

Alliance Health Behavioral Health Crisis Line

877-223-4617 24 hours a day, 7 days a week

988 Suicide and Crisis Lifeline

24 hours a day, 7 days a week Callers have the option to speak with a peer support specialist, someone living in recovery from mental illness and/or substance use disorder.

Mobile Crisis Services

Mobile crisis services provide a short-term crisis response, stabilization and intervention for people in behavioral health crisis. A mobile crisis team can come to you where you are, and its services are confidential (private), non-judgmental and respectful. There is also a mobile team for children and youth.

Access mobile crisis services by calling: 877-223-4617 24 hours a day, 7 days a week

Behavioral Health Urgent Care (BHUC)

BHUC, much like physical health urgent care, is a community-based option to stabilize people in behavioral health crisis. You can get assessments, treatment and referrals for follow-up services. BHUCs prevent unneeded trips to the emergency department, hospital stays and arrests.

- The Hope Center for Youth and Family Crisis 400 West Ransom Street, Fuquay-Varina 24 hours a day, 7 days a week
- Wake Behavioral Health Urgent Care Center 319 Chapanoke Road, Suite 120, Raleigh Monday-Thursday: 8:00 a.m.-10:00 p.m. Friday: 8:00 a.m.-8:00 p.m. Saturday-Sunday: 8:00 a.m.-5:00 p.m.
- Durham Behavioral Health Urgent Care Center 2670 Durham-Chapel Hill Boulevard, Durham Monday-Thursday: 8:00 a.m.-7:00 p.m. Friday: 8:00 a.m.-3:00 p.m. Saturday-Sunday: Closed

Crisis and Assessment Centers 24 hours a day, 7 days a week

If you're in behavioral health crisis or intense emotional distress, health providers at assessment centers can help. If you need services right away, staff will work to find the right treatment setting for you before you leave. These centers also provide community-based inpatient services and detox services.

- WakeBrook Campus
 107/111 Sunnybrook Road, Raleigh
- The Hope Center for Youth and Family Crisis (Youth 4 to 20 years of age)
 400 West Ransom Street, Fuquay-Varina
- **Durham Recovery Response Center** 309 Crutchfield Street, Durham
- Cumberland Recovery Response Center 1724 Roxie Avenue, Fayetteville

