endless hours of fun for the entire family. The sprayground combines the sensations of different water movements—flowing, misting, and jetting—with diverse features for an unequalled aquatic play adventure.

ATHLETICS

YOUTH AND ADULT



Youth Athletics

Spring Baseball, Softball, and T-Ball Leagues

League age is based on each participant's age as of April 30, 2025. Registration runs February 1-28, opening first to Town of Wake Forest residents on February 1 and to non-residents on February 8. Practices begin in late March to early April, with each team playing 8-10 games through June; spots are limited, and registration may close early if capacity is reached. **STAFF CONTACT:** Mikkell Patterson, mpatterson@wakeforestnc.gov, 919-435-9557

Registration: Feb 1-28	Mar-Jun season	\$100	\$60 RD	boys, ages 5-17 girls, ages 5-15
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Fall Baseball, Softball, and T-Ball Leagues

League age is based on each participant's age as of April 30, 2025. Registration runs June 1-30, opening first to Town of Wake Forest residents on June 1 and to non-residents on June 8. Practices begin in late July to early August, with each team playing 8-10 games through June; spots are limited, and registration may close early if capacity is reached. **STAFF CONTACT:** Mikkell Patterson - mpatterson@wakeforestnc.gov - 919-435-9557

Registration: Jun 1-30	Aug-Oct season	\$100	\$60 RD	boys & girls, ages 4-16
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Youth Volleyball League

League age is determined by each participant's age as of September 1, 2025. Registration will run from April 1-30, opening to Town of Wake Forest residents on April 1 and to non-residents on April 8. In collaboration with Cap City Volleyball, team practices begin in May, with games continuing through the end of July; spots are limited, and registration may close early if capacity is reached. **STAFF CONTACT:** Erica Shingleton, esingleton@wakeforestnc.gov, 919-435-9457



Registration: Apr 1-30	May-Jul season	\$100	\$60 RD	girls, ages 9-16
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Pickleball Clinic

This clinic is a fun program for kids to learn and play pickleball. Led by our experienced instructor, this clinic teaches the rules, techniques, and strategy of the game in a welcoming environment. Improve skills, sportsmanship, and teamwork while having a blast on the court! **INSTRUCTOR:** Troy Miller

JPCC	M/W	6:30-8:00 pm	Mar 18 & 20	\$38	\$30 RD	ages 7-15
JPCC	M/W	6:30-8:00 pm	Aug 11 & 13	\$38	\$30 RD	ages 7-15

NFL Flag Football

Leagues offered for girls in 6th-12th grades (2025-26 school grade). Registration runs June 1-30, opening to Town of Wake Forest residents on June 1 and to non-residents on June 8. Team practices will start in July, with games running through September. Spots are limited, and registration may close early if capacity is reached. **STAFF CONTACT:** Erica Shingleton, esingleton@wakeforestnc.gov, 919-435-9457

Registration: Jun 1-30	Jul-Sep season	\$100	\$60 RD	girls, 6th-12th grade
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SPRING 2025 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2019	2019	2019	2019	2019	2019	2019	2019	2020	2020	2020	2020	5
2018	2018	2018	2018	2018	2018	2018	2018	2019	2019	2019	2019	6
2017	2017	2017	2017	2017	2017	2017	2017	2018	2018	2018	2018	7
2016	2016	2016	2016	2016	2016	2016	2016	2017	2017	2017	2017	8
2015	2015	2015	2015	2015	2015	2015	2015	2016	2016	2016	2016	9
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	10
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	11
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	12
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	13
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	14
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	15
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	16
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.



Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	n/a
Senior League (15-17)	16	n/a
Senior League (15-17)	17	n/a



FALL 2025 Baseball & Softball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2020	2020	2020	2020	2020	2020	2020	2020	2021	2021	2021	2021	4
2019	2019	2019	2019	2019	2019	2019	2019	2020	2020	2020	2020	5
2018	2018	2018	2018	2018	2018	2018	2018	2019	2019	2019	2019	6
2017	2017	2017	2017	2017	2017	2017	2017	2018	2018	2018	2018	7
2016	2016	2016	2016	2016	2016	2016	2016	2017	2017	2017	2017	8
2015	2015	2015	2015	2015	2015	2015	2015	2016	2016	2016	2016	9
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	10
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	11
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	12
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	13
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	14
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	15
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	16

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	4 coed	T-ball
T-ball	5 coed	T-ball
Rookie League (machine pitch)	6 coed	Rookie League (machine pitch)
Rookie League (machine pitch)	7 coed	Rookie League (machine pitch)
Minor League	8 coed	Minor League
Minor League	9 coed	Minor League
Little League (10-11)	10	Little League (10-11)
Little League (10-11)	11	Little League (10-11)
Junior League (12-13)	12	Junior League (12-13)
Junior League (12-13)	13	Junior League (12-13)
Senior League (14-16)	14	Senior League (14-16)
Senior League (14-16)	15	Senior League (14-16)
Senior League (14-16)	16	Senior League (14-16)

Rained Out
Sign up to receive
game cancellation notices
via text message.

RainedOut is a free notification program that allows you to receive a text message on your cellphone when games have been cancelled.

To enroll for **Youth Baseball/Softball, Dream League**

or **Adult Softball**, send a text to 844-83 with the message "Fields25". For the **Volleyball League**, send a text to 844-83 with the message "VB2025". For **Youth Basketball and Spirit League**, send a text to 844-83, with the message "BB2025".



Adult Athletics

Spring Competitive & Recreational Softball Leagues

League play is scheduled to begin in mid-March, with games held on Mondays, Wednesdays, and possible Thursdays. Balls will be provided for all games, and a strike mat will be used. Rosters are locked, with a two-week Add/Drop player period from the start of the first league game. Recreational leagues are designed to be casual and fun, with less pressure and a focus on enjoyment rather than competition, making them ideal for beginners or those with developing skills. Competitive leagues promote higher-level performance and competition, catering to more experienced and skilled players and teams. **STAFF CONTACT:** Mikkel Patterson, mpatterson@wakeforestnc.gov, 919-435-9557

Registration: Feb 1-28	Mar-Apr season	\$550/team	ages 18+
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Church Co-Rec Softball League

League play is set to begin in mid-June, with games scheduled on Mondays, Tuesdays, and/or Thursdays. The season will conclude with an end-of-season tournament. This league is designed for our local churches, offering a fun and active way to foster fellowship and community on the field. **STAFF CONTACT:** Mikkel Patterson, mpatterson@wakeforestnc.gov, 919-435-9557



Registration: May 1-31	Jun-Aug season	\$550/team	ages 18+
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Fall Competitive & Recreational Softball Leagues

League play is scheduled to begin in mid/end of August, with games held on Mondays, Wednesdays, and Thursdays. Balls will be provided for all games, and a strike mat will be used. Rosters are locked, with a two-week Add/Drop player period from the start of the first league game. Recreational leagues are designed to be casual and fun, with less pressure and a focus on enjoyment rather than competition, making them ideal for beginners or those with developing skills. Competitive leagues promote higher-level performance and competition, catering to more experienced and skilled players and teams. **STAFF CONTACT:** Mikkel Patterson, mpatterson@wakeforestnc.gov, 919-435-9557

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Athletic League Registration

YOUTH REGISTRATION: New players must submit a copy of the participant's birth certificate. Returning players are not required to submit a birth certificate. ALL registration for youth leagues will be held online during the specified registration periods. Computer access will be available at Joyner Park Community Center should registrants need access. Register online at <https://www.teamsideline.com/sites/wakeforestnc/current-programs>.

WAITLIST: Due to space limitations, PRCR staff will determine maximum capacities for all age groups and leagues. Once all available spaces are filled,

registration will immediately switch to waitlists for the respective age groups and leagues. If you are placed on the waitlist, PRCR staff will notify you via phone call if a spot opens up.

RESIDENT/NON-RESIDENT RATES: Residents who live within the town's limits are eligible for the \$60 resident rate. Residents who live outside the town's limits are encouraged to participate in athletic programs but will be charged the \$100 non-resident rate.

VOLUNTEER COACHES FOR YOUTH LEAGUES: Join our team as a volunteer coach and make a positive impact on the youth in our community. Share your

passion for sports, help develop skills, and foster teamwork and sportsmanship. Your dedication can inspire and shape the future of our youth. Visit [teamsideline.com/sites/wakeforestnc/home](https://www.teamsideline.com/sites/wakeforestnc/home) and sign up today to be part of something rewarding.

ADULT LEAGUE SCHEDULES: All adult league schedules will be available online at [teamsideline.com/sites/wakeforestnc/home](https://www.teamsideline.com/sites/wakeforestnc/home). Players must be 18 years old by the start of the first game. All teams will submit an online roster one week prior to the start of league play. Players can be added up until your second game. After your second game, the player add period is closed.



Better sports
for kids,
better kids
for life.

Wake Forest Parks, Recreation and Cultural Resources Athletics/Aquatics Division promotes NAYS (National Alliance for Youth Sports). The NAYS Mission is to educate, equip and empower youth sports leaders, volunteers and parents so all children can enjoy the lifelong benefits of

sports. Their VISION is to have a future where all youth sports coaches, parents, officials and administrators are educated and all children have access to safe and positive sports experiences. Their MOTTO is "Better sports for kids, better kids for life!"

Co-Rec Fall Softball League

League play is scheduled to begin mid-August. Games will be played on Tuesdays & Thursdays beginning mid/end of August. Balls will be provided for all games, and a strike mat will be used. Rosters are locked, with a two-week Add/Drop player period from the start of the first league game. **STAFF CONTACT:** Mikkel Patterson, mpatterson@wakeforestnc.gov, 919-435-9557

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Spring Adult Co-Rec Kickball

League play is set to begin in mid-March, featuring an 8-game regular season followed by an end-of-season tournament. Games will be held on Sundays and will run through mid to late May. This league is in collaboration with RDU Sports. Rosters are locked, with a one-week Add/Drop player period from the start of the first league game. **STAFF CONTACT:** Mikkel Patterson, mpatterson@wakeforestnc.gov, 919-435-9557

Registration: Feb 1-28	Mar-May season	\$325/team	ages 18+
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Fall Adult Co-Rec Kickball

League play is set to begin in mid-October, featuring an 8-game regular season followed by an end-of-season tournament. Games will be held on Sundays and will run through mid to late October to early November. This league is in collaboration with RDU Sports. Rosters are locked, with a one-week Add/Drop player period from the start of the first league game. **STAFF CONTACT:** Mikkel Patterson, mpatterson@wakeforestnc.gov, 919-435-9557

Registration: Feb 1-28	Mar-May season	\$325/team	ages 18+
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Tennis

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WFATA provides a fun, affordable, structured tennis programs for a diverse group of men, women, and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more visit www.wfata.usta.com



Adult Co-Rec Volleyball League ◀NEW!▶

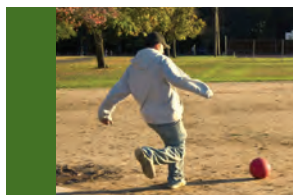
League play is set to begin in mid-March, with games scheduled on Sundays, continuing through May/June. 6v6 format, self-officiated, at least two women on the court at all times, regular season (best 2 of 3 games) and tournament. Rosters are locked, with a one-week Add/Drop player period from the start of the first league game. **STAFF CONTACT:** Mikkel Patterson, mpatterson@wakeforestnc.gov, 919-435-9557

Registration: Feb 1-28	Mar-May/Jun season	\$325/team	ages 18+
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Pickleball Clinic - Beginner

Pickleball is considered one of the fastest-growing sports in the United States. It is a paddle sport that combines elements of tennis, badminton, and ping-pong, using a Pickleball paddle and a whiffle-type ball. Pickleball allows you to work on your balance, reflexes, and hand-eye coordination without placing excessive strain on your body. This clinic will provide the basic skills for learning how to play the game. Participants will learn basic rules, court position, basic techniques, courtesy and safety on and off the courts. **INSTRUCTORS:** Sandy Brasseale, Joe Vartanesian, Tom Calcutt & Charles Lewis

FPCC	F	6:30-8:00 pm	Mar 7-28	\$63	\$50 <i>RD</i>	ages 18+
FPCC	M	8:30-10:00 am	Mar 10-31	\$63	\$50 <i>RD</i>	ages 18+
FPCC	M	8:30-10:00 am	Apr 7-28	\$63	\$50 <i>RD</i>	ages 18+
FPCC	F	6:30-8:00 pm	Apr 4-May 2	\$63	\$50 <i>RD</i>	ages 18+
FPCC	M	8:30-10:00 am	May 5-26	\$63	\$50 <i>RD</i>	ages 18+
FPCC	F	6:30-8:00 pm	May 9-30	\$63	\$50 <i>RD</i>	ages 18+
FPCC	M	1:00-2:30 pm	Jun 2-23	\$63	\$50 <i>RD</i>	ages 18+
FPCC	F	6:30-8:00 pm	Jun 6-27	\$63	\$50 <i>RD</i>	ages 18+
FPCC	Th	6:30-8:00 pm	Jul 3-24	\$63	\$50 <i>RD</i>	ages 18+
FPCC	M	1:00-2:30 pm	Jul 7-28	\$63	\$50 <i>RD</i>	ages 18+
FPCC	F	6:30-8:00 pm	Jul 11-Aug 1	\$63	\$50 <i>RD</i>	ages 18+
FPCC	M	1:00-2:30 pm	Aug 4-25	\$63	\$50 <i>RD</i>	ages 18+
FPCC	Th	6:30-8:00 pm	Aug 7-28	\$63	\$50 <i>RD</i>	ages 18+
FPCC	F	6:30-8:00 pm	Aug 8-29	\$63	\$50 <i>RD</i>	ages 18+



Join a league as a free agent!

Adults (age 18+) that are interested in playing softball or kickball but are without a team may register as a "Free Agent." PRCR staff will provide Free Agent contact information to team managers that may be seeking additional players to complete their team roster. To register as a Free Agent, complete the form at wakeforestnc.gov (search "free agent").



Receive real-time alerts for weather conditions



The Town of Wake Forest uses Perry Weather to monitor severe weather within a 10-mile radius of its outdoor facilities. The Perry Weather safety system warns when lightning and other potentially dangerous weather conditions are imminent.



To see current weather conditions at locations like Holding Park Aquatic Center, Taylor Street Sprayground, playgrounds, courts, trails, and ballfields, scan the QR code to Perry Weather.

Pickleball Clinic | Intermediate

Ready to improve your pickleball technique even more? Players who are already experienced with serving and rallying consistently but are looking to take their game to the next level, are invited to join in! Participate in targeted drills designed to improve movement, shot selection, accuracy, consistency, and overall game strategy. **INSTRUCTOR:** Troy Miller

JPCC	M/W	6:30-8:00 pm	Mar 25 & 27	\$63	\$50 RD	ages 18+
JPCC	M/W	6:30-8:00 pm	Aug 18 & 20	\$63	\$50 RD	ages 18+

Pickleball Drills Clinic

Ready to improve your pickleball technique even more? Players who are already experienced with serving and rallying consistently but are looking to take their game to the next level, are invited to join in! Participate in targeted drills designed to improve movement, shot selection, accuracy, consistency, and overall game strategy. **INSTRUCTOR:** Troy Miller

JPCC	M	10:30 am-12:00 pm	Apr 7-28	\$75	\$60 RD	ages 16+
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Pickleball League (Men's)

Pickleball Leagues are designed for seasoned players with a minimum skill level of 3.0 or more. This requires participants to know the rules, court position and shot execution on a consistent basis. Skill level guidelines are posted on the wakeforest-pickleballclub.com website home page. The format will be individual ranking on a ladder league program. **INSTRUCTOR:** Joe Vartanesian

FPC	W	6:30-8:30 pm	Feb 26-Apr 16	\$57	\$45 RD	ages 18+
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Pickleball League (Women's)

Pickleball Leagues are designed for seasoned players with a minimum skill level of 3.0 or more. This requires participants to know the rules, court position and shot execution on a consistent basis. Skill level guidelines are posted on the wakeforest-pickleballclub.com website home page. The format will be individual ranking on a ladder league program. **INSTRUCTOR:** Sandy Brasseale



FPC	Tu	6:30-8:30 pm	Feb 25-Apr 15	\$57	\$45 RD	ages 18+
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Pickleball Spring League (Mixed Doubles) <<NEW!>>

Pickleball Leagues are designed for seasoned players with a minimum skill level of 3.0 or more. This requires participants to know the rules, court position and shot execution on a consistent basis. Skill level guidelines are posted on the wakeforest-pickleballclub.com website home page. Teams must register together and not who their partner will be at time of registration. The format will be a round robin format. **INSTRUCTOR:** Joe Vartanesian/Sandy Brasseale

JPCC	M	6:00-8:30 pm	Mar 3-Apr 21	\$69	\$55 RD	ages 18+
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RENAISSANCE CENTRE

FOR THE ARTS

Main Stage

2025 Wake Forest Film Festival

"Lights. Camera. Action!" Be a part of the magic that is created by these three words at the 2025 Wake Forest Film Festival. The festival will spotlight passionate, imaginative, and thoughtprovoking films created by some of the most promising and accomplished local, national, and international filmmakers. The day-long festival brings filmmakers, film professionals, and filmthusi-asts together to experience the art of filmmaking as a community.



Mar 1 10:00 am-10:00 pm Renaissance Centre **Tickets:** General Admission \$25

Pete the Cat

TheaterWorks USA has been delighting audiences young and old for 57 years. Their production of *Pete the Cat* utilizes Actor's Equity performers. In this NYC-based touring production, the groovy blue cat meets The Biddles and has the whole family rocking, except for young Jimmy. Jimmy is the most organized second grader on planet earth. Before long Pete and Jimmy team up on an adventure of friendship that helps Jimmy conquer second grade art. While recommended for Pre-K to 3rd graders, this production will delight the child in all of us. *Photo by Jeremy Daniel*



Apr 26 11:00 am and 3:00 pm Renaissance Centre **Tickets:** General Admission \$20 Adult, \$10 Ages 16 and Under



PETE THE CAT
APR 26

More art classes offered with the Renaissance Centre

theater
photography
pottery
stained glass
dance
and more!

Visit the centre's website for a current list of offerings. wakeforestrencen.org
Go to the "education" tab then select "classes".

PURCHASE TICKETS

Tickets for shows may be purchased at wakeforestrencen.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458. Ticket prices do not include tax.

STAY CONNECTED

Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestrencen.org and clicking on "Join our Mailing List."



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Mackenzie Dolecheck, mdolecheck@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.recdesk.com. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Risk & Liability

By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with/actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

OPEN PLAY

RecCard required

To participate in Open Play, you must obtain and show your RecCard. RecCards are required for any individual over the age of six participating in Open Play. Children five and under do not need a RecCard but they must be accompanied to Open Play by a parent or guardian. To get a RecCard, you must first create a new online registration account at wakeforestnc.recdesk.com. RecCards are free. If you lose your RecCard, the charge to get a new one is \$5.



Staying hydrated is good for you.





Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parks-recreation-cultural-resources](http://wakeforestnc.gov/parks-recreation-cultural-resources)

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Wake Forest Parks, Recreation and Cultural Resources is on social media. Follow us!  

Check out our upcoming programs and events!

